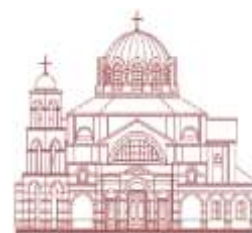




# LIMANI



GREEK ORTHODOX CHURCH OF THE ASSUMPTION - PORT JEFFERSON, NEW YORK VOLUME 3; ISSUE 1 - SPRING EDITION



## TRADITIONAL GREEK "NISIOTIKO GLENTI" SAT | MAY 6TH

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THE PAN-ICARIAN BROTHERHOOD OF AMERICA  
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# PARISH INFORMATION

## GREEK ORTHODOX CHURCH OF THE ASSUMPTION

430 Sheep Pasture Road, Port Jefferson, NY 11777

Telephone: 631.473.0894 | Fax: 631.928.5131

Email: [goc.assumption@gmail.com](mailto:goc.assumption@gmail.com) | Web: [www.kimisis.org](http://www.kimisis.org)

Office hours: Monday - Friday 10:00 AM to 4:00 PM

## Fr. Elias (Lou) Nicholas, Proestamenos

Email: [frlouisnicholas@gmail.com](mailto:frlouisnicholas@gmail.com) | Cell#: 631.703.5795

### PARISH STAFF

Amy Vinieris - Secretary

Spyridoula Kontis - Youth Director

### PARISH COUNCIL

President.....	Emmanuel Lilimpakis
1st Vice President.....	George Voulgarakis
2nd Vice President.....	Bobby Batuyios
Treasurer.....	Saranto Calamas
Assistant Treasurer.....	Theodore Mattas
Recording Secretary.....	Marisa Raptis
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Member.....	Sal DelGigante

### MINISTRIES

Philoptochos President.....	Janet Trohalaki
GOYA Advisors.....	Maria Gasparis/Linda Batuyios/Olga Manolis
Choir Director.....	Peggy Stilianos
Golden Age President.....	Nick Ladeas
HOPE & JOY Advisor.....	Spyridoula Kontis
Greek School P.T.O. President.....	Maria Rubio
Greek School Committee President.....	Markella Lunati
Bookstore.....	Elaine DelGigante/Marilyn Damaskos
Sunday School Directors.....	Dimitra Dimeck/Jean Xikis
Little Angels.....	Lisa DelBorrello/Maria Rodolico
AHEPA.....	Nicholas Calogredes

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## NEWSLETTER INFORMATION

We welcome your contribution of community news and materials to the Church of the Assumption, Port Jefferson, NY, a Greek Orthodox Church Community. Appropriate materials include: 1) texts pertaining to worship and the liturgical year; 2) announcements and schedules of Church ministries and organizations; 3) Greek cultural events; 4) poems, stories, games, essays of a spiritual, faith-based or life-enriching nature; 5) personal congratulatory news of parishioners.

Please forward your materials to the Church Office at [goc.assumption@gmail.com](mailto:goc.assumption@gmail.com) or to Marisa Raptis at [mrcollegeadvising@gmail.com](mailto:mrcollegeadvising@gmail.com). All new submissions need to be submitted by the posted due date. Anything submitted past the due date will be printed in the following month's newsletter, if still relevant. Last minute changes, if at all possible, are at the discretion of the editor.

## March 2023

<u>Sun</u>	<u>Mon</u>	<u>Tue</u>	<u>Wed</u>	<u>Thu</u>	<u>Fri</u>	<u>Sat</u>
			1 Pre-Sanctified Liturgy 6pm - 7:30pm Oratorical Festival 8pm	2 Badminton 7pm	3 Salutations 7pm - 8pm	4 Saturday of Souls Orthros 9am Divine Liturgy 10am
5 GOYA Sunday Divine Liturgy Orthros 9am Divine Liturgy 10am Little Angels 10am Sunday School 10am	6  <b>Men's Basketball 8pm</b>	7 Greek School 5pm - 8pm	8 Pre-Sanctified Liturgy 6pm - 7:30pm Lenten Lecture 8pm GOYA 7pm - 9pm	9 Golden Age Group 12pm  Badminton 7pm	10 Salutations 7pm - 8pm	11 Baptism 10am - 11am
12 Divine Liturgy Orthros 9am Divine Liturgy 10am Little Angels 10am Sunday School 10am	13 Stewardship Meeting 8pm <b>Men's Basketball 8pm</b>	14 Greek School 5pm - 8pm PC Meeting 7:30pm	15 Pre-Sanctified Liturgy 6pm - 7:30pm Lenten Lecture 8pm	16 Badminton 7pm	17 Salutations 7pm - 8pm	18
19 Divine Liturgy Orthros 9am Divine Liturgy 10am Little Angels 10am Sunday School 10am	20 <b>Men's Basketball 8pm</b>	21 Greek School Independence Day Celebration 5pm - 8pm	22 Pre-Sanctified Liturgy 6pm - 7:30pm Lenten Lecture 8pm GOYA 7pm - 9pm	23 Golden Age Group 12pm  Badminton 7pm	24 Salutations 7pm - 8pm	25 Annunciation Orthros 9am Divine Liturgy 10am
26 Divine Liturgy Orthros 9am Divine Liturgy 10am Little Angels 10am Sunday School 10am	27 <b>Men's Basketball 8pm</b>	28 Greek School 5pm - 8pm	29 Pre-Sanctified Liturgy 6pm - 7:30pm Lenten Lecture 8pm	30 Badminton 7pm	31 Akathist Hymn 7pm - 9pm	

## April 2023

<u>Sun</u>	<u>Mon</u>	<u>Tue</u>	<u>Wed</u>	<u>Thu</u>	<u>Fri</u>	<u>Sat</u>
						1
2 Divine Liturgy Orthros 9am Divine Liturgy 10am Little Angels 10am Sunday School 10am	3 <b>Men's Basketball 8pm</b>	4 Greek School 5pm - 8pm PC Meeting 7:30pm	5 Pre-Sanctified Liturgy 6pm - 7:30pm	6 Badminton 7pm	7	8 Saturday of Lazarus Orthros 9am Divine Liturgy 10am Saturday of Lazarus Breakfast 11am
9 Palm Sunday Orthros 9am Divine Liturgy 10am Luncheon 12pm	10 Nymphios Service 7pm	11 Nymphios Service 7pm	12 Holy Unction 3pm Nymphios Service 7pm	13 St. Basil Liturgy 6:30am 12 Gospels 7pm	14 Apokathelosis 3pm Epitaphios 7pm	15 Proti Anastasi 9am Paschal Vigil 11pm
16 Agape Vespers 11am	17 <b>Men's Basketball 8pm</b>	18 Greek School 5pm - 8pm	19	20 Golden Age Group 12pm Badminton 7pm	21	22 Baptism 2pm - 3pm
23 Divine Liturgy Orthros 9am Divine Liturgy 10am Little Angels 10am Sunday School 10am	24 <b>Men's Basketball 8pm</b>	25 Greek School 5pm - 8pm  Paraklesis 6pm	26  GOYA 7:30pm	27 Badminton 7pm	28	29 Baptism 2pm - 3pm
30 Divine Liturgy Orthros 9am Divine Liturgy 10am Little Angels 10am Sunday School 10am						



