



# Greek Orthodox Church of the Assumption

## Office Hours

Mon.-Fri.: 10:00 a.m.-4:00 p.m.

## Phone

631-473-0894

## Fax

631-928-5131

## EMAIL

[goc.assumption@gmail.com](mailto:goc.assumption@gmail.com)

## WEBSITE

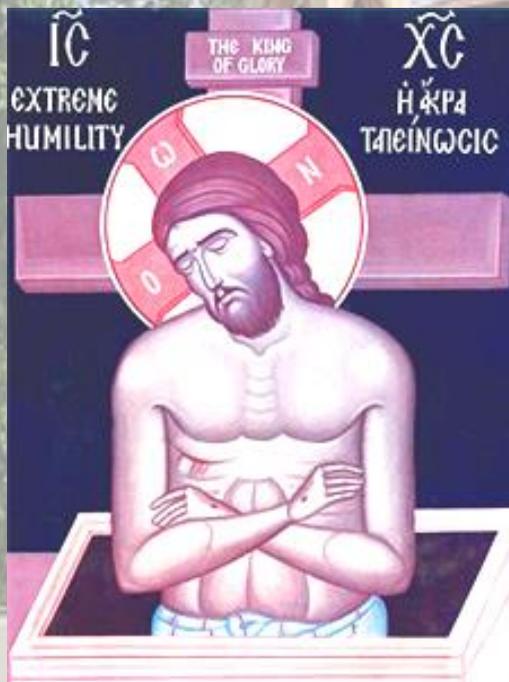
[www.kimisis.org](http://www.kimisis.org)

## WELCOME TO OUR COMMUNITY

We are blessed by God that you have chosen to worship with us today. Whether you are a member of our spiritual family, or just visiting, it is our hope that your time here will bring you many blessings from God.

### ΚΑΛΩΣ ΗΡΘΑΤΕ ΣΤΗΝ ΚΟΙΝΟΤΗΤΑ ΜΑΣ

Είμαστε ευλογημένοι από τον Θεό που επιλέξατε να προσκυνήσετε μαζί μας σήμερα. Είτε είστε μέλος της πνευματικής μας οικογένειας είτε απλά επισκέπτεστε, ελπίζουμε ότι ο χρόνος σας εδώ θα σας φέρει πολλές ευλογίες από τον Θεό.



### The Lenten Prayer of St. Ephraim The Syrian

O Lord and Master of my life.

Take from me the spirit of sloth, faint-heartedness,  
lust of power, and idle talk.

But give rather the spirit of chastity, humility, patience,  
and love to thy servant.

Yea, Lord and King!

Grant me to see my own errors and not to judge my brother,  
for Thou art blessed unto ages of ages, Amen.

### Η Προσευχή Του Αγίου Εφραίμ

Κύριε καὶ Δέσποτα τῆς ζωῆς μου πνεῦμα ἀργίας  
περιεργείας, φιλαρχίας, καὶ ἀργολογίας μὴ μοι δῶς

Πνεῦμα δὲ σωφροσύνης, ταπεινοφροσύνης, ὑπομονῆς  
καὶ ἀγάπης χάρισαί μοι τῷ Σῶ δούλω.

Ναί, Κύριε Βασιλεῦ, δώρησαί μοι τοῦ ὁρᾶν τὰ ἑμα πταίσματα  
καὶ μὴ κατακρίνειν τὸν ἀδελφόν μου, ὅτι εὐλογητὸς  
εἶ εἰς τοὺς αἰῶνας τῶν αἰῶνων. Ἀμήν

**March 22, 2026**  
**St. John Climacus**  
**Κυριακή Δ' τῶν Νηστειῶν**

*\*The deadline to submit an item for the Church bulletin is each Thursday at 3pm. Only Parish-related items please.\**

**Greek Orthodox Church of the Assumption**  
430 Sheep Pasture Rd., Port Jefferson, NY 11777

REV. ECONOMOS ELIAS (LOU) NICHOLAS - PROESTAMENOS  
CELL#: 631-703-5795 + EMAIL: FRLouisNicholas@Gmail.com

**PARISH COUNCIL OFFICERS**

George Voulgarakis ~ *President*  
Pano Kabanakis ~ *1st Vice President*  
Bobby Batuyios ~ *2nd Vice President*  
Saranto Calamas ~ *1st Treasurer*  
Dr. Monica Apostol ~ *2nd Treasurer*  
Audra Katsamanis ~ *Recording Secretary*  
Stamatina Boulier ~ *Corresponding Secretary*



**PARISH COUNCIL MEMBERS**

Michael Capous, Dr. John Damaskos,  
Stavros Karakatsanis, Costa Katsapis, Ted Mattas,  
Geracimo Moraitis, Kristina Papadopoulos,  
George Portelos, Yianna Tassiopoulos,  
Laura Tsunis, Loui Tsunis

**CHURCH STAFF**

Amy Vinieris - Church Secretary  
Theodore Bacalakis - Psaltis  
Peggy Stilianos - Choir Director

**Upcoming Sacraments**

4/18, 12pm - Baptism - Petkanas  
4/18, 4pm - Wedding - Mylonas

**No weddings allowed from 2/23 - 4/12**

**Saints of the Day**

St. Basil the Holy Martyr of Ancyra.

**Άγιοι της Ημέρας**

Τοῦ Ἁγίου Ἱερομάρτυρος Βασιλείου,  
Πρεσβυτέρου τῆς Ἀγκυρανῶν  
Ἐκκλησίας

**CHURCH ETIQUETTE**

1. Silence your phones
2. Do not enter the main church while the bible is being read.
3. Remain standing during communion.
4. Remain silent during communion.

