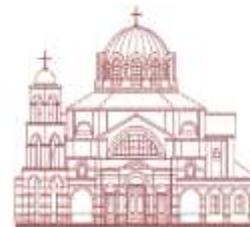




LIMANI



GREEK ORTHODOX CHURCH OF THE ASSUMPTION - PORT JEFFERSON, NEW YORK VOLUME 6; ISSUE 1 - WINTER EDITION 2026

BLIZZARD 2026

God bless our volunteers!

On February 22nd through the 23rd, our area was hit by a major blizzard dropping over 2 feet of snow. This winter has been one of the coldest and snowiest winters on record. Without our volunteers, it would have been extremely difficult, and expensive, to keep our Church functioning. I want to thank a few unsung heroes who keep us warm and safe.

Bobby Batuyios
Dimitri Batuyios
Nick Batuyios
Nick Manolis
Mike Manolis
Pano Kabanakis
Stavros Karakatsanis
George Kokolakis
Manoli Lilimpakis
Geracimos Moraitis
Dean Spanos
Dimitri Voulgarakis
George Voulgarakis



MARCH 2026

<u>SUN</u>	<u>MON</u>	<u>TUES</u>	<u>WED</u>	<u>THU</u>	<u>FRI</u>	<u>SAT</u>
1 Sunday of Orthodoxy Orthros 9am Divine Liturgy 10am Little Angels 10am Sunday School 10am Book Store 12pm Loukoumades Sale 12pm GOYA Volleyball 1pm	2 Small Compline 6pm Men's Basketball 8pm	3 Greek School 5pm	4 Pre-Sanctified Liturgy 6pm GOYA 7pm	5 Badminton 7pm	6 Salutations 6pm Oratorical Festi- val 7pm	7
8 St. Gregory Palamas Orthros 9am Divine Liturgy 10am Little Angels 10am Sunday School 10am Book Store Lenten Lecture 12pm Philoptochos Meeting 1pm GOYA Volleyball 1pm	9 Small Compline 6pm Men's Basketball 8pm	10 Greek School 5pm Parish Council Meeting 7pm	11 Pre-Sanctified Liturgy 6pm GOYA 7pm	12 Golden Age Group 12pm Badminton 7pm	13 Salutations 6pm	14
15 Holy Cross Orthros 9am Divine Liturgy 10am Little Angels 10am Sunday School 10am Book Store 12pm GOYA Volleyball 1pm	16 Small Compline 6pm Men's Basketball 8pm	17 Greek School 5pm	18 Pre-Sanctified Liturgy 6pm GOYA 7pm	19 Badminton 7pm	20 Salutations 6pm Oratorical Festival 7pm	21
22 St. John of the Ladder Orthros 9am Divine Liturgy 10am Little Angels 10am Sunday School 10am Book Store 12pm GOYA Volleyball 1pm	23 Small Compline 6pm Men's Basketball 8pm	24 Greek School 5pm	25 Pre-Sanctified Liturgy 6pm GOYA 7pm	26 Golden Age Group 12pm Badminton 7pm	27 Akathyst Hymn 6pm	28
29 St. Mary of Egypt Orthros 9am Divine Liturgy 10am Little Angels 10am Sunday School 10am Book Store 12pm GOYA Volleyball 1pm	30 Men's Basketball 8pm	31 Greek School 5pm				

APRIL 2026

<u>Sunday</u>	<u>Monday</u>	<u>Tuesday</u>	1 <u>Wednesday</u>	2 <u>Thursday</u>	3 <u>Friday</u>	4 <u>Saturday</u>
			GOYA 7pm	Badminton 7pm		Saturday of Lazarus Orthros 9am Divine Liturgy 10am Easter Egg Hunt 12pm Folding of the Palms 1pm
5 Palm Sunday Orthros 9am Divine Liturgy 10am Palm Sunday Luncheon 12pm Nymphios 6pm	6 Nymphios 6pm	7 Hymn of Kassiani 6pm	8 Holy Unction 3pm Nymphios 6pm	9 St. Basil 6am 12 Gospels 6pm	10 Royal Hours 9am Apokathelosis 3pm Epitaphios 7pm	11 Proti-Anastasi 9am Paschal Vigil 11pm
12 Paschal Liturgy 12am Agape Vespers 11am	13 Men's Basketball 8pm	14 Greek School 5pm Parish Council Meeting 7pm	15 GOYA 7pm	16 Badminton 7pm	17	18 AHEPA Fundraiser 3pm

PARISH INFORMATION

GREEK ORTHODOX CHURCH OF THE ASSUMPTION
 430 Sheep Pasture Road, Port Jefferson, NY 11777
 Telephone: 631.473.0894

Email: goc.assumption@gmail.com | Web: www.kimisis.org
 Office hours: Monday - Friday 10:00 AM to 4:00 PM

Rev. Ekonomos Elias (Lou) Nicholas, Proestamemos
 Email: frlouisnicholas@gmail.com | Cell#: 631.703.5795

PARISH STAFF

Amy Vinieris - Secretary
 Theodore Bacalakis - Psalti

PARISH COUNCIL

President..... George Voulgarakis
 1st Vice President..... Panos Kabanakis
 2nd Vice President..... Bobby Batuyios
 Treasurer..... Saranto Calamas
 Assistant Treasurer..... Dr. Monica Apostol
 Recording Secretary..... Audra Katsamanis
 Corresponding Secretary..... Stamatina Boulier
 Member..... Michael Capous
 Member..... Dr. John Damaskos
 Member..... Stavros Karakatsanis
 Member..... Costa Katsapis
 Member..... Ted Mattas
 Member..... Geracimos Moraitis
 Member..... Kristina Papadopoulos
 Member..... George Portelos
 Member..... Yianna Tassiopoulos
 Member..... Laura Tsunis
 Member..... Loui Tsunis

MINISTRIES

Philoctochos President.....Evangelia Karakatsanis
 GOYA Advisors.....Maria Gasparis/Linda Batuyios/Olga Manolis
 Choir Director.....Peggy Stilianos
 Golden Age President.....Peggy Stilianos
 HOPE & JOY Advisor.....TBD
 Greek School P.T.O. President.....Anastasia Rondo-Rosenberg
 Greek School Committee President.....Markella Lunati
 Bookstore.....Elaine DelGigante/Marilyn Damaskos
 Sunday School Directors.....Spyridoula Kontis/Jean Xikis
 Little Angels.....Lisa DelBorrello/Jessica Athanasiou
 Garden Ministry.....Elaine DelGigante
 AHEPA.....George Kallas

TABLE OF CONTENTS

CHURCH CALENDAR.....	2
PARISH INFORMATION.....	3
PASTORAL MESSAGE.....	4
PC PRESIDENT MESSAGE.....	5
STEWARDSHIP.....	6
GREAT LENT & HOLY WEEK.....	7-8
PHILOPTOCHOS.....	9-12
SUNDAY SCHOOL.....	13
GREEK SCHOOL.....	14
LITTLE ANGELS.....	15
HOPE/JOY.....	16
GOYA NEWS.....	17-20
YAL.....	21
CHOIR CORNER.....	22
GOLDEN AGE GROUP.....	22
GARDEN MINISTRY.....	23
BOOK STORE.....	23-24
ORATORICAL FESTIVAL.....	25
GREEK PARADE.....	26
AHEPA.....	27-30
ADVERTISEMENT.....	31
BACK COVER.....	