My Brothers and Sisters in Christ,

As we approach Great Lent, it is time to prepare ourselves for the journey that lies ahead and to begin contemplating our destination, the Resurrection of our Lord and Savior Jesus Christ. Once we enter into this most solemn of seasons in the Orthodox Church, we should make every effort to focus more on matters of the spirit and less on the desires of the world, no matter the degree to which we currently are practicing. As we begin to pay closer attention to what goes into our mouth, as well as what comes out, the Church also calls us to increase our prayer life and almsgiving.

With that said, I am suggesting to each of you to add something to your daily prayer routine. If you do not pray at all, please begin, and if you do pray daily, please add one more prayer to your daily prayer life. I ask that you say the Lenten Prayer of St. Ephraim each night before you prepare for sleep.

*O Lord and Master of my life, give me not the spirit of sloth, meddling, lust for power and idle talk.  
But grant unto me, Thy servant, a spirit of chastity (integrity), humility, patience and love.  
Yea, O Lord and King, grant me to see mine own faults and not to judge my brother.  
For blessed art Thou unto the ages of ages. Amen.*

Κύριε καὶ Δέσποτα τῆς ζωῆς μου, πνεῦμα ἀργίας, περιεργίας, φιλαρχίας, καὶ ἀργολογίας μὴ μοι δῷς.,  
Πνεῦμα δὲ σωφροσύνης, ταπεινοφροσύνης, ὑπομονῆς, καὶ ἀγάπης χάρισαί μοι τῷ σὺ δούλῳ.  
Ναί, Κύριε Βασιλεῦ, δώρησαι μοι τοῦ ὁρᾶν τὰ ἐμὰ πταίσματα, καὶ μὴ κατακρίνειν τὸν ἀδελφόν μου,  
ὅτι εὐλογητὸς εἶ, εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

## **Pre-Sanctified Liturgy Lenten Meal & Lenten Lectures**

### **This Year's Speakers**

#### **Wednesday, March 1st**

Oratorical Festival Presenters

#### **Wednesday, March 8th**

Dr. Andonios Prayannis

#### **Wednesday, March 15th**

Mrs. Peggy Stilianos-Frampton

#### **Wednesday, March 22nd**

Mr. John Arretines

#### **Wednesday, March 29th**

The Very Rev. Demetrios Calogredes

## **PLEASE COOPERATE**

During Holy Week, our Church fills with more and more of the faithful. Fr. Lou and the Parish Council respectfully ask that you follow any and all instructions that are asked of you.

We have come together in this sacred space to worship our Lord and Savior Jesus Christ, and to celebrate His glorious Resurrection and our own salvation.

Please cooperate and may the Lord, our God, fill your hearts, minds, and spirits with joy and peace. Kalo Pascha!

## **HOLY WEDNESDAY READERS**

Fr. Lou is looking for young people ages 12 - 18 to read during the Holy Unction Service. They can read in Greek or in English. Seven readers are needed. The service begins at 3pm. Readers should arrive at the Church by 2:30pm.

## **MYROFORES**

The Myrofores will be participating in the church services on Palm Sunday and Good Friday evening. This year, as in the past, we would like to have girls from 2nd grade to 6th grade for the Church. Please contact Jean Xikis at: (631) 732-7976

## **AGAPE VESPERS READERS**

One of the most beautiful traditions of our Church takes place on Easter Sunday morning at the Agape Vespers. It is the only service in the Church where the laypeople can read the Gospel of the Day, which is read in several different languages.

If you would like to be a reader for that day, please contact Fr. Lou.

## **PHILOPTOCHOS**

The Philoptochos is looking for volunteers to dye Easter eggs on Holy Thursday and help decorate the Epitaphio. If you are interested, please contact Janet Troholaki at: (631) 905-9989 or by email: philoptochospjny@gmail.com. Please arrive by 9:30am.

Dear Friends,

Firstly, I would like to wish you all a Happy New Year filled with joy, health and prosperity! I would also like to take this opportunity to welcome and congratulate all our new Parish Council members as I look forward to a very productive and dynamic year with them! Congratulations!

Additionally, we have many exciting church and ministry events to announce and would like to bring the following items to your attention:

This year, every Wednesday evening during Great Lent, following the Pre-Sanctified Liturgies, we will be hosting the Lenten Lecture Series offered by our Cultural and Religious Education Ministry. Each week there will be a different speaker and a light Lenten meal.

On Saturday, April 8th, after the Divine Liturgy, the Sunday School will host its annual Saturday of Lazarus Breakfast & Easter Egg Hunt. This is a fun event for the entire family. We will also be folding palms for Palm Sunday.

The following day, Sunday, April 9th, the Philoptochos will be having their annual Palm Sunday Fish Luncheon. This has always been an amazing event! I look forward to seeing all of you at these events and in Church during Holy Week. Please see the

Lenten and Holy Week calendar in this issue of Limani for the schedule of all the services.

Two weeks after Pascha, we will be having another very special and entertaining event. Together with the Icarian Society, we will be holding a Spring Dinner Dance.

Also, we will be holding our Spring General Assembly meeting on Sunday, May 14th, at 12pm in the Community Center. This is a very important meeting, so I encourage all of you to attend.

With this in mind, please consider becoming a steward of this community.

Finally, please save the date for our annual Greek Festival which will take place on August 24th, 25th, 26th and 27th! Our Raffle Drawing will take place in the traditional way, the final day of the festival.

May God grant you all peace and health!

