



# Greek Orthodox Church of the Assumption

## Office Hours

Mon.-Fri.: 10:00 a.m.-4:00 p.m.

## Phone

631-473-0894

## Fax

631-928-5131

## EMAIL

[goc.assumption@gmail.com](mailto:goc.assumption@gmail.com)

## WEBSITE

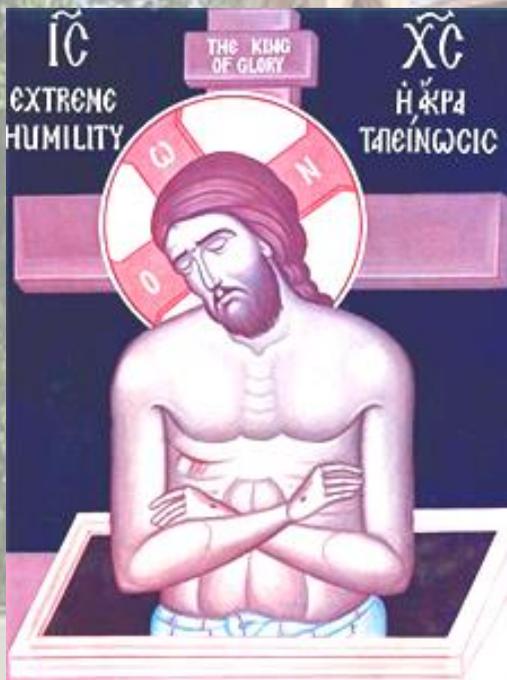
[www.kimisis.org](http://www.kimisis.org)

## WELCOME TO OUR COMMUNITY

We are blessed by God that you have chosen to worship with us today. Whether you are a member of our spiritual family, or just visiting, it is our hope that your time here will bring you many blessings from God.

### ΚΑΛΩΣ ΗΡΘΑΤΕ ΣΤΗΝ ΚΟΙΝΟΤΗΤΑ ΜΑΣ

Είμαστε ευλογημένοι από τον Θεό που επιλέξατε να προσκυνήσετε μαζί μας σήμερα. Είτε είστε μέλος της πνευματικής μας οικογένειας είτε απλά επισκέπτεστε, ελπίζουμε ότι ο χρόνος σας εδώ θα σας φέρει πολλές ευλογίες από τον Θεό.



### The Lenten Prayer of St. Ephraim The Syrian

O Lord and Master of my life.

Take from me the spirit of sloth, faint-heartedness,  
lust of power, and idle talk.

But give rather the spirit of chastity, humility, patience,  
and love to thy servant.

Yea, Lord and King!

Grant me to see my own errors and not to judge my brother,  
for Thou art blessed unto ages of ages, Amen.

### Η Προσευχή Του Αγίου Εφραίμ

Κύριε καὶ Δέσποτα τῆς ζωῆς μου πνεῦμα ἀργίας  
περιεργείας, φιλαρχίας, καὶ ἀργολογίας μὴ μοι δῶς

Πνεῦμα δὲ σωφροσύνης, ταπεινοφροσύνης, ὑπομονῆς  
καὶ ἀγάπης χάρισαί μοι τῷ Σῶ δούλῳ.

Ναί, Κύριε Βασιλεῦ, δώρησαί μοι τοῦ ὄραν τὰ ἑμα πταίσματα  
καὶ μὴ κατακρίνειν τὸν ἀδελφόν μου, ὅτι εὐλογητὸς  
εἶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν

**March 15, 2026**

**Holy Cross**

**Σταυροπροσκυνήσεως**

*\*The deadline to submit an item for the Church bulletin is each Thursday at 3pm. Only Parish-related items please.\**

**Greek Orthodox Church of the Assumption**  
430 Sheep Pasture Rd., Port Jefferson, NY 11777

REV. ECONOMOS ELIAS (LOU) NICHOLAS - PROESTAMENOS  
CELL#: 631-703-5795 + EMAIL: FRLLOUISNICHOLAS@GMAIL.COM

**PARISH COUNCIL OFFICERS**

George Voulgarakis ~ *President*  
Pano Kabanakis ~ *1st Vice President*  
Bobby Batuyios ~ *2nd Vice President*  
Saranto Calamas ~ *1st Treasurer*  
Dr. Monica Apostol ~ *2nd Treasurer*  
Audra Katsamanis ~ *Recording Secretary*  
Stamatina Boulter ~ *Corresponding Secretary*



