

His Eminence Archbishop Elpidophoros
Reverend Father Elias Nicholas
&
the Parish Council
cordially invite you to the
Consecration Dinner Banquet

May 7th, 2022

Cocktails at seven o'clock

Dinner at eight o'clock catered by *Elegant Eating*
Banquet Honoree, Reverend Demetrios Calogredes



*Adults: \$125 * Teens/Seniors: \$100 * Under 12: \$75*

Venue: Assumption Cultural Center

430 Sheep Pasture Road, Port Jefferson NY 11777

631-473-0894

~ Cocktail Attire ~ Reservations Required ~

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GREEK ORTHODOX CHURCH OF THE ASSUMPTION

430 Sheep Pasture Road, Port Jefferson, NY 11777

Telephone: 631.473.0894 | Fax: 631.928.5131

Email: goc.assumption@gmail.com | Web: www.kimisis.org

Office hours: Monday - Friday 10:00 AM to 4:00 PM

Fr. Elias (Lou) Nicholas, Proestamenos

Email: frlouisnicholas@gmail.com | Cell#: 631.703.5795

PARISH COUNCIL

President.....	Emmanuel Lilimpakis
1st Vice President.....	George Voulgarakis
2nd Vice President.....	Bobby Batuyios
Treasurer.....	Sarantos Calamas
Assistant Treasurer.....	Manny Lakios
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Member.....	Geracimos Moraitis
Member.....	John Politis
Member.....	Natasha Tosic
Member.....	Louis Tsunis

MINISTRIES

Philoptochos President.....	Janet Troholaki
GOYA Advisor.....	Maria Gasparis/Linda Batuyios
Choir Director.....	Peggy Stilianos
Golden Age President.....	Nick Ladeas
HOPE & JOY Advisor.....	Spyridoula Kontis
Greek School P.T.O. President. ..	Maria Rubio
Greek School Committee President.....	Markella Lunati
Bookstore.....	Elaine DelGigante/Marilyn Damaskos
Sunday School Directors	Dimitra Dimeck/Jean Xikis
Little Angels.....	Lisa DelBorrello, Maria Rodolico
AHEPA.....	Nicholas Calogredes
AGAPE Meals for Kids.....	Irene Michalos

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NEWSLETTER INFORMATION

We welcome your contribution of community news and materials to the Church of the Assumption, Port Jefferson, NY, a Greek Orthodox Church Community. Appropriate materials include: 1) texts pertaining to worship and the liturgical year; 2) announcements and schedules of Church ministries and organizations; 3) Greek cultural events; 4) poems, stories, games, essays of a spiritual, faith-based or life-enriching nature; 5) personal congratulatory news of parishioners.

Please forward your materials to the Church Office at goc.assumption@gmail.com or to Marisa Raptis at mrcollegeadvising@gmail.com. All new submissions need to be submitted by the posted due date. Anything submitted past the due date will be printed in the following month's newsletter, if still relevant. Last minute changes, if at all possible, are at the discretion of the editor.

March 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
20 St. Gregory Palamas Orthros 8:30am Divine Liturgy 10am	21 Adult Basketball 8pm	22 Greek School 5pm	23 Pre-Sanctified Liturgy 6pm	24 Golden Age Group 12pm Badminton 7pm	25 Annunciation Orthros 9am Divine Liturgy 10am Salutations 7pm	26 GOYA Retreat IV on the Go 9am
27 Holy Cross Orthros 8:30am Divine Liturgy 10am	28 Adult Basketball 8pm	29 Greek School 5pm	30 Pre-Sanctified Liturgy 9am	31 Badminton 7pm		

April 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Salutations 7pm	2
3 St. John Climacus Orthros 8:30am Divine Liturgy 10am	4 Adult Basketball 8pm	5 Greek School 5pm	6 Pre-Sanctified Liturgy 6pm	7 Badminton 7pm	8 Akathyst Hymn 7pm	9
10 St. Mary of Egypt Orthros 8:30am Divine Liturgy 10am	11 Adult Basketball 8pm	12 Greek School 5pm Parish Council Meeting 7:30pm	13 Pre-Sanctified Liturgy 9am	14 Golden Age Group 12pm Badminton 7pm	15	16 Saturday of Lazarus Orthros 8:30am Divine Liturgy 10am
17 Palm Sunday Orthros 8:30am Divine Liturgy 10am Nymphios Service 7pm	18 Nymphios Service 7pm	19 Nymphios Service 7pm	20 Holy Unction 3pm Great Vespers 7pm	21 Liturgy of St. Basil 6am Service of 12 Gospels 7pm	22 Royal Hours 9am Apokathelosis 3pm Epitaphios Service 7pm	23 Protianastasis 9am Paschal Vigil 11pm
24 Pascha Agape Vespers 11am	25 Adult Basketball 8pm	26 Greek School 5pm	27	28 Golden Age Group 12pm Badminton 7pm	29	30 GOYA Volleyball Silver Cup Tourney 9am

Below is something that is offered for your spiritual growth and nourishment. Fr. Alexander Schmemmann is, in my **humble opinion (and many others' as well)**, the **greatest theologian** of the twentieth century. I pray that you find his words as uplifting and fulfilling.

May God grant you a blessed Lent.