Manolis Lilimpakis - Parish Council President

## 2023 Parish Council



## FAITHFUL STEWARDS - FEBRUARY 2023

Mr. & Mrs. Jason & Annmarie Abreu  
 Mr. & Mrs. Anthimos & Carol Amiridis  
 Ms. Chrysanthie Argeropoulos  
 Mr. & Mrs. Nikolaos & Maria Aroniadis  
 Dr. & Mrs. Nicholas & Claire Batuyios  
 Mr. & Mrs. Robert & Linda Batuyios  
 Ms. Katherine Biagas  
 Mr. & Mrs. William & Stamatina Boulrier  
 Mrs. Roberta Bugliari  
 Mr. & Mrs. Saranto & Phillipa Calamas  
 Rev. Fr. Demetrios Calogredes  
 Ms. Anna Chatzithomas  
 Mr. & Mrs. Anthony & Niki Coulianidis  
 Mr. Nicholas Dallis  
 Drs. John & Marilyn Damaskos  
 Mr. & Mrs. Vincent & Theofilia DelBorrello  
 Mr. & Mrs. Salvatore & Elaine DelGigante  
 Mrs. Violet Dimeck  
 Mr. & Mrs. Dean & Asimina Fournaris  
 Mr. & Mrs. Howard & Peggy Frampton  
 Mrs. Angeliki Galanos  
 Mrs. Joanna Galanos  
 Mr. & Mrs. John & Maria Geralis  
 Mr. & Mrs. Michael & Valerie Giannis  
 Mr. & Mrs. Robert & Demetria Kaczinski  
 Mr. & Mrs. George Kallas and Candi Rienzie  
 Mr. & Mrs. Stavros & Evangelia Karakatsanis  
 Mr. & Mrs. Zachary & Audra Katsamanis  
 Dr. & Mrs. Nicholas & Betty Kleopoulos  
 Mr. George & Cally Kokolakis  
 Col. Peter Kostakis  
 Dr. & Mrs. Edmund & Kalliope LaGamma  
 Mr. & Mrs. George & Danielle Lambadis  
 Ms. Paraskevi Lambadis  
 Mr. & Mrs. Peter & Laurie Legakis  
 Mr. & Mrs. Emmanuel & Cynthia Lilimpakis  
 Mr. & Mrs. Jeremy & Aristeia Lucas  
 Mr. & Mrs. Christos & Mary Manolakis  
 Mr. Nick Marcantonatos  
 Mr. & Mrs. Theodore & Athena Mattas  
 Mr. & Mrs. Kirk & Michelle Mehalakes  
 Mr. Geracimo Moraitis  
 Dr. Demetrius Moutsiakis  
 Mr. & Mrs. Richard & Sylvia Mouzakes  
 Fr. & Pres. Louis & Tammy Nicholas  
 Mr. & Mrs. Eric & Carla Olzinski  
 Mrs. Eugenia Pagonis  
 Mr. & Mrs. Chris & Joanne Pallas  
 Mr. & Mrs. George & Kelly Papadopoulos  
 Mr. & Mrs. Michael & Terpsichore Passamonte  
 Ms. Jacqueline Pastis  
 Mrs. Venus Pastis  
 Mr. & Mrs. Ioannis & Lemonia Politis  
 Mrs. Georgia Poulianos  
 Mr. & Mrs. Athan & Popy Prakas  
 Mr. & Mrs. Spiridon & Christina Prakas  
 Mr. & Mrs. Loizos & Eleftheria Prodromou  
 Mr. & Mrs. Panayotis & Maria Pырpyris  
 Mr. & Mrs. Christos & Marisa Raptis  
 Mr. Anastasios Reveliotis  
 Mr. & Mrs. Robert & Marianna Savoca  
 Mr. Anthony Sevastos  
 Ms. Irene Skevofilax  
 Mr. & Mrs. William & Kathianne Snaden

Mrs. Alice & Miss Georgia Soulopoulos  
 Mr. & Mrs. Raymond & Effie Speyer  
 Mrs. Georgia Sprague  
 Mr. & Mrs. Napoleon & Sophia Stamatatos  
 Mr. & Mrs. Michael & Maria Stampelos– Zanakis  
 Ms. Maria Szaty  
 Miss Janet Trohalaki  
 Mr. Louis Tsunis  
 Mr. & Mrs. John & Laura Tsunis  
 Mr. George Vlachos  
 Mr. & Mrs. George & Antonia Voulgarakis  
 Mr. & Mrs. Konstantinos & Effene Xikis  
 Mrs. Stella Zachary  
 Mr. & Mrs. Charalampos & Polikseni Zervos  
 Mr. & Mrs. William & Stamatia Zoumas



### IF YOU PLEDGE NOW

- You can fulfill your pledge over the next 12 months.
- A monthly payment will be easier to manage.
- You can pledge on the Church website: [www.kimisis.org/donate](http://www.kimisis.org/donate)
- You can make recurring payments with a credit card or via online banking.

#### Stewardship Dec. 31, 2022

226 Stewards  
 \$39.88/Month - Average  
 Collected- \$106,962

#### Stewardship Feb. 12, 2023

79 Stewards  
 \$47.27 Month - Average  
 Pledged- \$44,810

#### 2023 Stewardship Goal

300 Stewards  
 \$50/Month - Average  
 Total Pledged - \$150,000



## SUNDAY SCHOOL

Greetings and Happy New Year to all of you!

The Sunday School of the Assumption has been very busy these past couple of months.

During this quarter, the topics of Fr. Lou's Sermonettes for the children touched upon: the relics of our church, the Censor, the Nativity of the Panagia, the Nativity of Jesus, the Sacraments of Holy Communion, Baptism and Epiphany.

On Sunday November 20th, we celebrated Godparent Sunday. The Godparents and Students played a game of Kahoot! while learning about the Sacrament of Holy Baptism and Epiphany, the Baptism of Jesus Christ. The Godparents and their Godchildren assembled in church with their *lambades* and everyone recited the Communion prayer and received Holy Communion. Lunch and refreshments were served in honor of the Godparents.

On Sunday, December 18th, we held our annual Christmas Pageant and Holiday Breakfast. The children did a fabulous job narrating, singing and acting out the Nativity of our Lord and Savior Jesus Christ. Santa Claus paid us a special visit and gave every child in attendance a gift. The delicious pancake breakfast and festivities were enjoyed by all.

Upcoming Events/Topics: Sunday of Orthodoxy Craft, Kolyva & Prosforo Workshop, Great Lent, Holy Week & Pascha/Easter, Hymns.

Please continue to bring your children to Sunday School so that they can continue to learn about their faith.

We thank you for your donations, volunteering and your continued support.

Best wishes to you all for a Happy & Healthy New Year!