Ward Melville High School Christmas Concert

NEWSLETTER INFORMATION

We welcome your contribution to the Church of the Assumption newsletter, LIMANI. Appropriate materials include: 1) texts pertaining to worship and the liturgical year; 2) announcements and schedules of Church ministries and organizations; 3) Greek cultural events; 4) poems, stories, games, essays of a spiritual, faith-based or life-enriching nature; 5) personal congratulatory news of parishioners.

Please forward your materials to the Church Office at goc.assumption@gmail.com. All new submissions need to be submitted by the post-ed due date. Anything submitted past the due date will be printed in the following month's newsletter, if still relevant. Last minute changes, if at all possible, are at the discretion of the editor.

Epiphany 2026

My brothers and sisters in Christ,

My brother in law is a boat mechanic. He repairs and rebuilds boat engines, and more specifically, name brand engines such as Evinrude, Mercury, Yamaha, Suzuki, and Honda. Every year he is required to attend an annual training seminar. At these seminars he learns about new model engines, new repair methods, and new tools that are available for his trade. As Orthodox Christians, Great Lent is our annual training seminar.

However, the Church does not give us new tools or new methods to help us on our journey of becoming like Christ. The Church has an ancient way to guide us. We have fasting, prayer, and giving alms (helping the poor).

How does fasting work? Fasting trains the body to free itself of worldly desires, but it is not fasting from food that is most important. *“Not what goes into the mouth defiles a man; but what comes out of the mouth, this defiles a man.” (Matthew 15:11)*. When you fast from meat and dairy, also fast from anger, gossip, and jealousy, and when you fast add prayer.

As St. Paul says, prayer is the “armor of light.” Every morning begin your day with a prayer. Let God be the very first thought in your mind. At every meal, say a prayer. In the evening, just as you close your eyes, pray.

Finally, make an effort to help the poor. There are many ways to do this, and you know the obvious ones. There is a way to help the poor that I want you to consider. Be forgiving.

The greatest way to be like Christ is to forgive others, and this is the first step on fulfilling Christ’s only commandment. *“A new command I give you: Love one another. As I have loved you, so you must love one another. By this everyone will know that you are my disciples, if you love one another.” John 13:34-35*. Consider the Lenten Prayer of Saint Ephraim below. Consider this as an instruction, a method, a tool to train yourself to become like Christ. Do what the prayer says, literally and ask help from God to do it!

*O Lord and Master of my life,
Take from me the spirit of sloth, faint-heartedness,
lust of power, and idle talk.*

*But give rather the spirit of chastity, humility, patience,
and love to thy servant.*

*Yea, Lord and King!
Grant me to see my own errors and not to judge my brother,
for Thou art blessed unto ages of ages, Amen.*

Kali Sarakosti.

Fr. Lou



MESSAGE FROM THE PARISH COUNCIL PRESIDENT - GEORGE VOULGARAKIS

Dear Parishioners,

I am both honored and humbled to serve as your Parish Council President for 2026. Having been a member of our parish community for nearly two decades—and a member of the Parish Council for most of those years—it has been a true blessing to serve alongside so many dedicated individuals. I have also had the great pleasure of chairing our Church Festival, which allowed me to work closely with many of you and further appreciate the strength and generosity of our community.

As we begin this new year, I respectfully ask for your continued support and involvement in the life of our Church. There is important work ahead of us.

First, I encourage you to bring your family to church each Sunday. From personal experience, I can say that worshiping together as a family is deeply meaningful. Gathering in prayer strengthens our faith, nurtures our spiritual growth, and reinforces the values that guide our daily lives. Simply being present in the pews each Sunday makes a difference.

Second, our beautiful Church, now twenty-six years old, is in need of significant repairs and upgrades. Our HVAC system requires replacement, and portions of the exterior, including the bell tower and sections of the roof, must be refurbished. With God's help—and through your continued generosity, time, and talents—we will address these needs and ensure that our parish remains a welcoming and vibrant spiritual home for generations to come.

Finally, I ask for your full support of our largest annual fundraiser: the Annual Greek Festival and Church Raffle. This year's festival will take place August 20th through August 23rd. We are grateful to have Mr. Panos Kabanakis serving as our new chairperson. The success of this important event depends on all of us volunteering, participating, and contributing in any way we can.

Throughout the years, our community has faced challenges, yet we have always persevered through faith, unity, and sacrifice. I have witnessed countless parishioners offer their time, talents, and resources to ensure that our Church continues to thrive. As we move forward, I ask you to remain engaged, prayerful, and committed to our shared mission.

I look forward to serving each of you in the coming year. May God bless you and your families, and may He continue to guide and strengthen our parish.