An Introduction to Great Lent

by Fr. Alexander Schmemmann

Excerpts from Fr Alexander Schmemmann's Great Lent

When a man leaves on a journey, he must know where he is going. Thus with Lent. Above all, Lent is a spiritual journey and its destination is Easter, "the Feast of Feasts." It is the preparation for the "fulfillment of Pascha, the true Revelation." We must begin, therefore, by trying to understand this connection between Lent and Easter, for it reveals something very essential, very crucial about our Christian faith and life.

Is it necessary to explain that Easter is much more than one of the feasts, more than a yearly commemoration of a past event? Anyone who has, be it only once, taken part in that night which is "brighter than the day," who has tasted of that unique joy, knows it. [...] On Easter we celebrate Christ's Resurrection as something that happened and still happens to us. For each one of us received the gift of that new life and the power to accept it and live by it. It is a gift which radically alters our attitude toward everything in this world, including death. It makes it possible for us to joyfully affirm: "Death is no more!" Oh, death is still there, to be sure, and we still face it and someday it will come and take us. But it is our whole faith that by His own death Christ changed the very nature of death, made it a passage — a "Passover," a "Pascha" — into the Kingdom of God, transforming the tragedy of tragedies into the ultimate victory. [...]

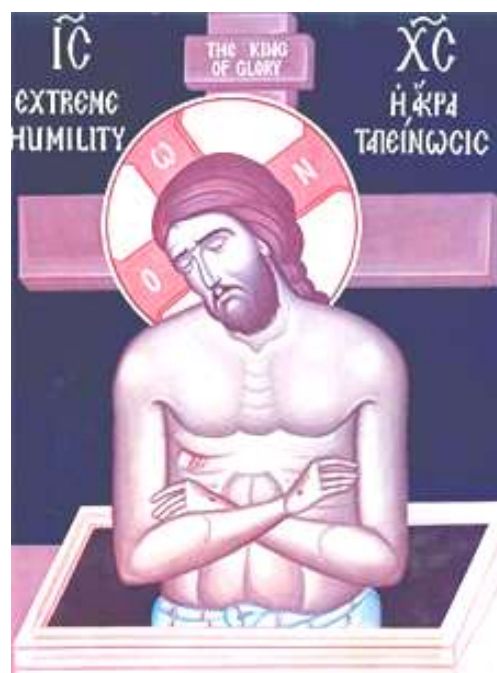
Such is that faith of the Church, affirmed and made evident by her countless Saints. Is it not our daily experience, however, that this faith is very seldom ours, that all the time we lose and betray the "new life" which we received as a gift, and that in fact we live as if Christ did not rise from the dead, as if that unique event had no meaning whatsoever for us? [...] We simply forget all this — so busy are we, so immersed in our daily preoccupations — and because we forget, we fail. And through this forgetfulness, failure, and sin, our life becomes "old" again — petty, dark, and ultimately meaningless — a meaningless journey toward a meaningless end. [...] We may from time to time acknowledge and confess our various "sins," yet we cease to refer our life to that new life which Christ revealed and

gave to us. Indeed, we live as if He never came. This is the only real sin, the sin of all sins, the bottomless sadness and tragedy of our nominal Christianity.

If we realize this, then we may understand what Easter is and why it needs and presupposes Lent. For we may then understand that the liturgical traditions of the Church, all its cycles and services, exist, first of all, in order to help us recover the vision and the taste of that new life which we so easily lose and betray, so that we may repent and return to it. [...] And yet the "old" life, that of sin and pettiness, is not easily overcome and changed. The Gospel expects and requires from man an effort of which, in his present state, he is virtually incapable. [...] This is where Great Lent comes in. This is the help extended to us by the Church, the school of repentance which alone will make it possible to receive Easter not as mere permission to eat, to drink, and to relax, but indeed as the end of the "old" in us, as our entrance into the "new." [...] For each year Lent and Easter are, once again, the rediscovery and the recovery by us of what we were made through our own baptismal death and resurrection.

A journey, a pilgrimage! Yet, as we begin it, as we make the first step into the "bright sadness" of Lent, we see — far, far away — the destination. It is the joy of Easter, it is the entrance into the glory of the Kingdom. And it is this vision, the foretaste of Easter, that makes Lent's sadness bright and our Lenten effort a "spiritual spring." The night may be dark and long, but all along the way a mysterious and radiant dawn seems to shine on the horizon. "Do not deprive us of our expectation, O Lover of man!"

Glory be to God!



Dear Friends,

Firstly, I would like to express to you how humbled I am to be elected President of the Parish Council for 2022. I am also extremely delighted that all of our ministries are meeting in person once again. It seems as if things are getting back to normal. We have many exciting events coming up soon, and I would like to mention to you the following items.

On Saturday, March 26th, from 10am - 4pm, our GOYA will be hosting an IV on the Go retreat. This retreat is open to all GOYAns throughout the Archdiocesan District. On Sunday, March 27th, the AHEPA will be offering a Fasolada luncheon in the Community Center immediately following the Divine Liturgy.

On Saturday, April 16th, after the Divine Liturgy, the Sunday School will host its annual Saturday of Lazarus Breakfast & Easter Egg Hunt. This is a fun event for the entire family.

The following day, Sunday, April 17th, the Philoptochos will be having their annual Palm Sunday Fish Luncheon. This has always been an amazing event. I look forward to seeing all of you at these events and in Church during Holy Week.