# THE SUNDAY SCHOOL OF THE ASSUMPTION

INVITES ALL THE CHILDREN OF THE ASSUMPTION COMMUNITY TO ATTEND:

## **THE ANNUAL SATURDAY OF LAZARUS BREAKFAST & EASTER EGG HUNT**

DATE: SATURDAY, APRIL 8, 2023

TIME: IMMEDIATELY FOLLOWING THE DIVINE LITURGY

PLACE: COMMUNITY CENTER

*BREAKFAST, GAMES, RAFFLES & LANTERN SALES*

DONATIONS APPRECIATED: O.J., CRANBERRY JUICE, APPLE JUICE, NON-DAIRY CREAMER, WATER, MILK, 3 LARGE TRAYS OF FRESH FRUIT SALAD, JELL-O, OREOS, ANY NON-DAIRY TREATS.

(PLEASE LET US KNOW WHAT YOU CAN OFFER)

*PLEASE ASSIST US IN PLANNING ACCORDINGLY & R.S.V.P. TO:*

*DIMITRA DIMECK @ 451-0570*

*EMAIL: DIMITRADIMECK@OPTONLINE.NET*

*OR JEAN XIKIS @ 732-7976*

*EMAIL: EXIKIS@GMAIL.COM*

*PLEASE INDICATE THE NUMBER OF CHILDREN & THE NUMBER OF  
ADULTS THAT WILL BE ATTENDING.*

***Don't forget your baskets!***



## CHOIR CORNER

We invite you to sing from the corner as well as your pews. Due to scheduling conflicts, I got to sit next to some amazing voices in our church. Please don't be shy because you are the church community and your lovely voices are blessings to the Heavens as well as our ears.

At our Direct Archdiocesan District Choir Conference, held October 28<sup>th</sup> through the 30<sup>th</sup>, 2022, two-time Grammy®-nominated conductor and composer, Benedict Sheehan, made the trip from St. Tikhon's Orthodox Theological Seminary and Monastery to offer a Church Music Institute. He is also the Director of the Chamber Choir of the Monastery who have released several albums of Church music in the original Slavic tones. After vigorous rehearsals Friday and Saturday, and a sumptuous dinner, the Halloween-themed dance went off without a hitch with DJ Bobby Karounos, keeping us on our toes. On Sunday morning, we performed a new Doxology written by our own Dawn Helene, organist for the Cathedral of the Holy Trinity, New York City. At the helm for our liturgical celebration with the music of Dr. Theodore Bogdanos, was Kristin Bruskas, celebrated Conductor of Music, now working in the San Francisco Diocese. In the altar, our Archbishop Emeritus Demetrius and our former Spiritual Advisor, the Very Reverend Archimandrite Chrysostomos Gilbert, now the Dean of the Archdiocesan Cathedral, were able to celebrate the Liturgy.

As is the tradition, awards for years of service were made. A certificate was presented to yours truly for 50 years of choir service. The Patriarch Athenagoras I Medallion for Distinguished Metropolis Service was presented to Dawn Helene. AXIA.

Safe travels to Joanna Rigas as our songbird will be flying to warmer regions for the month of February.

We are looking for voices to pray the hymns during Lent. Please feel free to approach me to participate.

See you on Sunday!

Peggy Stilianos



## RELIGIOUS & CULTURAL MINISTRY

Thank you to everyone who braved the frigid temperatures to attend the Dickens Festival Weekend 2022. The amazing Spyridoula Kontis assisted with sales of our traditional Greek delights along with wrapped Spanakopita and Tiropita. Thank you to those who purchased during the Dickens Weekend.

Special thanks to **Premier Pastry Bakery** for their assistance in this fundraising event for our Committee. Thanks for your support, Peggy Stilianos.

The next event will be the All-Meat Fest right before Lent begins. Watch for our flyers and please volunteer some time to make this a fun night for the Community.

We look forward to the St. John the Chrysostom Oratorical Festival being held on March 1<sup>st</sup>. Please encourage your teens to write on the topics available for this year. This expression of faith is really an affirmation of what our family teachings, Church learning and Sunday School education has brought us to.

Finally, please support our Lenten Lecture series which will follow immediately after the Pre-Sanctified Liturgies every Wednesday during Great Lent.

Thanks for your support.  
Peggy Stilianos



### The Ionian Village Summer Camp

- Session One: June 19 – July 8, 2023
- Session Two: July 19 – August 7, 2023

Ionian Village is the international camping ministry of the Greek Orthodox Archdiocese of America

**For Information Email:** [ionianvillage@goarch.org](mailto:ionianvillage@goarch.org)

**Telephone:** (212) 570-3536

## LITTLE ANGELS



**Children Ages 6 Months to 4 Years Old**

Tuition: \$10 - Still Enrolling!!!!

**Advisors/Teachers:**

Lisa Theofilia DelBorrello, Maria Rodolico,  
Anastasia Rondo, and Nicole Iasilli

**MEETS DURING SUNDAY SCHOOL  
COMMUNITY CENTER CLASSROOM**

10:00 am to 11:00 am

*Children may receive Communion with Sunday School.*

## RYTHMOS



**Learn all the traditional dances!**

In the past, our children danced at various church events, *Parathosi* and at our annual Greek festival wearing traditional Greek costumes!

**Call the office & sign up:**

631-473-0894!



**Dance Teacher:**

Dance Teacher/Advisor Needed

## HOPE/JOY



**REGISTRATION ONGOING**

**For Children Ages 5 - 12**

**Participation Fee: \$10**

**Advisors: We are in need of an advisor**

**When:** TBD

**Where:** Community Center

**Some events may include:**

- Rec. Night - kickball, basketball, soccer, etc.
- Crafts - tie dyeing, holiday crafts, baking, etc.
- Holiday Parties - Halloween, Friendsgiving, Valentine's Day, Christmas, etc.
- Tradition & Faith - making prosforo, tree decorating, Greek dancing, etc.

## YOUTH MOVIE NIGHTS





# GOYA

Our GOYAns had a busy last few months! They attended GOYA SUNDAYS on the first Sunday of each month followed by rap sessions with guest speakers, Mrs. Valerie Maslar and Mr. Mihalis Kazakos. They also attended Deepwell Haunted Mansion and helped Agape Meals for Kids by assembling Halloween treat bags and collected Peanut Butter and Jelly to help kids in need!

In November, with the help of GOYAns from surrounding churches, they participated in a “Fall Cleanup” at All Saints Monastery and enjoyed a Retreat with Father Demetrios Kazakis and Gerondissa Eisodia. They also enjoyed a FRIENDSGIVING dinner with a visit from Father Nikolas Delaveris from Prophet Elias GOC in Yonkers who challenged them to a cell phone and social media detox!