With gratitude and faith,

George Voulgarakis
Parish Council President, 2026



FAITHFUL STEWARDS - 2026

Miss Florence Adamis
 Miss Irene Adamis
 Mr. & Mrs. Gregory & Sophie Alexiades
 Mr. & Mrs. Steven & Julia Anaxagorou
 Mr. & Dr. Cristian & Monica Apostol
 Mr. & Mrs. Nikolaos & Maria Aroniadis
 Erica and Sophia Benzing
 Mr. & Mrs. Saranto & Phillipa Calamas
 Fr. Demetrios Calogredes
 Mr. Steven Calogredes
 Mrs. Janis Christ
 Ms. Irene Christodlous
 Miss Irene Contogianes
 Mr. & Mrs. Anthony & Niki Coulianidis
 Mr. & Mrs. Pelops & Marilyn Damianos
 Mr. & Mrs. Sal & Elaine DelGigante
 Mr. & Mrs. Socrates & Marina Demertzis
 Mrs. Violet Dimeck
 Mr. & Mrs. Dean & Asimina Fournaris
 Mr. & Mrs. James & Jennifer Foy
 Mr. & Mrs. Howard & Peggy Frampton
 Mr. & Mrs. John & Anna Giannisis
 Mr. John Hanges
 Mr. & Mrs. Stavros & Evangelia Karakatsanis
 Miss Vicki & Miss Kathryn Katsaros
 Mr. & Mrs. Nick and Eleni Katsifarakis
 Mr. & Mrs. Konstantino & Eleni Katsis
 Mr. & Mrs. John & Maria Kokinakis
 Mr. & Mrs. George & Donna Marie Konomos
 Mr. & Mrs. Michael & Irimi Kontonicolos
 Mr. Emanuel Kostakos
 Mr. & Mrs. Kyle & Christina Lubrano-Feldman
 Mr. Demetre Lyras
 Mr. & Mrs. Greg & Anastasia Lyras-Kelly
 Mr. Nick Marcantonatos
 Mr. & Mrs. Theodore & Athena Mattas
 Ms. Maria Moschouris
 Mr. Michael Moschouris
 Mr. & Mrs. Richard & Sylvia Mouzakes
 Fr. & Pres. Louis & Tammy Nicholas
 Mr. & Mrs. Chris & Joanne Pallas
 Mr. & Mrs. John & Jane Paraskevas
 Mr. & Mrs. Spiridon & Christina Prakas
 Mr. & Mrs. Panayotis & Maria Pyrpyris

Mr. & Mrs. John & Paraskevi Rontiris
 The Savoca-Verrios Family
 Mr. & Mrs. Michael & Linda Selvaggio
 Mr. & Mrs. Napoleon & Sophia Stmatatos
 Mr. & Mrs. Frank & Maria Szaty
 Mr. Louis Tsunis
 Mr. & Mrs. Chris & Nancy Varthalamis
 Mr. & Mrs. George & Antonia Voulgarakis
 Miss Kimberly Winton
 Mrs. Stella Zachary
 Mr. & Mrs. Charalampos & Polikseni Zervos



"How good and pleasant it is when God's people live together in unity!" Psalm 133:1

COME JOIN US!

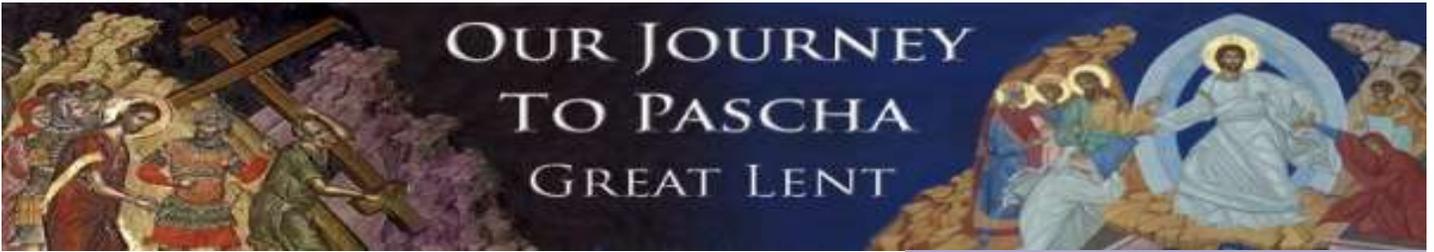


STEWARDSHIP MINISTRY



Scan the QR code to become a steward

<u>Stewardship Dec. 31, 2025</u>	<u>Stewardship February 22, 2026</u>	<u>2026 Stewardship Goal</u>
220 Stewards	55 Stewards	300 Stewards
\$40.36/Month - Average	\$43.94 Month - Average	\$50/Month - Average
Collected- \$106,574	Pledged- \$29,000	Total Pledged - \$180,000



Sundays in Great Lent

Weekday Lenten Services



Sunday of Orthodoxy
Sunday, March 1st
Orthros - 9am
Divine Liturgy - 10am

Procession of Icons
Bring your icons to Church.



St. Gregory Palamas
Sunday, March 8th
Orthros - 9am
Divine Liturgy - 10am

Learn the Jesus Prayer
O Lord, Jesus Christ, have mercy on me, a sinner.



Holy Cross
Sunday, March 15th
Orthros - 9am
Divine Liturgy - 10am

Cross Blessing
Bring your cross to church to have it blessed.



Sunday of the Ladder
Sunday, March 22nd
Orthros - 9am
Divine Liturgy - 10am

Practice Fasting
If you haven't begun fasting, it's not too late to start.



St. Mary of Egypt
Sunday, April 29th
Orthros - 9am
Divine Liturgy - 10am

Practice Humility
To be humble means to be silent & obedient.



Saturday of Lazarus
Saturday, April 4th
Orthros - 9am
Divine Liturgy - 10am

Holy Week Begins
Continue your prayer and fasting to prepare for Easter.

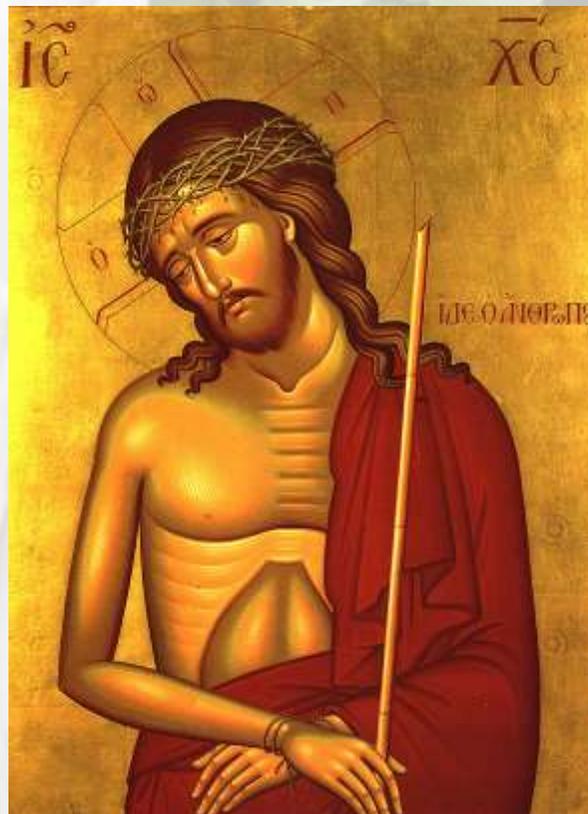
Small Compline
Monday, March 2nd - 6pm
+++
Pre-Sanctified Liturgy
Wednesday, March 4th - 6pm
+++
2nd Salutations
Friday, March 6th - 6pm
+++
Small Compline
Monday, March 9th - 6pm
+++
Pre-Sanctified Liturgy
Wednesday, March 11th - 6pm
+++
Salutations
Friday, March 13th - 6pm
+++
Small Compline
Monday, March 16th - 6pm
+++
Pre-Sanctified Liturgy
Wednesday, March 18th - 6pm
+++
4th Salutations
Friday, March 20th - 6pm
+++
Small Compline
Monday, March 23rd - 6pm
+++
Annunciation
Wednesday, March 25th - 9am
+++
Pre-Sanctified Liturgy
Wednesday, April 25th - 6pm
+++
Akathist Hymn
Friday, April 4th - 6pm