Two weeks after Pascha, a very sacred event will take place as our beautiful Byzantine-style Church

will be consecrated. The consecration will take place beginning with the Vespers service on Friday, May 6th, at 7pm. The next day, Saturday, May 7th, beginning at 9am, our Church building will be consecrated by His Eminence Archbishop Elpidophoros.

Also, we will be holding our Spring General Assembly meeting on Sunday, May 15th, at 12pm in the Community Center.

In addition, our summer camp will take place again from June 27th to July 1st. This camp is a great way for our children to learn about their faith in a fun way.

Finally, please save the date for our annual Greek Festival which will take place on August 25th - the 28th, and our Raffle Drawing will take place in the traditional way, the final day of the festival.

May God grant you all peace and health!

Manolis Lilimpakis - Parish Council President



Cutting of the Vasilopita 2022
God bless all of our Ministry Leaders!

FAITHFUL STEWARDS - MARCH 13, 2022

Mr. & Mrs. Paul & Margo Abrams
 Mr. & Mrs. Anthimos & Carol Amiridis
 Mr. & Mrs. Cristian & Monica Apostol
 Mr. & Mrs. Ricardo & Maria Aranguren
 Mrs. Urania Argeropoulos
 Mr. & Mrs. Nikolaos & Maria Aroniadis
 Mr. & Mrs. John & Paraskevi Avgoustidis
 Mrs. Despina Bacalakis
 Mr. & Mrs. Robert & Linda Batuyios
 Ms. Katherine Biagas
 Mr. & Mrs. Ioannis & Olga Botonakis
 Mr. & Mrs. William & Tina Boulier
 Mr. & Mrs. Michael & Sophia Brandon
 Mr. & Mrs. Saranto & Phillipa Calamas
 V. Rev. Fr. Demetrios & Steve Calogredes
 Mr. & Mrs. Constantine & Demitra Christ
 Dr. & Dr. Gus & Eileen Constantouris
 Mr. & Mrs. Anthony & Niki Coulianidis
 Mr. Nicholas Dallis
 Mr. & Mrs. Sal & Elaine DelGigante
 Mr. & Mrs. Spiro & Dimitra Dimeck
 Mr. & Mrs. George & Barbara Doukas
 Mr. & Mrs. Dean & Asimina Fournaris
 Mr. & Mrs. Howard & Peggy Frampton
 Mr. & Mrs. Stefanos & Angeliki Frangos
 Mrs. Angeliki Galanos
 Mr. & Mrs. John & Maria Geralis
 Mr. & Mrs. John & Katherine Giouvalakis
 Mr. & Mrs. Peter & Patty Hionas
 Mr. & Mrs. Yiannis & Mariana Hoimes
 Mr. & Mrs. Robert & Demetria Kaczinski
 Mrs. Eleni Kalfakis
 Mr. & Mrs. George Kallas and Candi Rienzie
 Dr. Polly Kanganis
 Mr. & Mrs. Stavros & Evangelia Karakatsanis
 Ms. Agapi Karapistolis
 Mr. & Mrs. Zachary & Audra Katsamanis
 Mrs. Despina Katsaros
 Dr. & Mrs. Nicholas & Betty Kleopoulos
 Mr. & Mrs. John & Maria Kokinakis
 Mr. & Mrs. George & Kalliope Kokolakis
 Mr. & Mrs. Michael & Irini Kontonikolas
 Mr. George Kontovrakis
 Col. Peter Kostakis
 Dr. & Mrs. Edmund & Kalliope LaGamma
 Mr. & Mrs. Emmanuel & Cynthia Lilimpakis
 Mr. & Mrs. Stavros & Deanna Lilimpakis
 Mrs. Dimitra Malachias
 Mrs. Kalliopi Mamouzelos
 Mr. & Mrs. Christos & Mary Manolakis
 Mr. & Mrs. Nicholas & Olga Manolis
 Mr. Nick Marcantonatos
 Mr. & Mrs. Theodore & Athena Mattas
 Mr. & Mrs. Kirk & Michelle Mehalakes
 Mr. Geracimo Moraitis
 Mr. & Mrs. Peter & Stephani Morfogen
 Mr. & Mrs. Clarence & Katie Morris
 Mrs. Maria Moschouris
 Mr. Michael Moschouris
 Mr. Demetrius Moutsiakis
 Mrs. Rose Mouzakes
 Mr. & Mrs. Richard & Sylvia Mouzakes
 Mr. & Mrs. Bruno & Theodora Nacinovich
 Fr. & Pres. Louis & Tammy Nicholas
 Mr. & Mrs. Eric & Carla Olzinski

Mrs. Eugenia Pagonis
 Mr. & Mrs. Chris & Joanne Pallas
 Mrs. Venus Pastis
 Mr. & Mrs. Ioannis & Lemonia Politis
 Mr. & Mrs. Loizos & Eleftheria Prodromou
 Mr. & Mrs. Christos & Marisa Raptis
 Mr. Constantine Rizopoulos
 Mr. & Mrs. Chris & Maria Rodolico
 Mr. & Mrs. Robert & Marianna Savoca
 Mr. & Mrs. Steve & Voula Signorile
 Mr. & Mrs. Philip & Stacey Siokas
 Mr. & Mrs. William & Kathianne Snaden
 Mr. & Mrs. Leonidas & Karen Spanos
 Mr. & Mrs. Gerasimos & Pauline Spathis
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 Mr. & Mrs. Peter & Marianna Tsakonas
 Mr. Peter Tsantes
 Mrs. Virginia Tsitsovich
 Mr. Louis Tsunis
 Mr. & Mrs. Chris & Nancy Varthalamis
 Mrs. Kiriaki Volakis
 Mr. & Mrs. George & Antonia Voulgarakis
 Mr. & Mrs. Konstantinos & Effene Xikis
 Mrs. Stella Zachary
 Dr. & Mrs. Andrew & Rosalee Zeniou
 Mr. & Mrs. Christos & Haido Ziongas
 Mr. & Mrs. Stavros & Theresa Zisis
 Mr. & Mrs. Ioannis & Mary Zoumas