**PARISH COUNCIL MEMBERS**

Michael Capous, Dr. John Damaskos,  
Stavros Karakatsanis, Costa Katsapis, Ted Mattas,  
Geracimo Moraitis, Kristina Papadopoulos,  
George Portelos, Yianna Tassiopoulos,  
Laura Tsunis, Loui Tsunis

**CHURCH STAFF**

Amy Vinieris - Church Secretary  
Theodore Bacalakis - Psaltis  
Peggy Stilianos - Choir Director

**Upcoming Sacraments**

4/18, 12pm - Baptism - Petkanas  
4/18, 4pm - Wedding - Mylonas

**No weddings allowed from 2/23 - 4/12**

**Saints of the Day**

St. Agapios the martyr and his companions.  
St. Manuel the new martyr

**Άγιοι της Ημέρας**

Τοῦ Ἁγίου Μάρτυρος Ἀγαπίου καί τῶν σὺν αὐτῷ. Τοῦ Ἁγίου Νεομάρτυρος Μανουήλ, τοῦ ἐκ Σφακίων.

**Assumption Church**



**Golden Age Group**

March 26th

**12:00pm**

**Memorials**

Amy Serlis - 3 years  
Andreas Constantouris - 6 years

**Μνημόσυνα**

Σμαράγδα Σερλή - 3 χρόνια  
Αντρέας Κωνσταντούρης - 6 χρόνια

**Pangari Duty - 3/15**

Bobby Batuyios  
Saranto Calamas  
Mike Capous  
Audra Katsamanis  
Costa Katsapis  
Loui Tsunis

**Επίτροποι - 3/15**

Μπάμπης Μπατούγιος  
Σαράντος Καλαμάς  
Μιχαήλ Κεϊπούς  
Μιχάελα Κατσαμάνη  
Κώστα Κατσάπης  
Λούι Τσουνής

**Pangari Duty - 3/22**

George Voulgarakis  
Laura Tsunis  
Dr. Monica Apostol  
Dr. John Damaskos  
Yianna Tassiopoulos  
George Portelos  
Loui Tsunis

**Επίτροποι - 3/22**

Γιώργος Βουλγαράκης  
Λώρα Τσουνή  
Δρ. Μόνικα Αποστόλ  
Δρ. Γιάννης Δαμάσκος  
Γιάννα Τασιοπούλου  
Γιώργος Πορτέλος

## Εισοδικά

### Ἀπολυτίκιον τῆς Ἑορτῆς

Σῶσον, Κύριε, τὸν λαόν σου, καὶ εὐλόγησον τὴν κληρονομίαν σου, νίκας τοῖς βασιλεῦσι κατὰ βαρβάρων δωρούμενος, καὶ τὸ σὸν φυλάττων, διὰ τοῦ Σταυροῦ σου πολίτευμα.

### Ἀπολυτίκιον Ἀναστάσιμον

Κατέλυσας τῷ Σταυρῷ σου τὸν θάνατον· ἠνέφξας τῷ ληστῇ τὸν Παράδεισον· τῶν Μυροφόρων τὸν θρήνον μετέβαλες, καὶ τοῖς σοῖς Ἀποστόλοις κηρύττειν ἐπέταξας, ὅτι ἀνέστης Χριστέ ὁ Θεός, παρέχων τῷ κόσμῳ τὸ μέγα ἔλεος.

### Ἀπολυτίκιον τῆς Ἑορτῆς

Σῶσον, Κύριε, τὸν λαόν σου, καὶ εὐλόγησον τὴν κληρονομίαν σου, νίκας τοῖς βασιλεῦσι κατὰ βαρβάρων δωρούμενος, καὶ τὸ σὸν φυλάττων, διὰ τοῦ Σταυροῦ σου πολίτευμα.

### Για Τὰ Μνημόσυνα

Μνήσθητι Κύριε ὡς αγαθός των δούλων σου καὶ ὅσα ἐν βίῳ ἡμαρτων συγχώρησον, οὐδεις γὰρ ἀναμάρτητος εἰ μὴ Σὺ ὁ δυνάμενος καὶ τοῖς μεταστάσοι δούναι τὴν ἀνάπαυσιν.