**Pangari Duty - 3/22**

George Voulgarakis  
Laura Tsunis  
Dr. Monica Apostol  
Dr. John Damaskos  
Yianna Tassiopoulos  
George Portelos  
Loui Tsunis

**Επίτροποι- 3/22**

Γιώργος Βουλγαράκης  
Λώρα Τσούνη  
Δρ. Μόνικα Αποστόλ  
Δρ. Γιάννης Δαμάσκος  
Γιάννα Τασιοπούλου  
Γιώργος Πορτέλος

**Pangari Duty - 3/29**

Geracimo Moraitis  
Ted Mattas  
Stavros Karakatsanis  
Stamatina Boulier  
Kristina Papadopoulos  
Panos Kabanakis

**Επίτροποι- 3/29**

Γεράσιμος Μωραΐτης  
Θεόδωρος Μάττας  
Σταύρος Καρκατσάνης  
Σταματίνα Μπουλιέ  
Χριστίνα Παπαδοπούλου  
Πάνος Καμπανιάκης

**Assumption Church**



March 26th

**12:00pm**

**Memorials**

Simon Hionas - 6 months  
Kyriaki Mitsos - 3 years

**Μνημόσυνα**

Συμεών Χιονάς - 6 μήνες  
Κυριακή Μίτσου - 3 χρόνια

## Εισοδικά

### Ἀπολυτίκιον Ἀναστάσιμον

Ἐξ ὕψους κατήλθες ὁ Εὐσπλαγγνος, ταφήν  
κατεδέξω τριήμερον, ἵνα ἡμᾶς ἐλευθερώσης  
τῶν παθῶν. Ἡ ζωὴ καὶ ἡ ἀνάστασις ἡμῶν,  
Κύριε δόξα σοι.

### Τοῦ Ὁσίου

Ταῖς τῶν δακρῶν σου ῥοαῖς, τῆς ἐρήμου  
τὸ ἄγονον ἐγεώργησας, καὶ τοῖς ἐκ βάθους  
στεναγμοῖς, εἰς ἑκατὸν τοὺς πόνους  
ἐκαρποφόρησας, καὶ γέγονας φωστήρ, τῆ  
οἰκουμένη λάμπων τοῖς θαύμασιν, Ἰωάννη  
Πατὴρ ἡμῶν ὅσιε, πρέσβευε Χριστῷ τῷ  
Θεῷ, σωθῆναι τὰς ψυχὰς ἡμῶν.

### Για Τὰ Μνημόσυνα

Μνήσθητι Κύριε ως αγαθός των δούλων  
σου και ὅσα εν βίῳ ἡμαρτων συγχώρησον,  
οὐδεὶς γὰρ αναμάρτητος εἰ μη Σὺ ο  
δυνάμενος και τοις μεταστάσοι δούναι την  
ανάπαυσιν.

### Τοῦ Ναοῦ

Ἐν τῇ Γεννήσει, τὴν παρθενίαν ἐφύλαξας.  
Ἐν τῇ Κοιμήσει, τὸν κόσμον οὐ κατέλιπες  
Θεοτόκε. Μετέστης πρὸς τὴν ζωὴν, Μήτηρ  
ὑπάρχουσα τῆς ζωῆς, καὶ ταῖς πρεσβείαις  
ταῖς σαῖς λυτρουμένη, ἐκ θανάτου τὰς  
ψυχὰς ἡμῶν

### Κοντάκιον

Τῆ ὑπερμάχῳ στρατηγῷ τὰ νικητήρια, Ὡς  
λυτρωθεῖσα τῶν δεινῶν εὐχαριστήρια,  
Ἀναγράφω σοι ἡ Πόλις σου Θεοτόκε. Ἄλλ'  
ὡς ἔχουσα τὸ κράτος ἀπροσμάχητον, Ἐκ  
παντοίων με κινδύνων ἐλευθέρωσον, Ἵνα  
κράζω σοι· Χαῖρε νύμφη ἀνύμφευτε.

## Entrance Hymns

### Resurrectional Apolytikion

You descended from on high, O compassion-  
ate One, and consented to a threeday burial,  
to free us from the passions. O Lord, our life  
and resurrection, glory to You!

### For the Devout Man

With the rivers of your tears you made the  
barren desert bloom; and with your sighs  
from deep within, you made your labors bear  
their fruits a hundredfold; and you became a  
star, illuminating the world by your miracles,  
O John, our devout father. Intercede with  
Christ our God, for the salvation of our souls

### For The Memorials

Keep Thy servant in remembrance, O Lord,  
since Thou art good; and do Thou forgive  
every sin in this life; for no man is without  
sin, except for Thee Who art able to grant  
rest even unto those who have departed  
hence.

### Apolytikion of the Parish

In birth, you preserved your virginity; in  
death, you did not abandon the world, O  
Theotokos. As mother of life, you departed  
to the source of life, delivering our souls  
from death by your intercessions.

### Kontakion

O Champion General, I your City now in-  
scribe to you Triumphant anthems as the to-  
kens of my gratitude, Being rescued from the  
terrors, O Theotokos. Inasmuch as you have  
power unassailable, From all kinds of perils  
free me, so that unto you I may cry aloud:  
Rejoice, O unwedded Bride.