IF YOU PLEDGE NOW

- You can fulfill your pledge over the next 12 months.
- A monthly payment will be easier to manage.
- You can pledge on the Church website: www.kimisis.org/donate
- You can make recurring payments on the Church website via PayPal.

<u>Stewardship as of</u> <u>December 31, 2021</u>	<u>Stewardship as of</u> <u>March 13, 2022</u>	<u>2022 Stewardship Goal</u>
238 Stewards	96 Stewards	300 Stewards
\$36.37/Month - Average	\$44.41/Month - Average	\$50/Month - Average
Collected - \$103,875	Pledged - \$51,160	Total Pledged - \$150,000

STEWARDSHIP

The Stewardship Committee has been working very hard to increase the Stewardship of our church. In order for us to be successful, your assistance is needed.

We become members of the Greek Orthodox Church when we receive the Sacrament of Holy Baptism. We become Stewards when we meet our financial commitment through monetary contributions, individual talents, and by volunteering.

In the beginning of 2021, the Stewardship Committee set a goal to reach 250 Stewards with approximately \$100,000 in pledges.

A campaign to showcase our church and its many ministries, events, and all we have to offer began. This was done by distributing and mailing over 500 Stewardship packets to past, present, and potential new Stewards. Emails and a video were distributed to our community explaining Stewardship and how important it is to be an active Steward of our church. We finished the 2021 year with 238 stewards, just 12 people shy of our goal of 250.

We appreciate all who became Stewards for 2021. We hope that you continue to be a Steward for 2022, along with your family and friends. We urge you to fill out and send in your annual Stewardship pledge card. We invite you to attend our church services, join our many ministries, and contribute your talents to our various committees, thereby becoming an active Steward.

Our goal for 2022 is to reach 300 stewards by the end of December. With faith and assistance, I am certain that we can reach this goal.

With appreciation and love,

The Stewardship Committee of the Assumption

BOOKSTORE SALE

The Bookstore now has great Holy Week items for sale such as: Mastiha, Mahlepi, Red Easter Egg Dye, Lentils, Olive Oil, Honey, Vyssino, and an array of other wonderful Lenten & Greek products!

HOLY WEEK BOOKS ARE ALSO AVAILABLE!!!!

GOLDEN AGE GROUP

The Golden Age Group meets twice every month on Thursdays. There is always a delicious meal, amazing friends, and a fun time for everyone.

MEETING DATES

Thursday, March 24th - 12pm

Thursday, April 14th - 12pm

Thursday, March 28th - 12pm

Thursday, May 12th - 12pm

Thursday, March 26th - 12pm



Golden Age Group Christmas Party

Gus Xikis, Antonios Kagiros (VP), and Nick Ladeas (President) prepare the prime rib for the Golden Age Group Christmas party.



2022 Oratorical Festival

Congratulations!

Junior Division Winner - Emmanuel Katsamanis

Senior Division Winner - Jeffrey Smith

FASOLADA LUNCHEON!



SPONSORED BY AHEPA CHAPTER 319 | PORT JEFFERSON

PLEASE JOIN US
SUNDAY MARCH 27TH
FOR A DELICIOUS
LENTEN LUNCH!
LAGANES, OLIVES
LENTEN PASTRIES
TARAMOSALATA!



COMPLEMENTARY TO ALL! DONATIONS ARE ALWAYS WELCOME!
PROCEEDS TO SUPPORT THE WORK OF AHEPA CHAPTER 319
THANK YOU AND GOD BLESS EVERYONE

CALLING ALL YOUTH AGES 7-18!



**Greek Orthodox
Archdiocesan District Olympics**

May 27th - 29th

**At Suffolk Community College
(Brentwood Campus)**

The GOYA and JOY Ministries of GOCA Port Jefferson

invite all of the youth in our community to
represent our church for the annual Direct
Archdiocesan Olympics.

Register at: www.goado.com

If you have any questions, please contact:

For GOYA contact Linda @ 631-816-1604

For JOY contact Spidi @ 631-681-3757

PORT JEFF GOYA

**SAVE THE
DATE!**

**SATURDAY
OCTOBER 22, 2022**

**STAND-UP
Comedy
NIGHT**

COCKTAILS & DANCING TOO!

FEATURING

**GUS
CONSTANTELLIS**

"GREEK MOM"

**DJ KON
PAPADAS**

**LOCATION: 430 SHEEP PASTURE ROAD, PORT JEFFERSON
DETAILS COMING SOON!**

GOYA Memorial Luminaries Fundraiser

Honor the memory of your loved ones with a
Luminary displayed in the breezeway of our church
on GOOD FRIDAY Cost: \$10 each

Order deadline: Palm Sunday 4/17

Please visit our church website www.kimisis.org
for order form and for more information

ORDER FORMS
can also be found by candles in Narthex
and in foyer of our community center





Children Ages 6 Months to 4 Years Old

Tuition: \$10 - Still Enrolling!!!!