### Τοῦ Ναοῦ

Ἐν τῇ Γεννήσει, τὴν παρθενίαν ἐφύλαξας. Ἐν τῇ Κοιμήσει, τὸν κόσμον οὐ κατέλιπες Θεοτόκε. Μετέστης πρὸς τὴν ζωὴν, Μήτηρ ὑπάρχουσα τῆς ζωῆς, καὶ ταῖς πρεσβειαῖς ταῖς σοῖς λυτρομένη, ἐκ θανάτου τὰς ψυχὰς ἡμῶν

### Κοντάκιον

Τῇ ὑπερμάχῳ στρατηγῷ τὰ νικητήρια, Ὡς λυτρωθεῖσα τῶν δεινῶν εὐχαριστήρια, Ἀναγράφω σοι ἡ Πόλις σου Θεοτόκε. Ἄλλ' ὡς ἔχουσα τὸ κράτος ἀπροσμάχητον, Ἐκ παντοίων με κινδύνων ἐλευθέρωσον, Ἵνα κράζω σοι· Χαίρε νύμφη ἀνύμφευτε.

## Entrance Hymns

### Apolytikion of the Feast

Save, O Lord, Your people and bless Your inheritance, granting victory to the faithful over the enemy, and by Your Cross protecting Your commonwealth.

### Resurrectional Apolytikion

You destroyed death by Your Cross, You opened Paradise to the Robber. You turned the Myrrh-bearing Women's lament into joy, and You commanded Your Apostles to preach that You rose, O Christ God, granting the world the great mercy.

### Apolytikion of the Feast

Save, O Lord, Your people and bless Your inheritance, granting victory to the faithful over the enemy, and by Your Cross protecting Your commonwealth.

### For The Memorials

Keep Thy servant in remembrance, O Lord, since Thou art good; and do Thou forgive every sin in this life; for no man is without sin, except for Thee Who art able to grant rest even unto those who have departed hence.

### Apolytikion of the Parish

In birth, you preserved your virginity; in death, you did not abandon the world, O Theotokos. As mother of life, you departed to the source of life, delivering our souls from death by your intercessions.

### Kontakion

O Champion General, I your City now inscribe to you Triumphant anthems as the tokens of my gratitude, Being rescued from the terrors, O Theotokos. Inasmuch as you have power unsailable, From all kinds of perils free me, so that unto you I may cry aloud: Rejoice, O unwedded Bride.

## Ο ΑΠΟΣΤΟΛΟΣ

Εβρ. 4:14 – 16, 5:1 – 6

Ἀδελφοί, ἔχοντες ἀρχιερέα μέγαν διελυθότα τοὺς οὐρανούς, Ἰησοῦν τὸν υἱὸν τοῦ Θεοῦ, κρατῶμεν τῆς ὁμολογίας. οὐ γὰρ ἔχομεν ἀρχιερέα μὴ δυνάμενον συμπαθῆσαι ταῖς ἀσθενείαις ἡμῶν, πεπειραμένον δὲ κατὰ πάντα καθ' ὁμοιότητα χωρὶς ἁμαρτίας. προσερχώμεθα οὖν μετὰ παρηρησίας τῷ θρόνῳ τῆς χάριτος, ἵνα λάβωμεν ἔλεον καὶ χάριν εὐρωμεν εἰς εὐκαιρον βοήθειαν. Πᾶς γὰρ ἀρχιερεὺς ἐξ ἀνθρώπων λαμβανόμενος ὑπὲρ ἀνθρώπων καθίσταται τὰ πρὸς τὸν Θεόν, ἵνα προσφέρῃ δῶρά τε καὶ θυσίας ὑπὲρ ἁμαρτιῶν, μετριοπαθεῖν δυνάμενος τοῖς ἀγνοοῦσι καὶ πλανωμένοις, ἐπεὶ καὶ αὐτὸς περιίεται ἀσθένειαν· καὶ διὰ ταύτην ὀφείλει, καθὼς περὶ τοῦ λαοῦ, οὕτω καὶ περὶ ἑαυτοῦ προσφέρειν ὑπὲρ ἁμαρτιῶν. καὶ οὐχ ἑαυτῷ τις λαμβάνει τὴν τιμὴν, ἀλλὰ καλούμενος ὑπὸ τοῦ Θεοῦ, καθάπερ καὶ Ἀαρὼν. οὕτω καὶ ὁ Χριστὸς οὐχ ἑαυτὸν ἐδόξασε γεννηθῆναι ἀρχιερέα, ἀλλ' ὁ λαλήσας πρὸς αὐτόν· υἱός μου εἶ σύ, ἐγὼ σήμερον γεγέννηκά σε· καθὼς καὶ ἐν ἑτέρῳ λέγει· σὺ ἱερεὺς εἰς τὸν αἰῶνα κατὰ τὴν τάξιν Μελχισεδέκ.