## Ο ΑΠΟΣΤΟΛΟΣ

Εβρ. 6:13 – 20

Ἀδελφοί, τῷ Ἀβραάμ  
ἐπαγγειλάμενος ὁ Θεός, ἐπεὶ κατ'  
οὐδενὸς εἶχε μείζονος ὁμόσαι,  
ᾧ μοσε καθ' ἑαυτοῦ, λέγων· ἢ μὴν  
εὐλογῶν εὐλογήσω σε καὶ πληθύνων  
πληθυνῶ σε· καὶ οὕτω  
μακροθυμήσας ἐπέτυχε τῆς  
ἐπαγγελίας. ἄνθρωποι μὲν γὰρ κατὰ  
τοῦ μείζονος ὁμνύουσι, καὶ πάσης  
αὐτοῖς ἀντιλογίας πέρας εἰς  
βεβαίωσιν ὁ ὄρκος· ἐν ᾧ  
περισσότερον βουλόμενος ὁ Θεὸς  
ἐπιδειῖται τοῖς κληρονόμοις τῆς  
ἐπαγγελίας τὸ ἀμετάθετον τῆς  
βουλῆς αὐτοῦ, ἐμεσίτευσεν ὄρκῳ,  
ἵνα διὰ δύο πραγμάτων ἀμεταθέτων,  
ἐν οἷς ἀδύνατον ψεύσασθαι Θεόν,  
ἰσχυρὰν παράκλησιν ἔχωμεν οἱ  
καταφυγόντες κρατῆσαι τῆς  
προκειμένης ἐλπίδος· ἦν ὡς ἄγκυραν  
ἔχομεν τῆς ψυχῆς ἀσφαλῆ τε καὶ  
βεβαίαν καὶ εἰσερχομένην εἰς τὸ  
ἐσώτερον τοῦ καταπετάσματος, ὅπου  
πρόδρομος ὑπὲρ ἡμῶν εἰσῆλθεν  
Ἰησοῦς, κατὰ τὴν τάξιν Μελχισεδεκ  
ἀρχιερεὺς γενόμενος εἰς τὸν αἰῶνα.

## THE EPISTLE

Heb. 6:13 – 20

Brethren, when God made a promise to Abraham, since he had no one greater by whom to swear, he swore to himself, saying, “Surely I will bless you and multiply you.” And thus Abraham, having patiently endured, obtained the promise. Men indeed swear by a greater than themselves, and in all their disputes an oath is final for confirmation. So when God desired to show more convincingly to the heirs of the promise the unchangeable character of his purpose, he interposed with an oath, so that through two unchangeable things, in which it is impossible that God should prove false, we who have fled for refuge might have strong encouragement to seize the hope set before us. We have this as a sure and steadfast anchor of the soul, a hope that enters into the inner shrine behind the curtain, where Jesus has gone as a forerunner on our behalf, having become a high priest for ever after the order of Melchizedek.

## ΤΟ ΕΥΑΓΓΕΛΙΟΝ

Μάρκ. 9:17 – 31

Τῷ καιρῷ ἐκείνῳ, ἄνθρωπος τις προσῆλθε τῷ Ἰησοῦ γονυπετῶν αὐτῷ καὶ λέγων· διδάσκαλε, ἤνεγκα τὸν υἱόν μου πρὸς σε, ἔχοντα πνεῦμα ἄλαλον. καὶ ὅπου ἂν αὐτὸν καταλάβῃ, ῥήσσει αὐτόν, καὶ ἀφρίζει καὶ τρίζει τοὺς ὀδόντας αὐτοῦ, καὶ ξηραίνεται· καὶ εἶπον τοῖς μαθηταῖς σου ἵνα αὐτὸ ἐκβάλωσι, καὶ οὐκ ἴσχυσαν. ὁ δὲ ἀποκριθεὶς αὐτῷ λέγει· ὦ γενεὰ ἄπιστος, ἕως πότε πρὸς ὑμᾶς ἔσομαι; ἕως πότε ἀνέξομαι ὑμῶν; φέρετε αὐτὸν πρὸς με. καὶ ἤνεγκαν αὐτὸν πρὸς αὐτόν. καὶ ἰδὼν αὐτὸν εὐθέως τὸ πνεῦμα ἐσπάραξεν αὐτόν, καὶ πεσὼν ἐπὶ τῆς γῆς ἐκυλίετο ἀφρίζων. καὶ ἐπηρώτησε τὸν πατέρα αὐτοῦ· πόσος χρόνος ἐστὶν ὡς τοῦτο γέγονεν αὐτῷ; ὁ δὲ εἶπε· παιδιόθεν. καὶ πολλάκις αὐτόν καὶ εἰς πῦρ ἔβαλε καὶ εἰς ὕδατα, ἵνα ἀπολέσῃ αὐτόν· ἀλλ' εἶ τι δύνασαι, βοήθησον ἡμῖν σπλαγχνισθεὶς ἐφ' ἡμᾶς. ὁ δὲ Ἰησοῦς εἶπεν αὐτῷ τὸ εἰ δύνασαι πιστεῦσαι, πάντα δυνατὰ τῷ πιστεύοντι. καὶ εὐθέως κράζας ὁ πατὴρ τοῦ παιδίου μετὰ δακρῶν ἔλεγε· πιστεύω, κύριε· βοήθει μου τῇ ἀπιστίᾳ. ἰδὼν δὲ ὁ Ἰησοῦς ὅτι ἐπισυντρέχει ὄχλος, ἐπετίμησε τῷ πνεύματι τῷ ἀκαθάρτῳ λέγων αὐτῷ· τὸ πνεῦμα τὸ ἄλαλον καὶ κωφόν, ἐγὼ σοι ἐπιτάσσω, ἔξελθε ἐξ αὐτοῦ καὶ μηκέτι εἰσέλθῃς εἰς αὐτόν. καὶ κράζαν καὶ πολλὰ σπαράζαν αὐτόν ἐξῆλθε, καὶ ἐγένετο ὡσεὶ νεκρός, ὥστε πολλοὺς λέγειν ὅτι ἀπέθανεν. ὁ δὲ Ἰησοῦς κρατήσας αὐτόν τῆς χειρὸς ἤγειρεν αὐτόν, καὶ ἀνέστη. Καὶ εἰσελθόντα αὐτόν εἰς οἶκον οἱ μαθηταὶ αὐτοῦ ἐπερώτων αὐτόν κατ' ἰδίαν, ὅτι ἡμεῖς οὐκ ἠδυνήθημεν ἐμβαλεῖν αὐτό. καὶ εἶπεν αὐτοῖς· τοῦτο τὸ γένος ἐν οὐδενὶ δύναται ἐξελθεῖν εἰ μὴ ἐν προσευχῇ καὶ νηστείᾳ. Καὶ ἐκεῖθεν ἐξελθόντες παρεπορεύοντο διὰ τῆς Γαλιλαίας, καὶ οὐκ ἤθελεν ἵνα τις γινῶ· ἐδίδασκε γὰρ τοὺς μαθητὰς αὐτοῦ καὶ ἔλεγεν αὐτοῖς ὅτι ὁ υἱὸς τοῦ ἀνθρώπου παραδίδοται εἰς χεῖρας ἀνθρώπων, καὶ ἀποκτενοῦσιν αὐτόν, καὶ ἀποικτανθεὶς τῇ τρίτῃ ἡμέρᾳ ἀναστήσεται.