Advisors/Teachers:

Lisa Theofilia DelBorrello, Maria Rodolico,
Anastasia Rondo, and Nicole Iasilli

**MEETS DURING SUNDAY SCHOOL
COMMUNITY CENTER CLASSROOM**

10:00 am to 11:00 am

Children may receive Communion with Sunday School.



Learn all the traditional dances!

In the past, our children danced at various church events, Parathosi and at our annual Greek festival wearing traditional Greek costumes!

Call the office & sign up:

631-473-0894!

Dance Teacher:

Katerina Lioudakis

Advisor Needed!



REGISTRATION ONGOING

For Children Ages 5 - 12

Participation Fee: \$10

Advisors: Spyridoula Kontis, Jessica Athanasiou,
Danielle Hatzipetros

When: Twice a month.
Wednesdays from 6pm-7pm.

Where: Community Center

Some events may include:

- Rec. Night - kickball, basketball, soccer, etc.
- Crafts - tie dyeing, holiday crafts, baking, etc.
- Holiday Parties - Halloween, Friendsgiving, Valentine's Day, Christmas, etc.
- Tradition & Faith - making prosforo, tree decorating, Greek dancing, etc.



Save the Date
August 25th-28th

The community of the Greek Orthodox Church of the Assumption, Port Jefferson, would like to thank all our loyal supporters and volunteers for making our annual festival so successful.

See you all in August!

CHOIR CORNER

Often in winter, things fade and seem “dead”. Spring appears and things “come alive”. Such is life in choir. Our small ministry needs more singers. Our songbird, Joanna Rigas, has gone South to enjoy the warmth for a few weeks. She will return in early April to be with us, God willing, for Easter.

In this Centennial year for the Archdiocese, there are so many events that the choir can attend during the celebration in New York City this July. The National Forum Conference will be held during the same period of time. It would be wonderful to have a contingent to go with. We usually double or triple up in a room to save money and help each other in preparation for the day, evening social events, and transportation.

Please feel free to join us on Sundays and ask about attending the Centennial Celebrations as part of the Choir.



DAD FEDERATION

On January 22, 2022, the new Board of Directors was sworn in by His Eminence. Our District Church Musicians are now under the direction of Costas Tsourakis, the Principal Director of the Holy Trinity Cathedral Choir, NYC. His Vice President is Michael Janaros Cofield, Director of the Annunciation Church Choir in NYC.

Our new Youth Choir Liaison is Alyson Spina, a professional vocalist and also attached to the Cathedral Choir in NYC. There are amazing opportunities to sing during the Centennial Celebration of the Archdiocese. There will be many meetings and social events connected to this celebration, taking place over a number of days during the first week of July.

Scholarships are available to anyone pursuing music in secondary education. Please see me for more information.

Peggy Stilianos - Choir Director



GOADO SCHOLARSHIP



The Greek Orthodox Archdiocesan District Olympics is now offering a scholarship.

Requirements are:

- ☐ A baptized Greek Orthodox Christian
- ☐ An active member of your GOYA program
- ☐ Participated in the Greek Orthodox Archdiocesan District Olympics for a minimum of 4 years, including this year
- ☐ Currently enrolled as a high school senior
- ☐ Maintained a 3.0 or B Cumulative High School GPA or higher
- ☐ Expect to attend an accredited college or university in the coming school year

***All recipients acknowledge that they must submit proof that they will be attending college during the Fall semester i.e. a transcript or a receipt from the Bursar's office. Due no later than September 15th scholarship year.*

For more information or to fill out the application, go to:

www.goado.com

Click on the [“Scholarship”](#) tab
Deadline: April 25, 2022

10 REASONS to bring your child to Sunday School

While sleeping late can be nice, have you considered the benefits of Sunday School attendance for your child? Here are 10 reasons to make it a priority in your family:

- 1. Age -Targeted Teaching:** Where else can your kids get Biblical instruction that is focused toward their developmental abilities?
- 2. Friends:** Your child will build positive friendships with their peers by discovering God's Word together.
- 3. It's Fun:** We may not be Disneyland, but our teachers do work hard to teach the Bible in ways that are relevant and fun for kids.
- 4. Spiritual Mentors:** A dedicated teacher can be a Christian role model who supports you and helps inspire faith in your child.
- 5. Systematic Bible Learning:** Our curriculum is designed to give a broad foundation, so children will understand how all the parts of Scripture point to Christ.
- 6. Praying Teachers:** Our teachers consistently pray for your child's faith to grow. Coming to Sunday School gives another occasion for God to answer those requests.
- 7. Big Reward for a Small Investment:** If you're already coming to church, just come a little earlier. That one change will equal over 800 hours of additional Christian teaching before your child graduates.
- 8. Send the Right Message:** Making Sunday School a priority shows your kids that God's Word really does matter more than pillow-time.
- 9. Adult Bible Fellowship:** While the children enjoy their class, you can fellowship with other adults in your own Bible study group.
- 10. You'll Be On Time:** Families who come to Sunday School always get to worship on time. It's the easiest way to avoid being late.