## THE EPISTLE

Heb. 4:14 – 16; 5:1 – 6

Brethren, since we have a high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast our confession. For we have not a high priest who is unable to sympathize with our weaknesses, but one who in every respect has been tempted as we are, yet without sin. Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need. For every high priest chosen from among men is appointed to act on behalf of men in relation to God, to offer gifts and sacrifices for sins. He can deal gently with the ignorant and wayward, since he himself is beset with weakness. Because of this he is bound to offer sacrifice for his own sins as well as for those of the people. And one does not take the honor upon himself, but he is called by God, just as Aaron was. So also Christ did not exalt himself to be made a high priest, but was appointed by him who said to him, “You are my Son, today I have begotten you”; as he says also in another place, “You are a priest forever, according to the order of Melchizedek

## ΤΟ ΕΥΑΓΓΕΛΙΟΝ

Μάρκ. 8:34 – 9:1

Εἶπεν ὁ Κύριος· Ὅστις θέλει ὀπίσω μου ἀκολουθεῖν, ἀπαρνησάσθω ἑαυτὸν καὶ ἀράτω τὸν σταυρὸν αὐτοῦ, καὶ ἀκολουθείτω μοι. ὃς γὰρ ἂν θέλῃ τὴν ψυχὴν αὐτοῦ σῶσαι, ἀπολέσει αὐτήν· ὃς δ' ἂν ἀπολέσῃ τὴν ἑαυτοῦ ψυχὴν ἕνεκεν ἐμοῦ καὶ τοῦ εὐαγγελίου, οὗτος σώσει αὐτήν. τί γὰρ ὠφελήσει ἄνθρωπον ἐὰν κερδήσῃ τὸν κόσμον ὅλον, καὶ ζημιωθῇ τὴν ψυχὴν αὐτοῦ; ἢ τί δώσει ἄνθρωπος ἀντάλλαγμα τῆς ψυχῆς αὐτοῦ; ὃς γὰρ ἐὰν ἐπαισχυνθῇ με καὶ τοὺς ἐμοὺς λόγους ἐν τῇ γενεᾷ ταύτῃ τῇ μοιχαλίδι καὶ ἀμαρτωλῷ, καὶ ὁ υἱὸς τοῦ ἀνθρώπου ἐπαισχυνθήσεται αὐτὸν ὅταν ἔλθῃ ἐν τῇ δόξῃ τοῦ πατρὸς αὐτοῦ μετὰ τῶν ἀγγέλων τῶν ἁγίων. Καὶ ἔλεγεν αὐτοῖς· ἀμὴν λέγω ὑμῖν ὅτι εἰσὶ τινες τῶν ὧδε ἐστηκότων, οἵτινες οὐ μὴ γεύσονται θανάτου ἕως ἂν ἴδωσι τὴν βασιλείαν τοῦ Θεοῦ ἐληλυθυῖαν ἐν δυνάμει

## THE GOSPEL

Mk. 8:34 – 38; 9:1

The Lord said: “If anyone wishes to come after me, let him deny himself and take up his cross and follow me. For whoever would save his life will lose it; and whoever loses his life for my sake and the gospel’s will save it. For what does it profit a man, to gain the whole world and forfeit his life? For what can a man give in return for his life? For whoever is ashamed of me and my words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when he comes in the glory of his Father with the holy angels.” And he said to them, “Truly, I say to you, there are some standing here who will not taste death before they see the kingdom of God come with power.”