SUN	MON	TUES	WED	THUR	FRI	SAT	SUN
<p>April 5th Palm Sunday Orthros 9am Divine Liturgy 10am</p> <p>5 Απριλίου ΤΩΝ ΒΑΙΩΝ Ορθρος 9:00πμ Θεία Λειτουργία 10:00πμ</p> <p>April 5th Nymphios Service 6pm</p> <p>5 Απριλίου Τοῦ Νυμφίου 6:00μμ</p>	<p>April 6th Nymphios Service 6pm</p> <p>6 Απριλίου Τοῦ Νυμφίου 6:00μμ</p>	<p>April 7th Hymn of Kassiani 6μμ</p> <p>7 Απριλίου Ὑμνος της Κασσιανῆς 6μμ</p>	<p>April 8th Holy Uction 3pm</p> <p>8 Απριλίου Ευχέλαιον 3:00μμ</p> <p>April 8th Nymphios Service 6pm</p> <p>8 Απριλίου Τοῦ Νυμφίου 6:00μμ</p>	<p>April 9th St. Basil Liturgy Divine Liturgy 6:30am</p> <p>9 Απριλίου Λειτουργία του Αγίου Βασιλείου 6:30πμ</p> <p>April 9th 12 Gospels 6pm</p> <p>9 Απριλίου 12 Ευαγγέλια 6:00μμ</p>	<p>April 10th Royal Hours 9am</p> <p>10 Απριλίου Μεγάλοι Ὁραι 9:00πμ</p> <p>April 10th Apokathelosis 3pm</p> <p>10 Απριλίου Ἀποκαθήλωσις 3:00μμ</p> <p>April 10th Epitaphios Service 7pm</p> <p>10 Απριλίου Ἐπιτάφιος Θρήνος 7:00μμ</p>	<p>April 11th Proti Anastasi Divine Liturgy 10am</p> <p>11 Απριλίου Πρώτη Ἀνάσταση 10:00πμ</p> <p>April 11th Resurrection Service 11pm</p> <p>11 Απριλίου Ἡ Πανηγὴς 11:00μμ</p>	<p>April 12th Paschal Liturgy 12:30am</p> <p>12 Απριλίου Κυριακὴ τοῦ Πάσχα Θεία Λειτουργία 12:30πμ</p> <p>April 12th Agape Vespers 11am</p> <p>12 Απριλίου Ἐσπερινὸς της Ἀγάπης 11:00πμ</p>

LENT & HOLY WEEK FLOWER DONATIONS

During the season of Great Lent, it is a tradition to decorate the iconography of the Church with flowers.

If you would like to make a donation to decorate an Icon, please call the Church office at 631-473-0894.

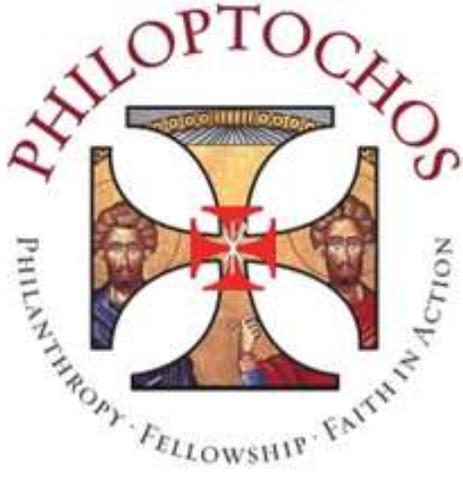


ICON LIST

Salutations Icon (5)-\$150 Each
St. Gregory Palamas - \$100
Holy Cross Icon - \$100
Daffodils - \$200
St. John Climacus - \$100
St. Mary of Egypt - \$100
The Annunciation - \$125
Saturday of Lazarus - \$100

Palm Sunday (2) - \$100 Each
Nymphios - \$125
St. Kassiani - \$100
Last Supper - \$100
Crucifixion Icon - \$100
Apokathelosis Icon - \$100
Large Wreath - \$250
Small Wreath (2) - \$125 Each

Epitaphios Icon - \$100
Myrofores - \$100
Resurrection Icon - \$150
Palms (4 bales) - \$200



HOLIDAY BOUTIQUE

I would like to take this opportunity to thank our community for their continued support.

This year we had our first annual Holiday Boutique, and with your help it was a big success. I would like to thank DJ Anthony and Mr. Peter Hondropoulos for volunteering their time to make our event special. The net proceeds of the event went to Ronald McDonald House Greek Division and we purchased much needed hygiene kits for students in need in our local community under Project Classroom.

Through the year, with your help, we contribute to many of the National and District Philoptochos charities such as: St. Basil Academy, Autism Assistance Fund, Orthodox Christian Missions Fund, Hellenic College Holy Cross, National Emergency Fund, UNICEF, and St. Michaels Nursing Home, just to name a few. We also donate to LI Cares, Tunnel to Towers, One Warm Coat and many others.

During this Lenten season we are collecting much needed items for **Mercy Center Ministries**, a local women's shelter. Please see our flyer for more information.

At this time I would also like to encourage all the women in our community to join Philoptochos, our "Army of Agape".