Contact:

Dimitra Dimeck dimitradimeck@optonline.net or
Jean Xikis exikis@gmail.com



HOSTED BY PORT JEFF GOYA
in our Community Center

SATURDAY, MARCH 26th, 10am - 4pm
Grades 7-12

MORE INFO TO FOLLOW!

IV On-the-Go expands the mission of Ionian Village beyond the summer experience to give the young people of our parishes a taste of our unique and interactive approach to youth ministry.

Ionian Village has always been a travel program. While we can't possibly transport the entire country of Greece, we can travel with our enthusiasm, our energy, our expertise, and our innovative ideas to bring the Ionian Village experience to as many young people as possible.

IV On-the-Go participants experience a fun, exciting retreat, run by former and current members of the Ionian Village Staff and Administration Team. Just like at camp, participants encounter our Orthodox faith in an up-close and personal and unforgettable **ONE DAY RETREAT**. This is the classic "Day at Camp" experience.

The day begins with Orthros and continues into program sessions that include IV's signature Arts & Crafts, Music & Greek Culture, Festivities, and, of course, Orthodox Life, the centerpiece of the Ionian Village program.

Each OL session will offer participants the opportunity to dialogue and share with the group, as opposed to a more catechetical approach.

THE SUNDAY SCHOOL OF THE ASSUMPTION

INVITES ALL THE CHILDREN OF THE ASSUMPTION COMMUNITY TO ATTEND:

THE ANNUAL SATURDAY OF LAZARUS BREAKFAST & EASTER EGG HUNT

DATE: SATURDAY, APRIL 16, 2022

TIME: IMMEDIATELY FOLLOWING THE DIVINE LITURGY

PLACE: COMMUNITY CENTER

BREAKFAST, GAMES, RAFFLES & LANTERN SALES

DONATIONS APPRECIATED: O.J., CRANBERRY JUICE, APPLE JUICE, NON-DAIRY CREAMER, WATER, MILK, 3 LARGE TRAYS OF FRESH FRUIT SALAD, JELL-O, OREOS, ANY NON-DAIRY TREATS.

PLEASE ASSIST US IN PLANNING ACCORDINGLY & R.S.V.P. TO:

DIMITRA DIMECK @ 451-0570

EMAIL: DIMITRADIMECK@OPTONLINE.NET

OR JEAN XIKIS @ 732-7976

EMAIL: EXIKIS@GMAIL.COM

*PLEASE INDICATE THE NUMBER OF CHILDREN & THE NUMBER OF
ADULTS THAT WILL BE ATTENDING.*

Don't forget your baskets!

Palm Sunday Fish Luncheon

Sunday, April 17, 2022



Please Join your Fellow Parishioners in a Luncheon after the Divine Liturgy in the Community Center.

Menu includes: Bakal iaro with Rice, vegetables, Taramosal ata, Skordalia, salad and desserts.

CHILDREN'S MENU: GLUTEN FREE PASTA

Adults: \$25.00/Children 10+: \$10.00/Children 9 & under: Free

RSVP BY APRIL 5TH TO:

Janet Trohalaki (631) 905 9989 or
by email : philoptochospjny@gmail.com

Raffle Prizes and 50/50 drawing.

"WALK IN'S" MAY NOT BE ABLE TO BE ACCOMMODATED AT THE LUNCHEON!

Great Lent Services Ακολουθίες των Νηστειών

SUN	MON	TUE	WED	THUR	FRI	SAT
<u>March 20th</u> St. Gregory Palamas Orthros - 8:30am Divine Liturgy 10am <u>20 Μαρτίου</u> Του Αγίου Παλαμά Όρθρος 8.30πμ Θεία Λειτουργία 10πμ			<u>March 23rd</u> Pre-Sanctified Liturgy 6pm <u>23 Μαρτίου</u> Προηγιασμένη 6μμ		<u>March 25th</u> Annunciation Orthros - 9am Divine Liturgy 10am <i>Salutations 7pm</i> <u>25 Μαρτίου</u> Ευαγγελισμός Όρθρος 9πμ Θεία Λειτουργία 10πμ Χαιρετισμοί 7μμ	
<u>March 27th</u> Holy Cross Orthros - 8:30am Divine Liturgy 9:45am <u>27 Μαρτίου</u> Του Τιμίου Σταυρού Όρθρος 8.30πμ Θεία Λειτουργία 10πμ			<u>March 30th</u> Pre-Sanctified Liturgy 10pm <u>30 Μαρτίου</u> Προηγιασμένη 10πμ		<u>April 1st</u> Salutations 7pm <u>1 Απριλίου</u> Χαιρετισμοί 7μμ	
<u>April 3rd</u> St. John Climacus Orthros - 8:30am Divine Liturgy 10am <u>3 Απριλίου</u> Του Αγίου Ιωάννου της Κλίμακος Όρθρος 8.30πμ Θεία Λειτουργία 10πμ			<u>April 6th</u> Pre-Sanctified Liturgy 6pm <u>6 Απριλίου</u> Προηγιασμένη 6μμ		<u>April 8th</u> Akathyst Hymn 7pm <u>8 Απριλίου</u> Ακάθιστος Ύμνος 7μμ	
<u>April 10th</u> Mary of Egypt Orthros - 8:30am Divine Liturgy 10am <u>10 Απριλίου</u> Μαρία της Αιγύπτου Όρθρος 8.30πμ Θεία Λειτουργία 10πμ			<u>April 13th</u> Pre-Sanctified Liturgy 10pm <u>13 Απριλίου</u> Προηγιασμένη 10πμ			<u>April 16th</u> Lazarus Saturday Orthros 9am Divine Liturgy 10am <u>16 Απριλίου</u> Του Αγίου Λαζάρου Όρθρος 9πμ Θεία Λειτουργία 10πμ



LENT & HOLY WEEK FLOWER DONATIONS

During the season of Great Lent, it is a tradition to decorate the iconography of the Church with flowers. If you would like to make a donation to decorate an Icon, please call the Church office at 631-473-0894.