## THE GOSPEL

Mk. 9:17 – 31

At that time, a man came to Jesus kneeling and saying: “Teacher, I brought my son to you, for he has a dumb spirit; and wherever it seizes him it dashes him down; and he foams and grinds his teeth and becomes rigid; and I asked your disciples to cast it out, and they were not able.” And he answered them, “O faithless generation, how long am I to be with you? How long am I to bear with you? Bring him to me.” And they brought the boy to him; and when the spirit saw him, immediately it convulsed the boy, and he fell on the ground and rolled about, foaming at the mouth. And Jesus asked his father, “How long has he had this?” And he said, “From childhood. And it has often cast him into the fire and into the water, to destroy him; but if you can do anything, have pity on us and help us.” And Jesus said to him, “If you can! All things are possible to him who believes.” Immediately the father of the child cried out and said, “I believe; help my unbelief!” And when Jesus saw that a crowd came running together, he rebuked the unclean spirit, saying to it, “You dumb and deaf spirit, I command you, come out of him, and never enter him again.” And after crying out and convulsing him terribly, it came out, and the boy was like a corpse; so that most of them said, “He is dead.” But Jesus took him by the hand and lifted him up, and he arose. And when he had entered the house, his disciples asked him privately, “Why could we not cast it out?” And he said to them, “This kind cannot be driven out by anything but prayer and fasting.” They went on from there and passed through Galilee. And he would not have any one know it; for he was teaching his disciples, saying to them, “The Son of man will be delivered into the hands of men, and they will kill him; and when he is killed, after three days he will rise.”

## Stewardship List as of March 22, 2026

Miss Florence Adamis  
 Miss Irene Adamis  
 Mr. & Mrs. Gregory & Sophie Alexiades  
 Mr. & Mrs. Steven & Julia Anaxagorou  
 Mr. & Dr. Cristian & Monica Apostol  
 Mr. & Mrs. Ricardo & Maria Aranguren  
 Mr. & Mrs. Nicholas & Jasmine Arettines  
 Mr. & Mrs. Nikolaos & Maria Aroniadis  
 Ms. Eleni Augoustiniatos  
 Mr. 7 Mrs. Robert & Linda Batuyios  
 Mrs. Claire Batuyios  
 Erica and Sophia Benzing  
 Mr. & Mrs. Michael & Sophia Brandon  
 Mr. & Mrs. Saranto & Phillipa Calamas  
 Fr. Demetrios Calogredes  
 Mr. Steven Calogredes  
 Mr. 7 Mrs. Michael & Irene Capous  
 Ms. Anna Chatzithomas  
 Mrs. Janis Christ  
 Ms. Irene Christodlous  
 Drs. Gus & Eileen Constantouris  
 Miss Irene Contogianes  
 Mr. & Mrs. Anthony & Niki Couliandis  
 Drs. John & Marilyn Damaskos  
 Mr. & Mrs. Pelops & Marilyn Damianos  
 Mr. & Mrs. Sal & Elaine DeIGigante  
 Mr. & Mrs. Socrates & Marina Demertzis  
 Mrs. Violet Dimeck  
 Mr. & Mrs. George & Barbara Doukas  
 Mr. & Mrs. Andrew & Sotiria Everett  
 Dr. Evangelos Fishon  
 Mr. & Mrs. Georgios & Despoina Floriadis  
 Mr. & Mrs. Dean & Asimina Fournaris  
 Mr. & Mrs. James & Jennifer Foy  
 Mr. & Mrs. Howard & Peggy Frampton  
 Miss Kalliopi Gasparis  
 Mr. & Mrs. Miltiadis & Maria Gasparis  
 Mr. & Mrs. John & Anna Giannisis  
 Mr. John Hanges  
 Dr. & Mrs. Christos & Kathleen Ioannou  
 Mr. & Mrs. Stavros & Evangelia Karakatsanis  
 Ms. Kristina Karouzakis  
 Mr. & Mrs. Nelsy & Pamale Karouzakis-Herrera  
 Mr. & Mrs. Zachary & Audra Katsamanis  
 Miss Vicki & Miss Kathryn Katsaros  
 Mr. & Mrs. Nick and Eleni Katsifarakis  
 Mr. & Mrs. Konstantino & Eleni Katsis  
 Mr. & Mrs. John & Maria Kokinakis  
 Mr. & Mrs. George and Cally Kokolakis  
 Mr. & Mrs. George & Donna Marie Konomos  
 Ms. Atahansia & Miss Spyridoula Kontis  
 Mr. & Mrs. Michael & Irini Kontonicolas  
 Mr. Emanuel Kostakos  
 Mr. & Mrs. Edmund & Kalliope LaGamma  
 Mr. Michael Louca