Evangelia Karakatsanis
Philoptochos President Chapter 0066



Lenten Collection for Women's Shelter

From Sunday of Orthodoxy 3/1 to Palm Sunday 4/5

NEEDED ITEMS

Baby wipes
Underwear, bras, socks
Razors
Deodorant
Crib sheets
Diapers (size 4-6 at this time)
Towels
Bedding (twin size)
New toddler clothing (ages 2 and up)
Bottles/sippy cups
Baby nail clippers
Baby brushes
Baby silverwear
Feminine products
Laundry detergent
Paper supplies
Dish soap and cleaning supplies
New and gently used junior clothing

ALWAYS ACCEPTED

Food Items
New junior clothing especially
socks, undies, bras

CANNOT ACCEPT

Used plush toys
Most used toys
Used women's clothing

organized by

THE LADIES PHILOPTOCHOS SOCIETY

*During Lent, we embrace the
spirit of giving – sharing
not just our possessions, but
our hope, strength, and
compassion with those
rebuilding their lives*

HOW TO DONATE

Purchase any of these items and
drop off in our COLLECTION BOX
located in the breezeway of our church

MONETARY DONATIONS towards
the purchase of needed items are
gratefully accepted by check or Venmo:
@GOCALADIESPHILOPTOCHOS-
SOCIETY

TO SUPPORT

Mercy Center Ministries, Patchogue NY

www.mercycenterministries.org

**LADIES PHILOPTOCHOS SOCIETY
LOUKOUMADES AND FRAPPE SALE**

SUNDAY, MARCH 1, 2026

DURING COFFEE HOUR



**LOUKOUMADES:
\$5.00 small order
\$10.00 large order**

FRAPPE \$5.00

SAVE THE DATE

PALM SUNDAY LUNCHEON



Join us for a Palm Sunday luncheon after the service as we come together in faith and fellowship.

Sunday, April 5th-12pm

See more details in
our Church bulletin

THE SUNDAY SCHOOL INVITES YOU TO JOIN US



For our Saturday of
Lazarus
Egg Hunt

**BREAKFAST - PIÑATA'S
50/50 RAFFLE
EASTER LANTERNS FOR SALE AND
OTHER SPRING ITEMS**

SATURDAY APRIL 4, 2026
AFTER THE DIVINE LITURGY
IN THE COMMUNITY
CENTER

FOOD DONATIONS ARE WELCOMED

Any questions please email us at
GOCASundayschool@gmail.com

"LET YOUR LIGHT SHINE BEFORE OTHERS." MATTHEW 5:16



***SUPPORT THE PJ GREEK SCHOOL
BY PURCHASING YOUR LAMBADES
FROM OUR GREEK SCHOOL PTO.***

(PRICE \$25 EACH OR 2 FOR \$40)

***LOOK FOR OUR DISPLAY ON SUNDAYS
AFTER CHURCH AND ON TUESDAYS
DURING GREEK SCHOOL!***



2026 Schedule: Meets most Sundays in Classroom or as Follows:

- January 11, 2026** – Family Sunday – Attend Liturgy including Sermonette in Church/No Class
- February 1, 2026** - Family Sunday – Attend Liturgy including Sermonette in Church/No Class
- March 1, 2026** - Family Sunday – Attend Liturgy including Sermonette in Church/No Class
- April 5, 2026** - Family Sunday – Attend Liturgy including Sermonette in Church/No Class
- May 3, 2026** - Family Sunday – Attend Liturgy including Sermonette in Church/No Class
- June 2026** – TBA (Schedule is subject to change)

For information, please contact us by calling or emailing the Church office:
430 Sheep Pasture Road, Port Jefferson, NY 11777
Tel: 631 473 0894 Fax: 631 928 5131 Email: goc.assumption@gmail.com

Kimisis tis Theotokou



HOPE JOY

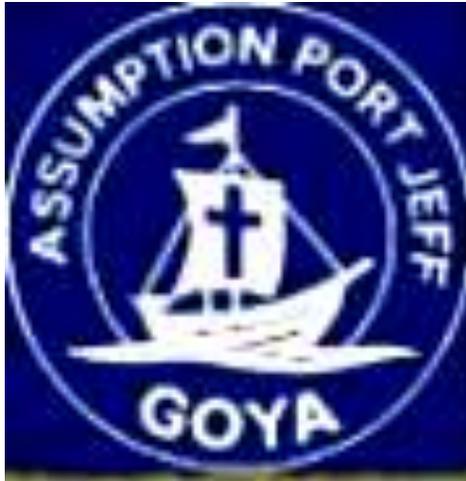
ADVISOR WANTED



All children ages 5-12 are invited be a part
of our vibrant youth ministry

- Experience the holy Orthodox faith in a fun and engaging way.
- Build lasting friendships through interactive social activities.
- Participate in activities that reflect Orthodox faith, tradition, and life.

GOYA



GOYA began another wonderful year centered on faith, fellowship, and service. In the fall, we enjoyed a spooky outing in support of Agape Meals for Kids and gathered for our annual Friendsgiving Dinner. During the Christmas season, we had a meaningful visit to St. James Nursing Home, where we shared Greek carols, pastries, and warm blankets with the residents.

In January, our group joined fellow GOYANs from surrounding Long Island churches at the Inter-GOYA Ski Trip to Camelback Mountain Resort, enjoying a weekend filled with fun, friendship, and faith.

Throughout this year, we have also been blessed to regularly attend and participate in our GOYA Sundays-worshiping together at the Divine Liturgy, serving in the altar and helping with some church tasks, and continuing to grow in our faith as a community.

Thank you to everyone who supported our Blood Drive, Loukoumades Sale, Thanksgiving Food Collection for Long Island Cares, Peanut Butter and Jelly Collection for Agape Meals for Kids, and our Super Bowl Fundraiser. Your generosity is always appreciated and truly makes a difference.

Our volleyball season is in full swing, and we are incredibly proud of our teams for their hard work, teamwork, and outstanding sportsmanship.

We look forward to our upcoming Lenten events, our volleyball playoffs, competing in the Greek Olympics over Memorial Day weekend, and all the wonderful spring activities to come.



COMPLIMENTARY

FASOLADA

Luncheon

SUNDAY, MARCH 29, 2026



Following Divine Liturgy , please join GOYA in the
Community Center for fellowship and a Lenten
Fasolada Luncheon

ALL ARE WELCOME!

CHURCH OF THE ASSUMPTION

GOOD FRIDAY YOUTH RETREAT

"THE EMPTY TOMB: WHY DID CHRIST HAVE TO DIE"

4.10.26

PRESCHOOL -5TH GRADE: 2-3PM

6TH -12TH GRADES: 11-3PM

CRAFT/PRAYER/MUSIC/BIBLE

JEOPARDY/CHURCH PROJECTS/LIGHT LUNCH

RETREAT WILL CONCLUDE WITH THE APOKATHELOSIS (UNNAILING) OF THE CROSS
ALL FAMILIES ARE ENCOURAGED TO STAY FOR THIS MOST SOLEMN AND SACRED SERVICE

PLEASE RSVP WITH CHURCH OFFICE 631-473-0894





48th ANNUAL GREEK ORTHODOX ARCHDIOCESAN DISTRICT OLYMPICS

JOIN THE ASSUMPTION 2026 JOY & GOYA TEAMS!