## Stewardship List as of March 15, 2026

Miss Florence Adamis  
 Miss Irene Adamis  
 Mr. & Mrs. Gregory & Sophie Alexiades  
 Mr. & Mrs. Steven & Julia Anaxagorou  
 Mr. & Dr. Cristian & Monica Apostol  
 Mr. & Mrs. Ricardo & Maria Aranguren  
 Mr. & Mrs. Nicholas & Jasmine Arettines  
 Mr. & Mrs. Nikolaos & Maria Aroniadis  
 Ms. Eleni Augoustiniatos  
 Mr. 7 Mrs. Robert & Linda Batuyios  
 Mrs. Claire Batuyios  
 Erica and Sophia Benzing  
 Mr. & Mrs. Saranto & Phillipa Calamas  
 Fr. Demetrios Calogredes  
 Mr. Steven Calogredes  
 Mr. 7 Mrs. Michael & Irene Capous  
 Mrs. Janis Christ  
 Ms. Irene Christodlous  
 Drs. Gus & Eileen Constantouris  
 Miss Irene Contogianes  
 Mr. & Mrs. Anthony & Niki Couliandis  
 Mr. & Mrs. Pelops & Marilyn Damianos  
 Mr. & Mrs. Sal & Elaine DelGigante  
 Mr. & Mrs. Socrates & Marina Demertzis  
 Mrs. Violet Dimeck  
 Mr. & Mrs. George & Barbara Doukas  
 Mr. & Mrs. Andrew & Sotiria Everett  
 Dr. Evangelos Fishon  
 Mr. & Mrs. Georgios & Despoina Floriadis  
 Mr. & Mrs. Dean & Asimina Fourmaris  
 Mr. & Mrs. James & Jennifer Foy  
 Mr. & Mrs. Howard & Peggy Frampton  
 Mr. & Mrs. John & Anna Giannisis  
 Mr. John Hanges  
 Mr. & Mrs. Stavros & Evangelia Karakatsanis  
 Ms. Kristina Karouzakis  
 Mr. & Mrs. Nelsy & Pamale Karouzakis-Herrera  
 Mr. & Mrs. Zachary & Audra Katsamanis  
 Miss Vicki & Miss Kathryn Katsaros  
 Mr. & Mrs. Nick and Eleni Katsifarakis  
 Mr. & Mrs. Konstantino & Eleni Katsis  
 Mr. & Mrs. John & Maria Kokinakis  
 Mr. & Mrs. George and Cally Kokolakis  
 Mr. & Mrs. George & Donna Marie Konomos  
 Ms. Atahansia & Miss Spyridoula Kontis  
 Mr. & Mrs. Michael & Irini Kontonicolas  
 Mr. Emanuel Kostakos  
 Mr. & Mrs. Kyle & Christina Lubrano-Feldman  
 Mr. & Mrs. Edmund & Kalliope LaGamma  
 Mr. Michael Louca  
 Ms. Christina Lubrano  
 Mr. & Mrs. Harold & Andrea Luke  
 Mr. Demetre Lyras  
 Mr. & Mrs. Greg & Anastasia Lyras-Kelly  
 Ms. Kalliopi Mamouzelos  
 Mr. Antonios Mamouzelos  
 Mr. & Mrs. Nicholas & Olga Manolis  
 Mr. Nick Marcantonatos  
 Mr. & Mrs. Theodore & Athena Mattas  
 Mr. & Mrs. Clarence & Katie Morris  
 Ms. Maria Moschouris  
 Mr. Michael Moschouris  
 Mr. & Mrs. Richard & Sylvia Mouzakes  
 Fr. & Pres. Louis & Tammy Nicholas  
 Ms. Eugenia Pagonis  
 Mr. & Mrs. Chris & Joanne Pallas  
 Mr. & Mrs. John & Jane Paraskevas  
 Mr. & Mrs. Kris & Ritsa Perinuzzi  
 Mr. & Mrs. Spiridon & Christina Prakas  
 Mr. & Mrs. Panayotis & Maria Pырpyris  
 Mr. & Mrs. Christos & Marisa Raptis  
 Mr. & Mrs. John & Paraskevi Rontiris  
 The Savoca-Verrios Family  
 Mr. & Mrs. Michael & Linda Selvaggio  
 Ms. Irene Skevofilax  
 Mr. & Mrs. Leonidas & Karen Spanos  
 Mr. 7 Mrs. Raymond & Effie Speyer  
 Mr. & Mrs. Frank & Maria Szaty  
 Mr. & Mrs. Napoleon & Sophia Stamatatos  
 Mr. & Mrs. Frank & Maria Szaty  
 Ms. Catherine Tassoulas  
 Mr. Peter Tsantes  
 Mr. & Mrs. James & Marie Tsivitis  
 Mr. & Mrs. Konstantinos & Margaret Tsourakis  
 Mr. & Mrs. John & Laura Tsunis  
 Mr. Louis Tsunis  
 Mr. & Mrs. Spiros & Marcy Tzanatatos  
 Mr. & Mrs. Chris & Nancy Varthalamis  
 Mr. & Mrs. George & Antonia Voulgarakis  
 Miss Kimberly Winton  
 Mr. & Mrs. Konstantinos & Effene Xikis  
 Mrs. Stella Zachary  
 Mr. & Mrs. Charalampos & Polikseni Zervos  
 Ms. Eleana Zodiatis  
 Mr. & Mrs. William & Stamatia Zoumas