Ms. Christina Lubrano  
 Mr. & Mrs. Kyle & Christina Lubrano-Feldman  
 Mr. & Mrs. Harold & Andrea Luke  
 Mr. Demetre Lyras  
 Mr. & Mrs. Greg & Anastasia Lyras-Kelly  
 Ms. Kalliopi Mamouzelos  
 Mr. Antonios Mamouzelos  
 Mr. & Mrs. Nicholas & Olga Manolis  
 Mr. Nick Marcantonatos  
 Mr. & Mrs. Theodore & Athena Mattas  
 Mr. & Mrs. Kirk & Michelle Mehelakes  
 Mr. Geracimos Moraitis  
 Mr. & Mrs. Clarence & Katie Morris  
 Ms. Maria Moschouris  
 Mr. Michael Moschouris  
 Dr. Demetriuas Moutsiakis  
 Mr. & Mrs. Richard & Sylvia Mouzakes  
 Fr. & Pres. Louis & Tammy Nicholas  
 Ms. Eugenia Pagonis  
 Mr. & Mrs. Chris & Joanne Pallas  
 Mr. & Mrs. John & Jane Paraskevas  
 Mr. & Mrs. Kris & Ritsa Perinuzzi  
 Mr. & Mrs. Spiridon & Christina Prakas  
 Mr. & Mrs. Panayotis & Maria Pырpyris  
 Mr. & Mrs. Christos & Marisa Raptis  
 Mr. & Mrs. John & Paraskevi Rontiris  
 The Savoca-Verrios Family  
 Mr. & Mrs. Michael & Linda Selvaggio  
 Ms. Irene Skevofilax  
 Mr. & Mrs. Leonidas & Karen Spanos  
 Mr. 7 Mrs. Raymond & Effie Speyer  
 Mr. & Mrs. Frank & Maria Szaty  
 Mr. & Mrs. Napoleon & Sophia Stamatatos  
 Dr. & Mrs. Apostolos & Yianna Tassiopoulos  
 Ms. Catherine Tassoulas  
 Mr. Peter Tsantes  
 Ms. Varvara Tsantes  
 Mr. & Mrs. James & Marie Tsivitis  
 Mr. & Mrs. Konstantinos & Margaret Tsourakis  
 Mr. & Mrs. John & Laura Tsunis  
 Mr. Louis Tsunis  
 Mr. & Mrs. Spiros & Marcy Tzanatatos  
 Mr. & Mrs. Chris & Nancy Varthalamis  
 Mr. & Mrs. George & Antonia Voulgarakis  
 Miss Kimberly Winton  
 Mr. & Mrs. Konstantinos & Effene Xikis  
 Mrs. Stella Zachary  
 Mr. & Mrs. Charalampos & Polikseni Zervos  
 Ms. Eleana Zodiatis  
 Mr. & Mrs. William & Stamatia Zoumas

### Stewardship Dec. 31, 2025

220 Stewards  
 \$40.36/Month - Average  
 Collected- \$106,574

### Stewardship March 22, 2026

93 Stewards  
 \$48.50 Month - Average  
 Pledged- \$54,125

### 2026 Stewardship Goal

300 Stewards  
 \$50/Month - Average  
 Total Pledged - \$180,000



*"How good and pleasant it is when God's people live together in unity!" Psalm 133:1*

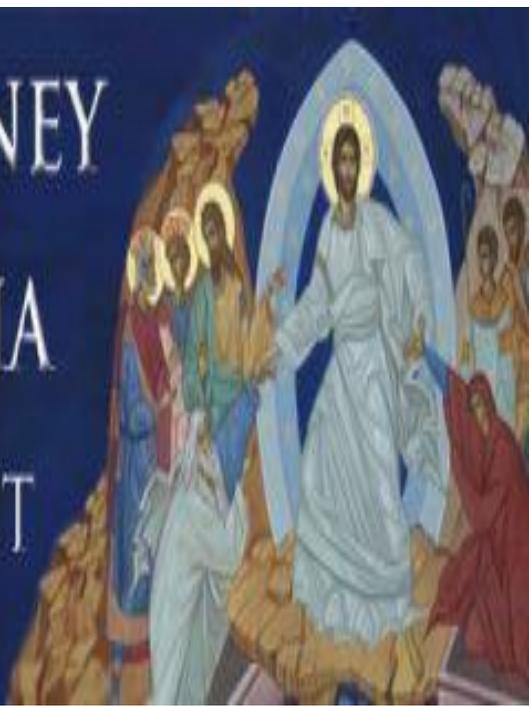
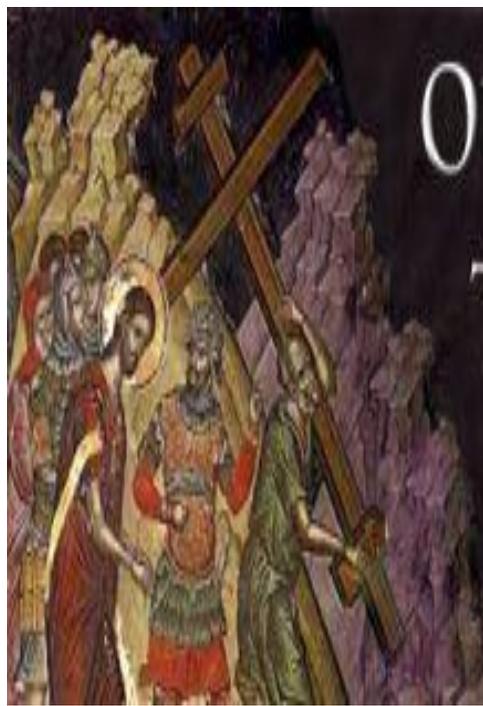
# COME JOIN US!



# STEWARDSHIP MINISTRY



# OUR JOURNEY TO PASCHA GREAT LENT



## Sundays in Great Lent



Sunday of the Ladder  
Sunday, March 22nd  
Orthros - 9am  
Divine Liturgy - 10am

Practice Fasting  
If you haven't begun fasting, it's not too late to start.



St. Mary of Egypt  
Sunday, April 29th  
Orthros - 9am  
Divine Liturgy - 10am

Practice Humility  
To be humble means to be silent & obedient.



Palm Sunday  
Sunday, April 5th  
Orthros - 9am  
Divine Liturgy - 10am

Holy Week Begins  
Continue your prayer and fasting to prepare for Easter.