In addition, some of our GOYAns attended the annual AMC Inter-GOYA Music Fest and had a “GRAB BAG GIFT EXCHANGE”/pizza party for the holidays. They began the new year with VASILOPITA cutting and a special blessing. GOD BLESS our GOYAns Panayioti Dimeck and Jeffrey Smith who braved the cold waters at Cedar Beach on January 8th when diving for the cross.

On Friday, Jan 20th, after many months of preparation and with the generosity of so many, our GOYAns along with GOYAns from St John’s in Blue Point, advisors and parents, and under the direction of Father Lou and Father Dean Panagos, they participated on their first Midnight Run to feed and clothe the homeless of NYC. Their night ended with a visit to St Nicholas National Shrine at the World Trade Center.

On the weekend of February 3rd, they joined GOYAns from 7 other Long Island churches on a ski trip to Montage Mountain in Scranton, PA, and a visit to Holy Protection Monastery “Agia Skepi”.

Some of their upcoming events:

ICE SKATING on 2/15

Oratorical Festival Presentations on 3/1

Greek Olympics on Memorial Day weekend.

NEW MEMBERS are always WELCOME!





# Inter GOYA Ski Trip 2023

Inter GOYA hosted their annual ski trip where 258 GOYANS from different parishes came together for a fun-filled weekend.

The weekend began with dinner and icebreakers on Friday in the grand ballroom of their hotel. Saturday morning the GOYANS spent the day at Montage Mountain in Scranton. Saturday evening the GOYAN gathered back at the hotel and enjoyed a dinner dance.

Sunday they headed to Agia Skepi Monastery, which is on a mountain overlooking the Lehigh River Valley in the Pocono Mountains, for divine liturgy and a tour of the monastery.

Big thank you to our parent chaperones who braved the cold weather to look after our GOYANS!





## DIVING FOR THE CROSS & EPIPHANY LUNCHEON

Epiphany, or Theophany, commemorates the baptism of Jesus in the River Jordan by St. John the Baptist. Of all the observances of Epiphany throughout the world, none is more deeply religious in tradition and significance, or more colorful, than that of the Greek Orthodox Church.

On January 8th, following the Divine Liturgy and the Agiasmos Service, a procession of cars led us all to Cedar Beach for the diving of the cross. Participating in the services and the celebrations along with Father Lou were Father Demetrios Calogredes and Father John Malafis.

Two boys, Panayotis Dimeck and Jeffrey Smith, took position on the shoreline and dove for the cross after Father Demetrios tossed the cross in the blessed waters. Thank you to Chris Raptis for donating the olive wood cross which came from Jerusalem.

A formal blessing and luncheon hosted by our Ladies Philoptochos followed once the divers and parishioners returned to the church. Thank you to the ladies for all their hard work. The luncheon ended with the traditional cutting of the Vasilopita and was enjoyed by all. A big thank you to those who prepared for the day, including our chefs in the kitchen! *Kai tou hronou!*



# Palm Sunday Fish Luncheon

Sunday, April 9, 2023



Please Join your Fellow Parishioners in a Luncheon after the Divine Liturgy in the Community Center.

**MENU INCLUDES: DELICIOUS APPETIZER'S, FISH WITH RICE,**  
vegetables, salad and desserts.

**CHILDREN'S MENU: GLUTEN-Free pasta**

Adults: \$25.00/Children 10+: \$10.00/Children 9 & under: Free

RSVP BY March 29th TO:

Janet Trohalaki (631) 905-9989 or

by email : [philoptochospjny@gmail.com](mailto:philoptochospjny@gmail.com)





# Assumption Philoptochos



## Annual Easter Tsoureki Sale

*The Ladies Philoptochos Society will have Easter Tsoureki available to purchase.*

*You will be able to pick up your Tsoureki during our Palm Sunday Luncheon on April 9, 2023, in the church Community Center.*

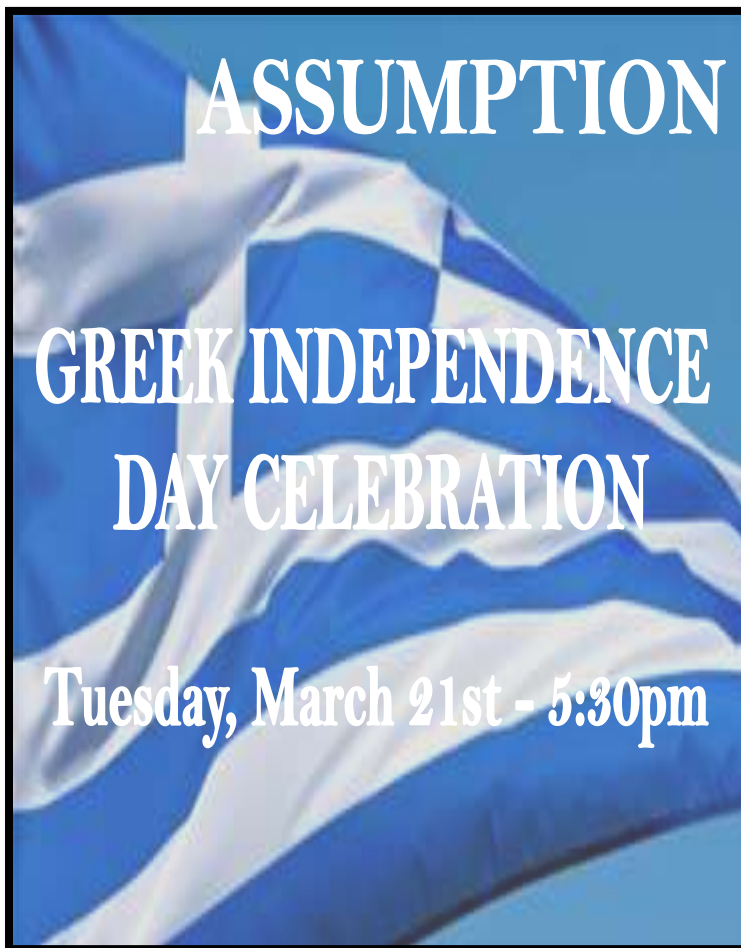
***DETAILS TO FOLLOW:***

***HOW TO ORDER***

***SIZES AND PRICES***

***HOW TO PAY***

***For further information, please contact Janet Trohalaki-President 631-905-9989***



*GET READY FOR EASTER  
BY PURCHASING YOUR LAMBADES  
FROM OUR GREEK SCHOOL PTO.*

*BEGINNING  
TUESDAY, MARCH 14TH  
& CONTINUING THROUGH  
HOLY WEEK*

*LOOK FOR OUR DISPLAY  
DURING AND AFTER CHURCH!*

The Greek School would like to thank the Parish Council for providing smart TV's in every classroom. We are now able to utilize the online components of our textbooks in the classroom in addition to other educational web resources.