GIRLS AND BOYS AGES 7-18

MAY 22-24 Memorial Day Weekend

SUFFOLK COMMUNITY COLLEGE BRENTWOOD

SCAN QR CODE TO REGISTER and PAY

New participants must download pdf copy of baptismal certificate



What are the events?

JOY Events:

- Soccer
- Kickball
- Basketball:
 - free throws
 - around the world
 - 3v3
- Track:
 - 50m dash
 - 4x50m shuttle
 - 4x100m shuttle
- Field:
 - softball throw
 - standing long jump
- Swimming:
 - 25m freestyle
 - 4x25m relay
- Board games:
 - chess
 - checkers
 - backgammon
 - nok-hockey
 - table tennis

GOYA Events:

- Soccer
- Softball
- Volleyball
- Basketball:
 - free throws
 - 3v3
- Track:
 - 50m dash
 - 200m dash
 - 400m dash
 - 800m run
 - 1500m run
 - 4x200m relay
 - 5k
- Field:
 - shotput
 - softball throw
 - long jump
 - high jump
- Swimming:
 - 50m freestyle
 - 100m freestyle
 - 100m relay
- Board games:
 - chess
 - checkers
 - table tennis
 - backgammon

EARLY BIRD REGISTRATION ENDS MARCH 15TH

PRACTICES WILL BEGIN IN MAY-All skill levels welcome

FOR GENERAL INFO and TO REGISTER GO TO:

WWW.GOADO.COM

and for questions please email:

JOY age: kkoullias@yahoo.com

GOYA ages: portjeffgoya@gmail.com



ages 18-35

**GREEK ORTHODOX
CHURCH OF THE
ASSUMPTION**

YOUNG ADULT LEAGUE

Follow us on instagram:



IF INTERESTED IN JOINING

PLEASE CONTACT:

JOANNAV13@YAHOO.COM

CHRISTOSMATTAS3@GMAIL.COM

CHOIR CORNER

It has been an exciting start to the new ecclesiastical year for our choir program here at the Assumption Church. We have new and returning voices who strengthen our gift of hymns and prayers each Sunday.

Our first event of the season was Church Musicians Sunday which was celebrated on Sunday, October 5, 2025. Our very own Michaela Tufariello was awarded a “Director’s Choice” scholarship from her sponsoring choir director for musical excellence at the secondary school level. The news that she won the district scholarship was additionally heralded to the parish.

Additionally, Panagioti Dimeck received a Director’s Choice Scholarship for his musical performance at the High School level. Panagioti played the French horn for the Sunday School and Greek School Christmas program for years. He was also celebrated for his excellence in performance at the High School band, select band, and musical productions. We are very proud and we hope he keeps music in his life.

On the weekend of November 14, 2025, we had a contingent of (5) participants at the District wide Choir Conference which took place at the Transfiguration Church in Corona, NY. The conference commenced with a work meeting on Friday, and continued with rehearsals and a celebration of 40 years of the Federation of Church Musicians in the District. It finished with a Divine Liturgy with music written by Chrysanthi Therianos.

Peggy Stillanos
Choir Director



GOLDEN AGE GROUP

Our Golden Age Group showed up in style and great heart at our first meeting of the year on September 25, 2025. We were 30 in number just bursting with stories of the summer and our time home or in Greece.

It was a wonderful gathering filled with the voices of the men singing classic Greek songs. They had an incredible time.

On February 12th we celebrated Tsiknopemti (Meat Thursday). The food was great and the gathering of friends and family was awesome.

Please remember that our meetings take place on the second and fourth Thursday of the month. Thank you.

Meetings

2nd & 4th Thursday of the month @
12pm.

Thursday, March 12th
Thursday, March 26th
Thursday, April 23rd
Thursday, May 14th
Thursday, May 28th



GARDEN MINISTRY

The Assumption Garden Ministry has been working towards beautifying our Church grounds this past year. We planted hundreds of daffodils, along with purple and yellow echinacea plants etc. We have about ten parishioners working hard weeding and planting our beds. Our Ministry has also trimmed bushes making our garden look orderly and pretty. We are growing in our **Lord's presence by seeing all of the magnificence of His wonders.** Each of our members really enjoy working together making our grounds looking magnificent.

There is much more to be done in creating a beautiful garden. We would like to perhaps even tidy up the garden in front of the old Church eventually. Also in the future we would like to create a prayer garden as well. This would require more participation from the members of our Church. All of this effort by the Assumption Garden Ministry brings new life into our Parish. It is a blessing each participant receives from God. Please join our Ministry to experience the Agape from God.

Our first Assumption Garden Ministry will be on Saturday March 28 to clean up the garden. We will meet at 11:00 am for about 2 hours.

If you would like to volunteer, please contact: Fr. Lou at the Church or Elaine at [631] 384-2097



BOOK STORE

Our GOCA Bookstore offers our Parishioners a place to obtain items to enhance our Spiritual Lives. **It's open every Sunday after the Divine Liturgy.**

Here is a list of some of the items available to purchase.

Incense Burners
Charcoal
Incense
Books on the Saints
Orthodox Study Bibles
Divine Liturgy Books
Akathist Hymn Books
Holy Week Books
Prayer Books
Paraklesis to the Theotokos Books
Books on the Old Testament
Catechism Books
On the Incarnation by St. Athanasios
Other Books written by Saints
Icons of Saints, Apostles, Angels, the Events of Christ's Life, the Events of the Virgin Mary's Life
Some Greek Food
Red Egg Dye
Greeting Cards

Please drop into the store and check us out.



An Angel of supreme rank was sent down from heaven to say to the Theotokos, Rejoice. (Akathyst Hymn)



The Assumption Book Store Presents

"The Akathyst Hymn"

Sunday, March 8th - During Coffee Hour



Light Luncheon & Crafts

Special Guest Presenter

Rev. Economos Louis Nicholas



2026 ST. JOHN CHRYSOSTOM ORATORICAL FESTIVAL

Senior Division (Grades 10-12) • Junior Division (Grades 7-9)

AWARDS

National finalists are eligible to receive the following:

St. John Chrysostom Oratorical Festival Scholarship: \$750 to \$3000

FAITH: An Endowment for Orthodoxy and Hellenism: to be announced

Finalists at any level are eligible to receive the following:

Chrysostom Scholarship to Hellenic College: \$2,500 up to \$30,000 per year

Parish Festival Date & Time:

Friday, March 20th - 7:00pm

Parish Chairperson:

Nancy Varthalamis

Contact Information:

Fr. Lou: FrLouisNicholas@gmail.com - 631-703-5795

Find the topics, tips, manual & award information at:
www.religioused.goarch.org

Department of Religious Education (DRE), Greek Orthodox Archdiocese of America





GREEK PARADE

**SUNDAY
APRIL 26, 2026
1:30 PM**

*Celebrating
205/250th Anniversary*



*1821 Greek Struggle for Independence
1776 Declaration of American Independence*



©Dimitrios Panagos Photo

FIFTH AVENUE • NEW YORK CITY • 64TH TO 79TH STREET

FEDERATION OF HELLENIC SOCIETIES OF GREATER NEW YORK

22-51 29th Street, Astoria, NY 11105 • 718.204.6500

✉ nyhellenicsocieties@gmail.com



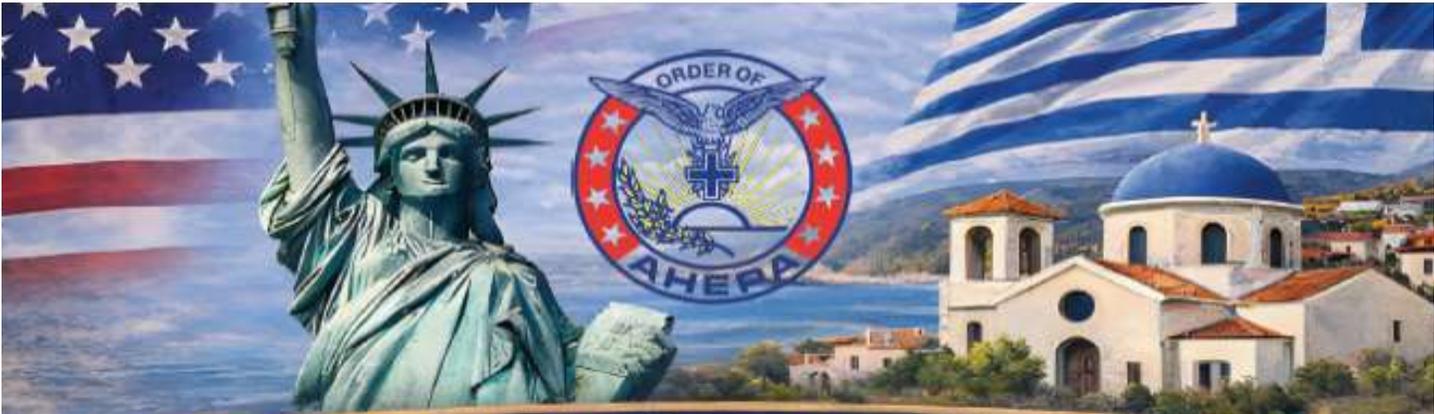
www.nycgreekparade.org

✕ @FederationNY

📷 @NYGreekParade



REGISTER ONLINE



AHEPA Port Jefferson Chapter 319's **BOBBY GEMELAS SCHOLARSHIP**

ESSAY THEME:

“Immigrant stories from Greece or Cyprus: Adapting to Life in America”

Interview Greek immigrants or first-generation Greek Americans and document their journey to the United States!

\$1,000 SCHOLARSHIPS FOR 3 WINNERS!

- ★ SBU Hellenic Studies Student
- ★ GOCA College Student
- ★ GOCA High School Student

WHEN: Sunday, May 10, 2026 • 11:00 AM

WHERE: Greek Orthodox Church of the Assumption,
430 Sheep Pasture Rd, Port Jefferson, NY



HOW TO APPLY:

FOR SBU STUDENTS:

Contact Your Faculty

FOR GOCA STUDENTS:

- ◆ Contact: John Hanges
- ◆ 631-774-8165
- ◆ AhepaPJ@gmail.com

OUR SPONSORS

SPONSORS: If you would like to be a sponsor or make a donation, please contact John Hanges at 631-774-8165 or ahepaPJ@gmail.com

**AHEPA Chapter 319
of Port Jefferson
Proudly Presents**



BINGO NIGHT FUNDRAISER

Buy-In Donation \$50.00 for entry and initial Bingo Cards
Admission Includes Desserts, Coffee, Drinks & Hors D'oeuvres



Event Chairman: Sam Zubalake

 **631-793-9587**

 **@ahepa319**

 **ahepapj@gmail.com**



Reserved seating is recommended along with pre pay....
Call for reservations.....Limited to the first 75 players, so register early!

**◇ SATURDAY, APRIL 18TH ◇
DOORS OPEN 3PM**



**The Greek Church
430 Sheep Pasture Road,
Port Jefferson, NY 11777**



SCAN TO PREPAY



AHEPA CHAPTER 319 of Port Jefferson, NY.



PROUDLY PRESENTS

TEXAS HOLD'EM

TOURNAMENT • FUNDRAISER

Buy -In Donation: \$150.00 (5,000 Chips)

SATURDAY, APRIL 18th



LOCATION:

GREEK ORTHODOX CHURCH



430 SHEEP PASTURE ROAD, PORT JEFFERSON, NY. 11777

VISIT OUR WEBSITE: AHEPA319.ORG | CONTACT: 631-793-9587

Unlimited \$100 Re-Buy

5,000 Chips for 1st Hour and is allowed only when a player falls below 1,000 chips at the table. A one-time add-on will be available at the One-Hour mark.