## Weekday Lenten Services

Small Compline  
Monday, March 23rd  
6pm  
+ + +

Annunciation  
Wednesday, March 25th  
9am  
+ + +

Pre-Sanctified Liturgy  
Wednesday, April 25th  
6pm  
+ + +

Akathist Hymn  
Friday, April 27th  
6pm

### HOLY WEDNESDAY READERS

Fr. Lou is looking for young people ages 12 - 18 to read during the Holy Unction Service. They can read in Greek or in English. Seven readers are needed for the afternoon service which will begin at 3pm.

Please call the Church office. 631-473-0894

### MYROFORES

The Myrofores will be participating in the church services on Palm Sunday and Good Friday evening. This year, as in the past, we would like to have girls from 2nd grade to 6th grade be Myrofores.

Please contact Jean Xikis at: 631-732-7976

### AGAPE SERVICE READERS

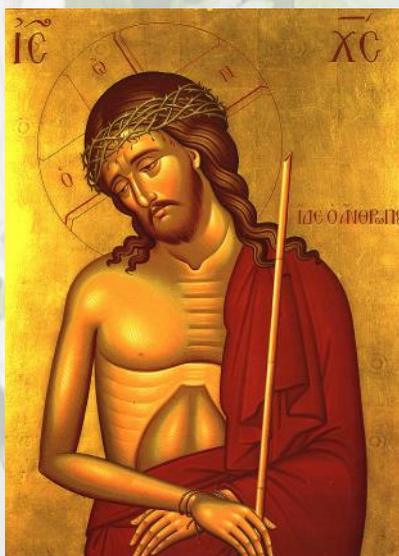
One of the most beautiful traditions of our Church takes place on Easter Sunday morning at the Agape Vespers. It is the only service in the Church where the laypeople can read the Gospel of the Day, which is read in several different languages.

If you would like to be a reader for that day, please contact Fr. Lou.

# LENT & HOLY WEEK FLOWER DONATIONS

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During the season of Great Lent, it is a tradition to decorate the iconography of the Church with flowers. If you would like to make a donation to decorate an Icon, please call the Church office at 631-473-0894.



## ICON LIST

Salutations Icon (5)-\$150 Each  
St. Gregory Palamas - \$100  
Holy Cross Icon - \$100  
Daffodils - \$200  
St. John Climacus - \$100  
St. Mary of Egypt - \$100  
The Annunciation - \$125

Saturday of Lazarus - \$100  
Palm Sunday (2) - \$100 Each  
Nymphios - \$125  
St. Kassiani - \$100  
Last Supper - \$100  
Crucifixion Icon - \$100  
Apokathelosis Icon - \$100

Large Wreath - \$250  
Small Wreath (2) - \$125 Each  
Epitaphios Icon - \$100  
Myrofores - \$100  
Resurrection Icon - \$150  
Palms (4 bales) - \$200

# Lenten Collection for Women's Shelter

From Sunday of Orthodoxy 3/1 to Palm Sunday 4/5

## NEEDED ITEMS

- Baby wipes
- Underwear, bras, socks
- Razors
- Deodorant
- Crib sheets
- Diapers (size 4-6 at this time)
- Towels
- Bedding (twin size)
- New toddler clothing (ages 2 and up)
- Bottles/sippy cups
- Baby nail clippers
- Baby brushes
- Baby silverware
- Feminine products
- Laundry detergent
- Paper supplies
- Dish soap and cleaning supplies
- New and gently used junior clothing

## ALWAYS ACCEPTED

- Food Items
- New junior clothing especially socks, undies, bras

## CANNOT ACCEPT

- Used plush toys
- Most used toys
- Used women's clothing

organized by

**THE LADIES PHILOPTOCHOS SOCIETY**

*During Lent, we embrace the spirit of giving – sharing not just our possessions, but our hope, strength, and compassion with those rebuilding their lives*

## HOW TO DONATE

Purchase any of these items and drop off in our **COLLECTION BOX** located in the breezeway of our church

**MONETARY DONATIONS** towards the purchase of needed items are gratefully accepted by check or Venmo: @GOCALADIESPHILOPTOCHOS-SOCIETY

TO SUPPORT

Mercy Center Ministries, Patchogue NY

[www.mercycenterministries.org](http://www.mercycenterministries.org)



**2026 Schedule: Meets most Sundays in Classroom or as Follows:**

**January 11, 2026** – Family Sunday – Attend Liturgy including Sermonette in Church/No Class

**February 1, 2026** - Family Sunday – Attend Liturgy including Sermonette in Church/No Class

**March 1, 2026** - Family Sunday – Attend Liturgy including Sermonette in Church/No Class

**April 5, 2026** - Family Sunday – Attend Liturgy including Sermonette in Church/No Class

**May 3, 2026** - Family Sunday – Attend Liturgy including Sermonette in Church/No Class

**June 2026** – TBA

(Schedule is subject to change)

**For information, please contact us by calling or emailing the Church office:**

**430 Sheep Pasture Road, Port Jefferson, NY 11777**

**Tel: 631 473 0894**

**Fax: 631 928 5131**

**Email: [goc.assumption@gmail.com](mailto:goc.assumption@gmail.com)**

# Blood Drive

***“Be a hero this is Lent!”***

**Greek Orthodox Church  
of the Assumption**

*Organized by GOYA*

**Sunday, March 29<sup>th</sup>**

**9:00am – 3:00pm**

**430 Sheep Pasture Road**

**Port Jefferson**

**Appointments preferred**

**call 1-800-933-2566 or visit [www.nybc.org](http://www.nybc.org)**

For any further questions please contact Jennifer 516-310-2382

Medical Questions call 1-800-688-0900

## Prepare to donate



Eat well  
and hydrate



Bring a  
photo ID



Feel good and  
symptom free



Meet minimum  
weight requirements



**Must be 17-75**  
- 16 with parental  
permission form  
- 76+ with written  
physician consent

Visit [nybc.org/eligibility](http://nybc.org/eligibility)  
for complete donation guidelines.