We would also like to thank our Parish Council President, Mr. Manolis Lilimpakis, for installing the TV's.



## LENT & HOLY WEEK FLOWER DONATIONS

During the season of Great Lent, it is a tradition to decorate the iconography of the Church with flowers. If you would like to make a donation to decorate an Icon, please call the Church office at 631-473-0894.

### ICON LIST

Salutations Icon (4) - \$100 Each  
St. Gregory Palamas - \$75  
Holy Cross Icon - \$75  
Daffodils - \$200  
St. John Climacus - \$75  
St. Mary of Egypt - \$75  
~~The Annunciation - \$100~~  
Saturday of Lazarus - \$75

Palm  
(2) - \$75 Each  
Nymphios - \$100  
St. Kassiani - \$75  
Last Supper - \$75  
~~Crucifixion Icon - \$75~~  
Apokathelosis Icon - \$75  
~~Empty Cross - \$100~~

Sunday Large Wreath - \$200  
Small Wreath (2) - \$100 Each  
Epitaphios Icon - \$75  
Resurrection Icon - \$100  
Palms (4 bales) - \$200

# Great Lent Services

## Ακολουθίες των Νηστειών

SUN	MON	TUE	WED	THUR	FRI	SAT
			<b>March 1st</b> Pre-Sanctified Liturgy 6pm <b>1 Μαρτίου</b> Προηγιασμένη 6μμ		<b>March 3rd</b> Salutations 7pm <b>3 Μαρτίου</b> Χαιρετισμοί 7μμ	<b>March 4th</b> Saturday of Souls Orthros 9am Divine Liturgy 10am <b>4 Μαρτίου</b> Ψυχασάββατο Όρθρος 9πμ Θεία Λειτουργία 10πμ
<b>March 5th</b> Sunday of Orthodoxy Orthros 8:30am Divine Liturgy 10am <b>5 Μαρτίου</b> Κυριακή της Ορθοδοξίας Όρθρος 8.30πμ Θεία Λειτουργία 10πμ			<b>March 8th</b> Pre-Sanctified Liturgy 6pm <b>8 Μαρτίου</b> Προηγιασμένη 6μμ		<b>March 10th</b> Salutations 7pm <b>10 Μαρτίου</b> Χαιρετισμοί 7μμ	
<b>March 12th</b> St. Gregory Palamas Orthros 8:30am Divine Liturgy 10am <b>12 Μαρτίου</b> Του Αγίου Παλαμά Όρθρος 8.30πμ Θεία Λειτουργία 10πμ			<b>March 15th</b> Pre-Sanctified Liturgy 6pm <b>15 Μαρτίου</b> Προηγιασμένη 6μμ		<b>March 17th</b> Salutations 7pm <b>17 Μαρτίου</b> Χαιρετισμοί 7μμ	
<b>March 19th</b> Holy Cross Orthros 8:30am Divine Liturgy 10am <b>19 Μαρτίου</b> Του Τιμίου Σταυρού Όρθρος 8.30πμ Θεία Λειτουργία 10πμ			<b>March 22nd</b> Pre-Sanctified Liturgy 6pm <b>22 Μαρτίου</b> Προηγιασμένη 6μμ		<b>March 24th</b> Salutations 7pm <b>24 Μαρτίου</b> Χαιρετισμοί 7μμ	<b>March 25th</b> Annunciation Orthros 9am Divine Liturgy 10am <b>25 Μαρτίου</b> Ευαγγελισμός Όρθρος 9πμ Θεία Λειτουργία 10πμ
<b>March 26th</b> St. John Climacus Orthros 8:30am Divine Liturgy 10am <b>26 Μαρτίου</b> Του Αγίου Ιωάννου της Κλίμακος Όρθρος 8.30πμ Θεία Λειτουργία 10πμ			<b>March 29th</b> Pre-Sanctified Liturgy 6pm <b>29 Μαρτίου</b> Προηγιασμένη 6μμ		<b>March 31st</b> Akathyst Hymn 7pm <b>31 Μαρτίου</b> Ακάθιστος Ύμνος 7μμ	
<b>April 2nd</b> Mary of Egypt Orthros 8:30am Divine Liturgy 10am <b>2 Απριλίου</b> Μαρία της Αιγύπτου Όρθρος 8.30πμ Θεία Λειτουργία 10πμ			<b>April 5th</b> Pre-Sanctified Liturgy 6pm <b>5 Απριλίου</b> Προηγιασμένη 6μμ			<b>April 8th</b> Lazarus Saturday Orthros 9am Divine Liturgy 10am <b>8 Απριλίου</b> Του Αγίου Λαζάρου Όρθρος 9πμ Θεία Λειτουργία 10πμ

## HOLY WEEK SERVICES

### Ακολουθίες της Μεγάλης Εβδομάδας

SUN	MON	TUES	WED	THUR	FRI	SAT	SUN
<b>9 Palm Sunday</b> Orthros 9am Divine Liturgy 10am-12pm	<b>10</b> Nymphios Service 7pm	<b>11</b> Nymphios Service 7pm	<b>12</b> Holy Unction 3pm Nymphios Service 7pm	<b>13</b> St. Basil Liturgy Divine Liturgy 6:30am 12 Gospels 7pm	<b>14</b> Apokathelosis 3pm Epitaphios Service 7pm	<b>15</b> Proti Anastasi Divine Liturgy 10am Resurrection Service 11pm	<b>16</b> Paschal Liturgy 12am Agape Vespers 11am



## FESTIVAL



Save the Date:  
August 24th-27th, 2023

The community of the Greek Orthodox Church of the Assumption, Port Jefferson, would like to thank all our loyal supporters and volunteers for making our annual festival so successful every year!

See you all in August!