ICON LIST

Salutations Icon (4) - \$100 Each
 St. Gregory Palamas - \$75
 Holy Cross Icon - \$75
 Daffodils - \$200
 St. John Climacus - \$75
 St. Mary of Egypt - \$75
 The Annunciation - \$100
 Saturday of Lazarus - \$75

Palm Sunday (2) - \$75 Each
 Nymphios - \$100
 St. Kassiani - \$75
 Last Supper - \$75
 Crucifixion Icon - \$75
 Apokathelosis Icon - \$75
 Empty Cross - \$100
 Large Wreath - \$200

Small Wreath (2) - \$100 Each
 Epitaphios Icon - \$75
 Resurrection Icon - \$100
 Palms (4 bales) - \$200

HOLY WEEK INFORMATION

PLEASE COOPERATE

During Holy Week, as the week progresses, our Church fills with more and more of the faithful. Fr. Lou and the Parish Council respectfully ask that, in the interest of courtesy and safety, you follow any and all instructions that are asked of you.

We have come together in this sacred space, during this sacred time, to worship our Lord and Savior Jesus Christ, and to celebrate His glorious Resurrection and our own salvation.

Please cooperate and may the Lord, our God, fill your hearts, minds, and spirits with joy and peace.

Kalo Pascha!

HOLY WEDNESDAY READERS

Fr. Lou is looking for young people ages 12 - 18 to read during the Holy Unction Service. They can read in Greek or in English. Seven readers are needed. The service begins at 3pm. Readers should arrive at the church by 2:30pm.

MYROFORES

The Myrofores will be participating in the church services on Palm Sunday and Good Friday evening. This year, as in the past, we would like to have girls from 2nd grade to 6th grade for the Church. Please contact Jean Xikis at: 631-732-7976

AGAPE VESPERS READERS

One of the most beautiful traditions of our Church takes place on Easter Sunday morning at the Agape Vespers. It is the only service in the Church where the laypeople can read the Gospel of the Day, which is read in several different languages.

If you would like to be a reader for that day, please contact Fr. Lou.

PHILOPTOCHOS

The Philoptochos is looking for volunteers for Holy Thursday to dye Easter eggs and help decorate the Epitaphio. If you are interested please contact Janet Troholaki at : (631) 905 9989 or by email: philoptochospjny@gmail.com.

Please arrive by 9:30am.

HOLY WEEK SERVICES Ακολουθίες της Μεγάλης Εβδομάδας

SUN	MON	TUES	WED	THUR	FRI	SAT	SUN
25 Palm Sunday Orthros 8:30am Divine Liturgy 10am Nymphios Service 7pm	26 Nymphios Service 7pm	27 Nymphios Service 7pm	28 Holy Unction 3pm Holy Unction 7:30pm	29 St. Basil Liturgy Divine Liturgy 6am 12 Gospels 7pm	30 Royal Hours 9am Apokathelosis 3pm Epitaphios Service 7pm	1 Proti Anastasi Divine Liturgy 10am Resurrection Service 11pm	2 Paschal Liturgy 12am Agape Vespers 11am

Κυρά Σαρακοστή – Lady Lent

Lady Lent is an old Greek tradition that is held in various parts of Greece, during the Easter period. She comes in the form of a small paper drawing or baked dough and she serves the purpose of an advent calendar, counting down the seven weeks of Lent that lead to Easter.

Her arms are permanently folded in prayer, and the cross on her forehead is a constant reminder of her faith. She has no mouth indicating that she can't eat due to fasting and has seven legs, one for each week of Lent. Every week, starting with the first Saturday of Lent, one of her legs is cut, marking down the weeks to Holy Easter.

In some regions of Greece, the tradition is to hide the last leg inside the Resurrection (Easter) bread. The lucky one who finds this last leg belonging to Kyra Sarakosti is considered blessed.

In other regions of Greece, the seventh leg may be hidden away inside fruit, such as figs, in fruit trees, or fruit bowls.



Lady Lent

Kyra Sarakosti, no mouth has she,
she neither speaks nor eats.

She has no ears, she does not hear
gossip or use idle speech.

Upon her chest, her crossed hands rest,
all day Christ she entreats.

And seven feet, no more, no less,
has she to count the weeks.

Each Saturday we cut away
one of her seven feet.

The last we hide some lace inside
some fruit, or nuts, or treats.

The one who finds «Το τυχερό»
receives good luck in heaps!

Κύρα Σαρακοστή

Created by 1st Grade teacher Amy Vinieris and Greek School students

ASSUMPTION GREEK SCHOOL

GREEK INDEPENDENCE DAY CELEBRATION

Tuesday, March 29th - 5:30pm






















*GET READY FOR EASTER BY PURCHASING YOUR LAMBADES
FROM OUR GREEK SCHOOL PTO.*

PURCHASE BY SUNDAY, APRIL 24TH.