COMPLIMENTARY

# FASOLADA

## Luncheon

SUNDAY, MARCH 29, 2026



Following Divine Liturgy , please join GOYA in the  
Community Center for fellowship and a Lenten  
Fasolada Luncheon

**ALL ARE WELCOME!**



THE SUNDAY SCHOOL INVITES YOU TO JOIN US

For our Saturday of  
Lazarus  
**Egg Hunt**

**BREAKFAST - PIÑATA'S  
50/50 RAFFLE  
EASTER LANTERNS FOR SALE AND  
OTHER SPRING ITEMS**

**SATURDAY APRIL 4, 2026**  
**AFTER THE DIVINE LITURGY**  
**IN THE COMMUNITY  
CENTER**

**FOOD DONATIONS ARE WELCOMED**

Any questions please email us at  
[GOCASundayschool@Gmail.com](mailto:GOCASundayschool@Gmail.com)



Ladies Philoptochos Annual

# PALM SUNDAY LUNCHEON



*Join us for a Palm Sunday luncheon after the service as we come together in faith and fellowship.*

Sunday, April 5th-12pm

\$30pp - Cod Fish

Children Pasta - \$10

Children under 5 - Free



*"LET YOUR LIGHT SHINE BEFORE OTHERS." MATTHEW 5:16*



***SUPPORT THE PJ GREEK SCHOOL  
BY PURCHASING YOUR LAMBADES  
FROM OUR GREEK SCHOOL PTO.***

***(PRICE \$25 EACH OR 2 FOR \$40)***

***LOOK FOR OUR DISPLAY ON SUNDAYS  
AFTER CHURCH AND ON TUESDAYS  
DURING GREEK SCHOOL!***

CHURCH OF THE ASSUMPTION

# GOOD FRIDAY YOUTH RETREAT

*"THE EMPTY TOMB: WHY DID CHRIST HAVE TO DIE"*

## 4.10.26

**PRESCHOOL -5<sup>TH</sup> GRADE: 2-3PM**

**6<sup>TH</sup> -12<sup>TH</sup> GRADES: 11-3PM**

*CRAFT/PRAYER/MUSIC/BIBLE*

*JEOPARDY/CHURCH PROJECTS/LIGHT LUNCH*

RETREAT WILL CONCLUDE WITH THE APOKATHELOSIS (UNNAILING) OF THE CROSS  
ALL FAMILIES ARE ENCOURAGED TO STAY FOR THIS MOST SOLEMN AND SACRED SERVICE

PLEASE RSVP WITH CHURCH OFFICE 631-473-0894





# GREEK PARADE

**SUNDAY  
APRIL 26, 2026  
1:30 PM**

*Celebrating  
205/250th Anniversary*



*1821 Greek Struggle for Independence  
1776 Declaration of American Independence*



©Dimitrios Panagos Photo

**FIFTH AVENUE • NEW YORK CITY • 64<sup>TH</sup> TO 79<sup>TH</sup> STREET**

**FEDERATION OF HELLENIC SOCIETIES OF GREATER NEW YORK**

22-51 29th Street, Astoria, NY 11105 • 718.204.6500

✉ [nyhellenicsocieties@gmail.com](mailto:nyhellenicsocieties@gmail.com)



[www.nycgreekparade.org](http://www.nycgreekparade.org)



@FederationNY



@NYGreekParade



**REGISTER ONLINE**

**AHEPA Chapter 319  
of Port Jefferson  
Proudly Presents**



# **BINGO NIGHT FUNDRAISER**

Buy-In Donation \$50.00 for entry and initial Bingo Cards.  
Admission Includes Desserts, Coffee, Drinks & Hors D'oeuvres



Event Chairman: Sam Zubalake  
📞 631-793-9587  
📧 @ahepa319  
📧 ahepapj@gmail.com



Reserved seating is recommended along with pre pay.....  
Call for reservations.....Limited to the first 75 players, so register early!

**◇ SATURDAY, APRIL 18TH ◇  
DOORS OPEN 3PM**



**The Greek Church  
430 Sheep Pasture Road,  
Port Jefferson, NY 11777**





# AHEPA CHAPTER 319 of Port Jefferson, NY.



**PROUDLY PRESENTS**

# TEXAS HOLD'EM

## TOURNAMENT • FUNDRAISER

Buy -In Donation: \$150.00 (5,000 Chips)

# SATURDAY, APRIL 18<sup>th</sup>

LOCATION:

## GREEK ORTHODOX CHURCH

430 SHEEP PASTURE ROAD, PORT JEFFERSON, NY. 11777

VISIT OUR WEBSITE: [AHEPA319.ORG](http://AHEPA319.ORG) | CONTACT: 631-793-9587

### Unlimited \$100 Re-Buy

5,000 Chips for 1<sup>st</sup> Hour and is allowed only when a player falls below 1,000 chips at the table. A one-time add-on will be available at the One-Hour mark.

Food and  
Drinks Served.  
Registration: 6PM  
Tournament  
Starts: 7PM

### PRE-PAY METHODS:

Mail your check to:  
AHEPA Chapter 319  
430 Sheep Pasture Rd.  
Port Jefferson, NY. 11777  
Venmo: @Ahepapj 319  
Zelle: [ahpapj@gmail.com](mailto:ahpapj@gmail.com)  
Scan QR Code above

Limited to  
50 players, so  
pre-pay to  
guarantee a  
seat!