**Camp Saint Paul**

SUMMER 2023 REGISTRATION

*Opens:*  
*February 25th*  
*12 Noon*

Session 1: 06/25 - 07/01  
Session 2: 07/02 - 07/08  
Session 3: 07/09 - 07/15  
Session 4: 07/16 - 07/22  
Session 5: 07/23 - 07/29

Register at: [campsaintpaul.org](https://campsaintpaul.org)  
Questions? Email us: [campstpaul@goarch.org](mailto:campstpaul@goarch.org)

## OLYMPICS

Greek Orthodox Archdiocesan District Olympics

May 26th-28th, 2023  
Suffolk County Community College  
Brentwood Campus



Peggy Stilianos, Olympics Committee

*Online Registration Coming Soon..*

**JOIN US**

**Wed, March 8th**  
**@ 6pm**

Presanctified Liturgy  
and a Lenten Dinner  
organized by GOYA  
followed by a  
Special Lecture on  
"FASTING 101"  
by Dr. Andonios Prayannis

WE KINDLY ASK FOR ALL THOSE ATTENDING  
TO BRING A LENTEN DESSERT. THANK YOU!

CHURCH OF THE ASSUMPTION, PORT JEFFERSON





# Greek Orthodox Church of the Assumption Iconography Project Phase III



## The Dome

### *The Life of Jesus and Mary (Η Ζωή του Χριστού και της Μαρίας)*

The final phase of the dome iconography will depict eight (8) scenes from the life of Jesus Christ where the Virgin Mary is present. Additionally, medallions of the twelve apostles will be placed on the dome in the shape of a cross. As a community dedicated to the Panaghia it is absolutely befitting to have these scenes of Christ's life be a part of our magnificent dome.

Donation - \$20,000.00/Each Scene

Donation - \$5,000.00/Each Apostle

*All net proceeds of the Phase 3 Iconography Project will support the building fund of the Assumption Church of Port Jefferson, NY*



## Rear of the church

### *The Archangels (Η Άγιοι Αρχάγγελοι)*

This addition to phase 3 of our iconography project places six Archangels at the entrance of our temple guarding this Holy space. Also, the Philoxenia of Abraham will be placed above the entrance doors.

Donation - \$7,000.00/Each Archangel

Donation - \$12,000.00 Philoxenia of Abraham



Sts. Nicholas,  
Raphael, & Irene.  
Donation  
\$15,000.00

St. Nicholas &  
St. Alexandra  
Donation  
\$15,000.00

St. Sophia &  
Three Daughters  
Donation  
\$15,000.00

St. Eustathios &  
His Family  
Donation  
\$17,000.00

St. Julitta &  
St. Kyrikos  
Donation  
\$10,000.00

St. Terentios  
St. Neonilla  
Donation  
\$15,000.00

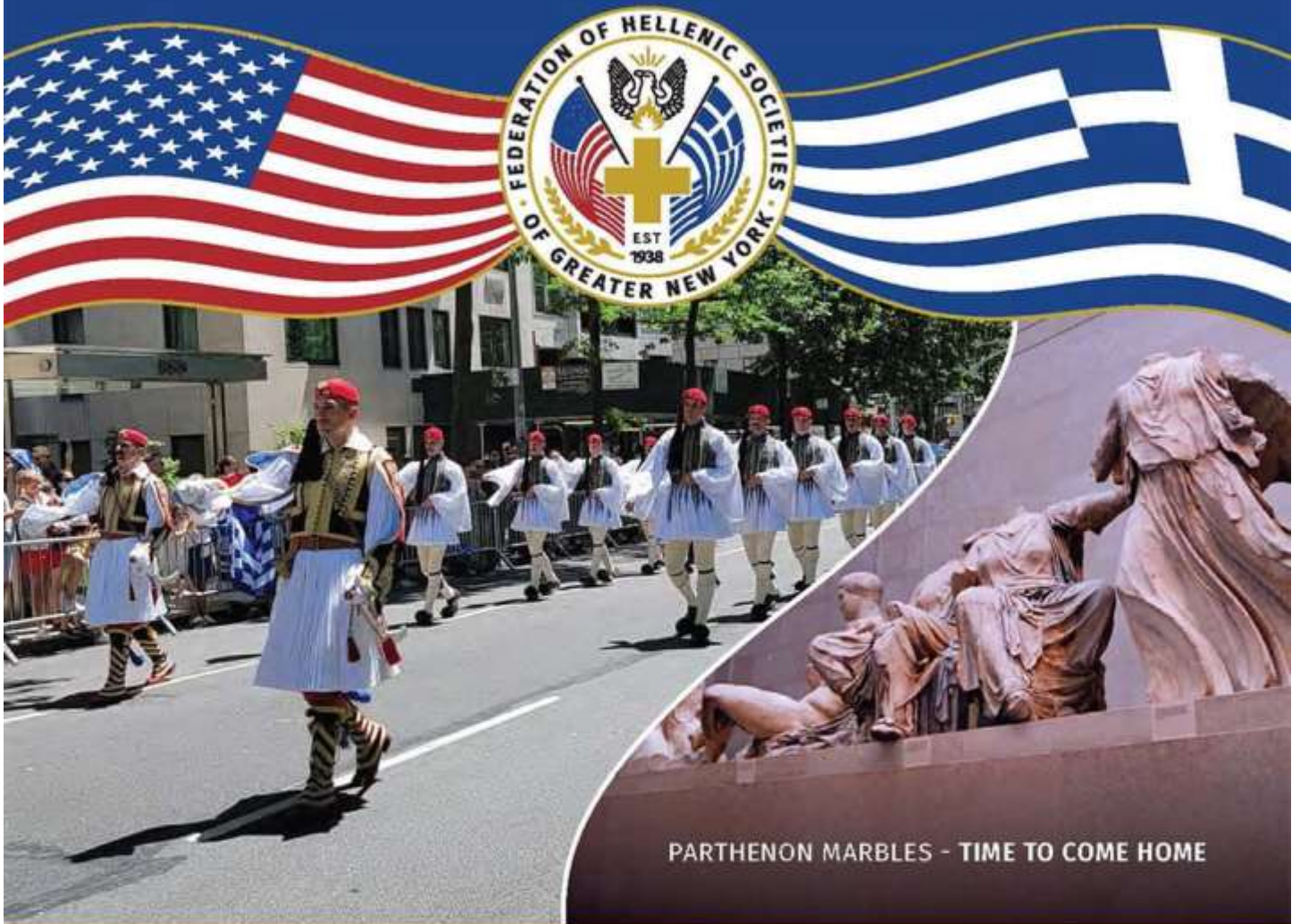
*The Saints above will be placed on the northeast wall outside and above the bride room windows.*

*The Saints above will be placed on the northwest wall outside and above the choir room.*