LOOK FOR OUR DISPLAY DURING AND AFTER CHURCH!

Consecration Gifts

					
Chalice Set \$1,000.00	Chalice Veils \$500.00 x 5	Gospel Book \$2,500.00	Altar Candles \$1,000.00	Vigil Lamp \$1,000.00	Censers \$500.00 x 2
					
Candelabra \$500.00	Candlesticks \$500.00 x 2	Gospel Stand \$500.00	Ripidia Stand \$500.00	Crucifix Stand \$500.00	Katzion \$500.00
					
Bishop's Tray \$1,000.00	Blessing Cross \$500.00	Altar Chairs \$250.00 x 6	Altar Table Rug Set \$500.00	Side Table Rug \$300.00 x 2	Censer Stand \$500.00
					
Votive Candle Stand \$500.00 x 4	Holy Week Icon Stand \$500.00	Holy Week Icon \$1,000.00	Holy Week Icon \$1,000.00	Holy Water Font \$1,000.00	Sprinkler \$500.00 x 2
			<p><u>Consecration Gifts</u></p> <p>In the same way we offer new clothing and other gifts to a child when they are baptized, it is our tradition that we offer new items for the Church for the consecration. Please see Fr. Lou if you would like to donate one of the above. items</p>		
Zeon Pitcher \$500.00	Small Ceremonial Table \$500.00 x 2	Large Ceremonial Table \$1,000.00 x 2			

Greek Orthodox Church of the Assumption
430 Sheep Pasture Road, Port Jefferson, NY 11777
Phone: (631) 473-0894 / Fax: (631) 926-5131

THE CONSECRATION OF OUR BELOVED CHURCH

MAY 6-8th, 2022



Celebrating the Consecration of our Byzantine Church
Banquet Honoree Father Demetrios Calogredes

COMMEMORATIVE JOURNAL ADS FOR 8.5 x 11 JOURNAL

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| <input type="checkbox"/> Business Card \$25 | <input type="checkbox"/> Parish Friends \$10 (family name mentioned) |

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* THANK YOU FOR SUPPORTING OUR CHURCH *

Enclosed is my payment in the amount of \$_____.

All checks are to be made out to: GOCOA (Memo: Journal)

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Name: _____ Phone: _____

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Name of Authorized Person: _____

Journal Contact: Marisa Raptis * Any questions email @ marisasmith111@yahoo.com.

Dear Parishioners:

“For I was hungry, and you gave me something to eat, I was thirsty and you gave me something to drink, I was a stranger and you invited me in...” Mathew 25:35

I am writing to let you know about a new ministry that we are beginning here at our church. The name of the ministry is *Agape Meals for Kids*.

The concept is simple. For many students here on Long Island, school lunch on Friday is the last meal that they will receive until Monday morning when they return to school. That would be 68 hours of hunger for a child to experience over the weekend every weekend. *Agape Meals for Kids* will give our parish community an opportunity to come together to address some of that urgent need.

We will be delivering food bags containing 7 meals in non-perishable, kid-friendly, easy-to-open packaging to a participating school district with a particularly high need. These bags will be discreetly distributed by the school staff to those children who have been identified as at risk of weekend hunger and have opted into the ministry program.

Currently we have committed to providing weekend meals to 150 children consistently each week throughout the school year starting on Friday, December 3rd, 2021. We truly believe that this program can be a most rewarding community outreach. We must all become involved by donating food, money to purchase food, sponsoring a child for the school year and by volunteering to pack up the bags and deliver the bags on Friday mornings to the school district we are partnering with.

Let us all come together to show God's love and a glimpse of hope to hungry children and that our church is a place of Faith, Love and Hope.

For information on how to volunteer or contribute, please call Irene Michalos at 631-474-8063 (Home) or 631-245-2569 (Cell).

God Bless You,

Irene Michalos

When purchasing food for *Agape Meals for Kids*, look for easy to prepare (only add water), easy to heat (microwave or toaster), non-perishable, single-serve food items that are healthy choices, nutritional items that have a long shelf-life, and do not require refrigeration.

Please, no glass

See list of suggestions below:

BREAKFAST	LUNCH & DINNER	SNACKS
Single-serve cereals Granola bars Instant oatmeal Cereal bars Low-fat milk cartons (individual, non-refrigerated servings) OR dry-powdered milk (individual packets); individual almond milk cartons Carnation instant breakfast packets	Single-serve tuna Canned chicken Chef Boyardee meals Hormel Compleats meals Easy Mac-n'-Cheese Single-serve pasta Microwaveable rice meals Canned chili Dinty Moore beef-stew Ramen noodles Canned vegetables (corn, string beans, peas, etc.) Canned vegetables (corn, string beans, peas, etc.) Peanut Butter/SunButter/Plastic squeezable jelly Instant mashed potatoes	Applesauce Fruit cups in 100% juice Non-refrigerated pudding cups Single-serve goldfish crackers Single-serve snack cookies Microwavable popcorn Belvita biscuits 100% juice boxes Individual pretzels Individual cheese & crackers Raisins

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**Commack Office**

69 Veterans Memorial, Suite 1

Commack, NY

631-462-2033

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Board Certified-Foot SurgeryDiplomate, American Board of Podiatric
Orthopedics and Primary Podiatric Medicine
Board Certified in Foot Orthopedics**East Setauket Office**

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Contact the Church Office for advertisement details!*



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