**BONUS!**  
Pre-pay by  
April 10, 2026  
get an extra  
2,000 chips!



## AHEPA Port Jefferson Chapter 319's **BOBBY GEMELAS SCHOLARSHIP**

### ESSAY THEME:

*"Immigrant stories from Greece or Cyprus: Adapting to Life in America"*

*Interview Greek immigrants or first-generation Greek Americans and document their journey to the United States!*

**\$1,000 SCHOLARSHIPS FOR 3 WINNERS!**

- ★ SBU Hellenic Studies Student
- ★ GOCA College Student
- ★ GOCA High School Student

**WHEN:** SBU students: May 10 | All GOCA students: May 24

**WHERE:** Greek Orthodox Church of the Assumption,  
430 Sheep Pasture Rd, Port Jefferson, NY



### HOW TO APPLY:

#### FOR SBU STUDENTS:

Contact Your Faculty

#### FOR GOCA STUDENTS:

- ◆ Contact: John Hanges
- ◆ 631-774-8165
- ◆ [AhepaPJ@gmail.com](mailto:AhepaPJ@gmail.com)

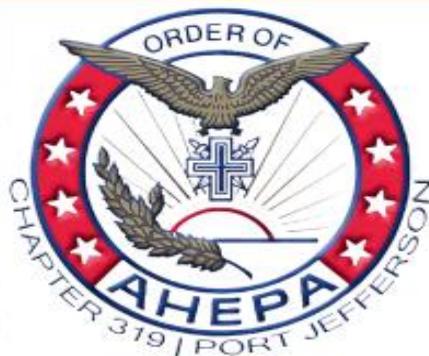
### OUR SPONSORS

*SPONSORS: If you would like to be a sponsor or make a donation, please contact John Hanges at 631-774-8165 or [ahepaPJ@gmail.com](mailto:ahepaPJ@gmail.com)*

# JOIN THE ORDER OF AHEPA

Promote Hellenism  
Preserve our culture  
Give back through  
volunteerism

**Scan the Qr code below  
to get started**



Contact:  
[AHEPAPJ@gmail.com](mailto:AHEPAPJ@gmail.com)  
727-424-0652  
[www.ahepa319.org](http://www.ahepa319.org)



**48th ANNUAL GREEK ORTHODOX ARCHDIOCESAN DISTRICT OLYMPICS**

# JOIN THE ASSUMPTION 2026 JOY & GOYA TEAMS!



**GIRLS AND BOYS AGES 7-18**

**MAY 22-24 Memorial Day Weekend**

**SUFFOLK COMMUNITY COLLEGE BRENTWOOD**

**SCAN QR CODE TO REGISTER and PAY**

New participants must download pdf copy of baptismal certificate



istockphoto.com | 11014020



**What are the events?**

**JOY Events:**

Soccer  
Kickball  
Basketball:  
free throws  
around the world  
3v3

Track:  
50m dash  
4x50m shuttle  
4x100m shuttle

Field:  
softball throw  
standing long jump

Swimming:  
25m freestyle  
4x25m relay

Board games:  
chess  
checkers  
backgammon  
nok-hockey  
table tennis

**GOYA Events:**

Soccer  
Softball  
Volleyball  
Basketball:  
free throws  
3v3

Track:  
50m dash  
200m dash  
400m dash  
800m run  
1500m run  
4x200m relay  
5k

Field:  
shotput  
softball throw  
long jump  
high jump  
Swimming:  
50m freestyle  
100m freestyle  
100m relay  
Board games:  
chess  
checkers  
table tennis  
backgammon

**EARLY BIRD REGISTRATION ENDS MARCH 15TH**

**PRACTICES WILL BEGIN IN MAY-All skill levels welcome**

**FOR GENERAL INFO and TO REGISTER GO TO:**

**[WWW.GOADO.COM](http://WWW.GOADO.COM)**

and for questions please email:

JOY age: [kkoullias@yahoo.com](mailto:kkoullias@yahoo.com)

GOYA ages: [portjeffgoya@gmail.com](mailto:portjeffgoya@gmail.com)



# March/April 2026

**SUN**

**MON**

**TUES**

**WED**

**THU**

**FRI**

**SAT**

22 St. John Climacus Orthros 9am Divine Liturgy 10am Little Angels 10am Sunday School 10am Book Store 12pm GOYA Volleyball 1pm	23 Small Compline 6pm  Men's Basketball 8pm	24  Greek School 5pm	25 Annunciation Orthros 9am Divine Liturgy 10am  Pre-Sanctified Liturgy 6pm  GOYA 7pm	26  Golden Age Group 12pm  Badminton 7pm	27  Akathyst Hymn 6pm	28
29 St. Mary of Egypt Orthros 9am Divine Liturgy 10am Little Angels 10am Sunday School 10am Book Store 12pm GOYA Volleyball 1pm	30  Men's Basketball 8pm	31  Greek School 5pm	1  GOYA 7pm	2  Badminton 7pm	3	4 Saturday of Lazarus Orthros 9am Divine Liturgy 10am  Easter Egg Hunt 12pm  Folding of Palms 1pm
5 Palm Sunday Orthros 9am Divine Liturgy 10am Palm Sunday Luncheon 12pm  Bridegroom Service 6pm	6  Bridegroom Service 6pm	7  Bridegroom Service 6pm	8  Holy Unction 3pm  Bridegroom Service 6pm	9  St. Basil Liturgy 6am  12 Gospels 6pm	10 Royal Hours 10am Youth Retreat 11am Apokathelosis 3pm Epitaphios 7pm	11 Protianastasis Orthros 9am Divine Liturgy 10am  Easter Vigil 11pm  Paschal Liturgy 12am
12 Agape Vespers 11am No Communion	13  Men's Basketball 8pm	14  Greek School 5pm  Parish Council Meeting 7pm	15  GOYA 7pm	16  Badminton 7pm	17	18

**Memorials, Artoclasies, etc.**

Please call the Church office to schedule a memorial service, Artoclasia service, or a Fanouropita blessing.

**Memorial Coffee Hours**

To reserve a coffee hour, please contact our Philoptochos President, Evangelia Karakatsanis at 631-974-3333.

**Church Appointments**

If you need to plan an event (Baptism, Wedding, etc.), please call the Church office at 631-473-0894.

**Baby Blessings**

If you wish to schedule an 8-day baby naming blessing in your home or a 40-day blessing, please contact the Church office.