# GREEK INDEPENDENCE DAY PARADE

CELEBRATING THE 202<sup>ND</sup> ANNIVERSARY OF HELLENIC INDEPENDENCE



5<sup>TH</sup> AVENUE NEW YORK CITY | 64<sup>TH</sup> TO 79<sup>TH</sup> STREET

SUNDAY | APRIL 30<sup>TH</sup> 2023 | 1:30PM



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[www.HellenicSocieties.org](http://www.HellenicSocieties.org) | [GreekParadeNY2023@gmail.com](mailto:GreekParadeNY2023@gmail.com) | 718-204-6500

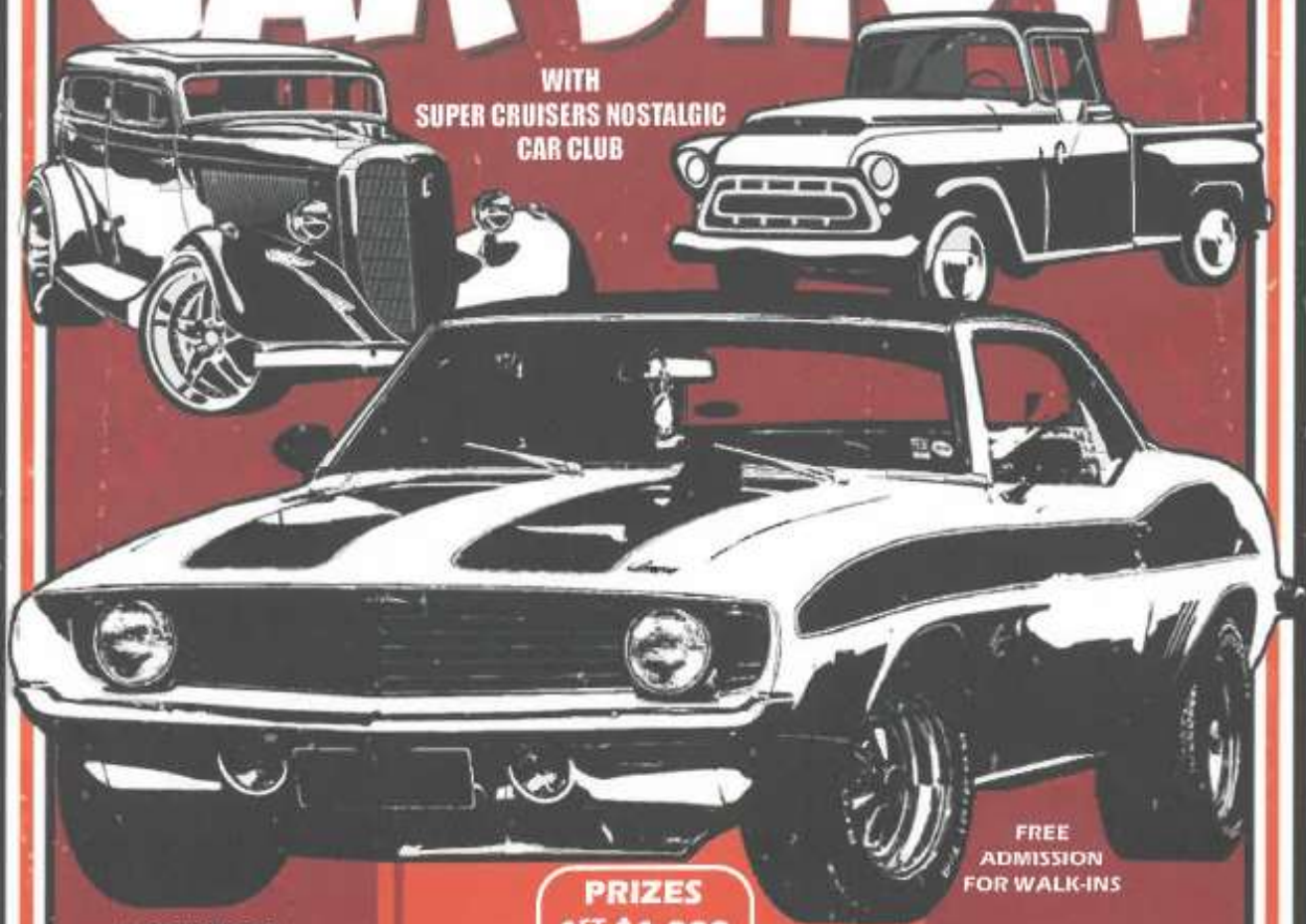


**JUNE 3<sup>rd</sup> 2023**

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7:00AM - 3:00PM

**PRIZES**  
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**3<sup>RD</sup> \$250**

**50/50  
RAFFLE**



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FOR WALK-INS**

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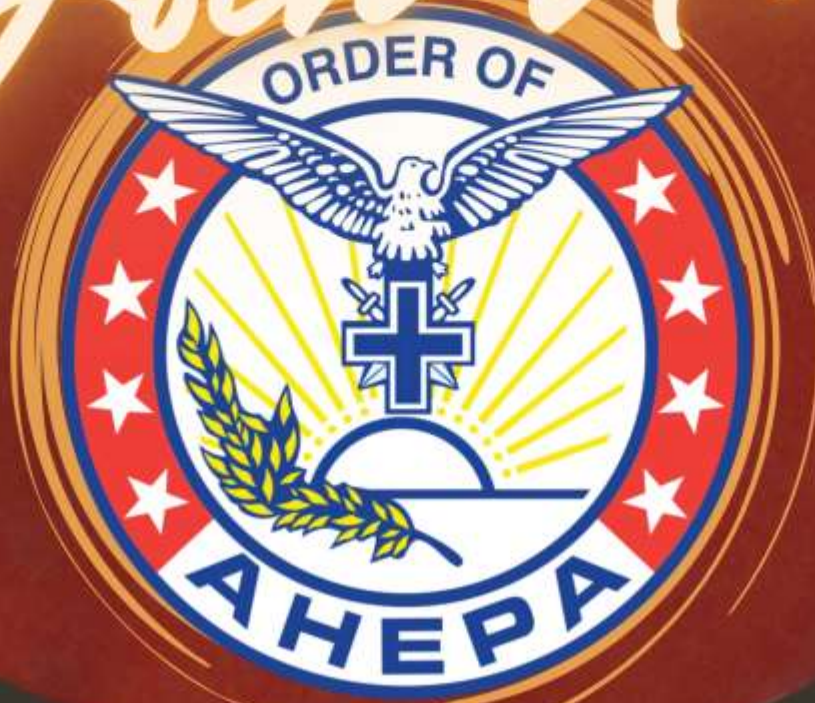
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