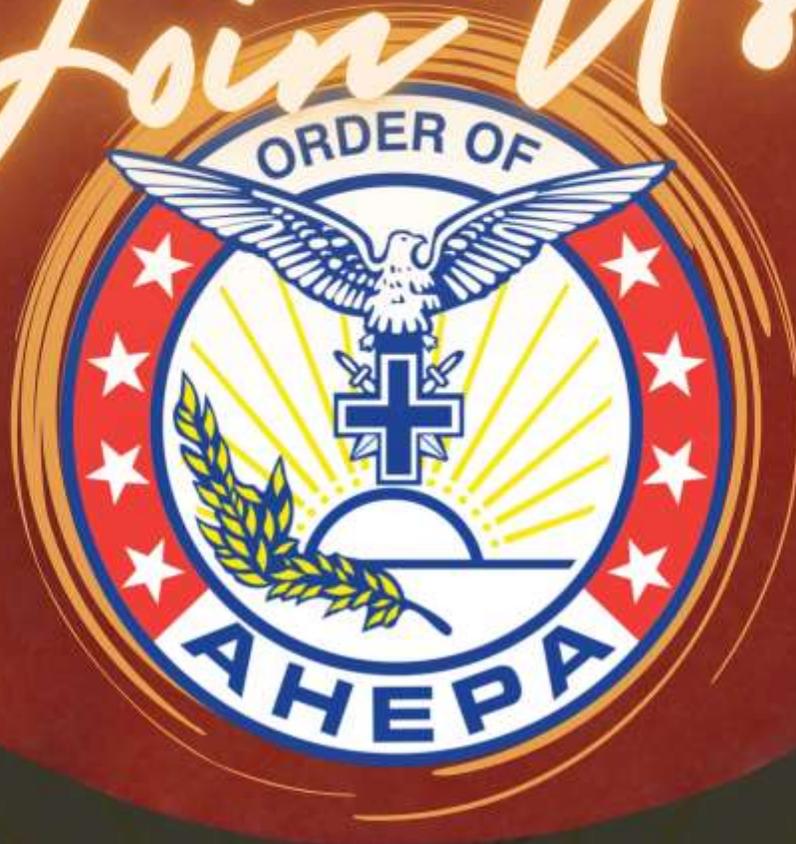


PRE-PAY METHODS:

Mail your check to:
AHEPA Chapter 319
430 Sheep Pasture Rd.
Port Jefferson, NY. 11777
Venmo: @Ahepapj 319
Zelle: ahemapj@gmail.com
Scan QR Code above



Join Us!



AHEPA CHAPTER 319

- PORT JEFFERSON, NEW YORK -

OUR MISSION

TO PROMOTE THE ANCIENT HELLENIC IDEALS OF EDUCATION, PHILANTHROPY, CIVIC RESPONSIBILITY, FAMILY AND INDIVIDUAL EXCELLENCE THROUGH COMMUNITY SERVICE AND VOLUNTEERISM.

SINCE ITS FOUNDING, AHEPA HAS WORKED TO ERADICATE BIGOTRY AND RACISM THAT HAS PERMEATED IN SOCIETY. WITH OVER 400 CHAPTERS WORLDWIDE, AHEPA PROMOTES TRUE VALUES OF ANCIENT GREECE, WHICH INVOLVE HELLENISM, EDUCATION, CIVIC RESPONSIBILITY, FAMILY & INDIVIDUAL EXCELLENCE AND PHILANTHROPY. AHEPA IS COMMITTED TO ADVANCING THESE IDEALS IN OUR COMMUNITIES & NEIGHBORHOODS.

AHEPAPJ@GMAIL.COM | WWW.AHEPA319.ORG | (727) 424-0652

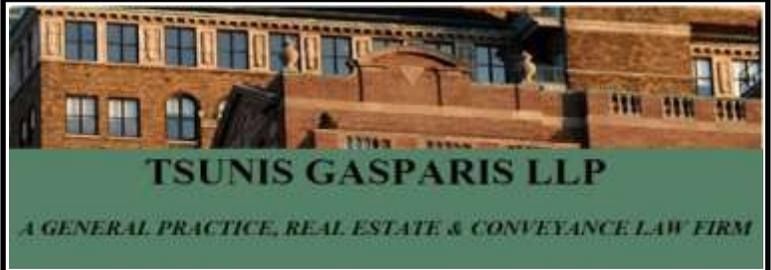


ROBERT BATUYIOS
Associate Broker
(631) 331-9700 EXT. 7137 OFFICE
(631) 833-1724 CELL
(631) 236-1803 FAX
rbatuyios@cbeworldwide.com
rbatuyios@gmail.com (Personal)
cbeworldwide.com

- Investment Analysis
- Sales & Marketing
- Acquisitions
- Commercial Leasing



5507-29 NESCONSET HWY
MOUNT SINAI, NY 11766
Operated by a subsidiary of NRT LLC



2929 Express Dr N Ste 103, Islandia, NY 11749



Commack Office
69 Veterans Memorial, Suite 1
Commack, NY
631-462-2033

Gus Constantouris, DPM
Eileen Constantouris, DPM

Diplomate - American Board of Podiatric Surgery
Board Certified Foot Surgery

East Setauket Office
140 Belle Mead Road, Suite B
East Setauket, NY
631-444-0099

Diplomate - American Board of Podiatric
Orthopedics and Primary Podiatric Medicine
Board Certified in Foot Orthopedics

The Office of
SARANTO CALAMAS
CPA ————— PC

"You Work hard for your money. we help you keep more of it"

Saranto P. Calamas, CPA, MBA
640 Belle Terre Road * Building D * Port Jefferson, NY 11777
(631) 928-0002 * Fax (631) 928-1492
Email: saranto@saranto.com

THE CENTER FOR HELLENIC STUDIES



Songscales of Greece



RSVP

Alkyone together with Nikitas Tampakis will bring a sweeping musical journey across the Mediterranean to Stony Brook, blending traditional folk melodies with original, modern music.

Free Admission & Serving Light Refreshments



FRIDAY, MARCH 6TH, 2026
6:00PM | THE WANG CENTER THEATER

Presented by the Center for Hellenic Studies

Questions? Contact: stylirni-anna.tsirka@stonybrook.edu

CF TAX & ACCOUNTING SERVICES

110 SMITHTOWN BLVD., SUITE 6
NESCONSETT, NEW YORK 11767

TEL: (631) 871-7180

E-MAIL: chriscalc@aol.com

PERSONAL TAXES

BUSINESS TAXES

PAYROLL TAXES

BOOKKEEPING SERVICE

BUSINESS CONSULTING

CHRISTOPHER FELLAS

"This is not a Kings Park School District sponsored activity"

ATHENS

VIRTUAL INFORMATION MEETING
March 18 @ 5:00 pm
ZOOM

GRECE AWAITS!
JULY 2027

Crete

Group Leader:
Jennifer Picone
Spanish Teacher
Kings Park CSD
piconej8@gmail.com

Scan to RSVP to the meeting &

<https://rsvp.oftours.com/95rkpx>

This opportunity is open to Middle School & High School Students and their Families!

*If you are reading this, then you could be reading your advertisement right here!
Contact the Church Office for advertisement details!*



STONY BROOK

The Holiday Inn Express Stony Brook features 143 beautifully appointed guest rooms and elegant executive suites, indoor heated swimming pool, outdoor patio, putting green, beach volleyball court, horseshoe pits, 6 basketball courts for our guests' pleasure!



Conveniently located on Nesconset Highway

The Holiday Inn Express Stony Brook is moments away from the Greek Orthodox Church, Port Jefferson, Stony Brook Village, Stony Brook University & the Smithaven Mall

John C. Tsunis Esq., Managing Member

631-471-8000

1-800-HOLIDAY

3131 Nesconset Hwy Stony Brook, NY 11720