### Stewardship Dec. 31, 2025

220 Stewards

\$40.36/Month - Average

Collected- \$106,574

### Stewardship March 15, 2026

84 Stewards

\$49.95 Month - Average

Pledged- \$49,345

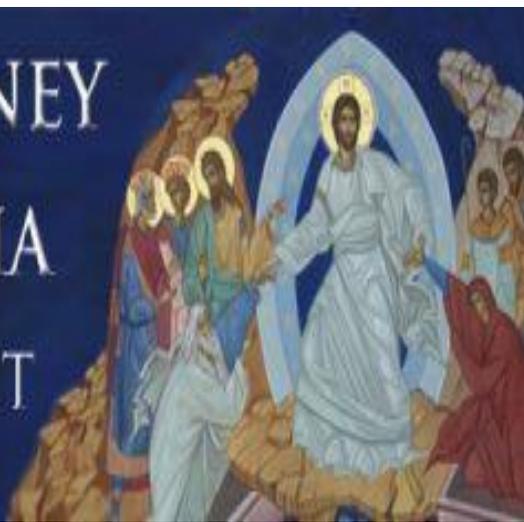
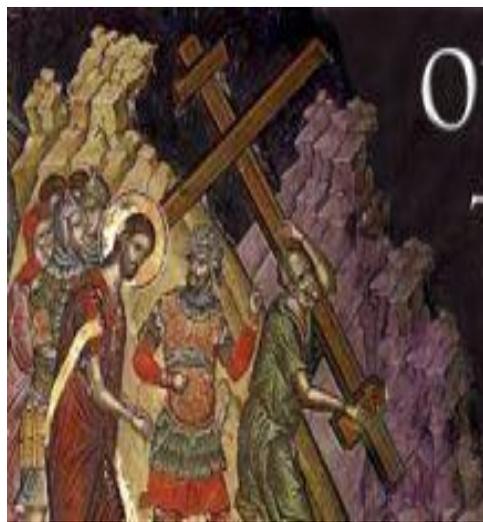
### 2026 Stewardship Goal

300 Stewards

\$50/Month - Average

Total Pledged - \$180,000

# OUR JOURNEY TO PASCHA GREAT LENT



## Sundays in Great Lent



Holy Cross  
Sunday, March 15th  
Orthros - 9am  
Divine Liturgy - 10am

Cross Blessing  
Bring your cross to church to have it blessed.



Sunday of the Ladder  
Sunday, March 22nd  
Orthros - 9am  
Divine Liturgy - 10am

Practice Fasting  
If you haven't begun fasting, it's not too late to start.



St. Mary of Egypt  
Sunday, April 29th  
Orthros - 9am  
Divine Liturgy - 10am

Practice Humility  
To be humble means to be silent & obedient.



Palm Sunday  
Sunday, April 5th  
Orthros - 9am  
Divine Liturgy - 10am

Holy Week Begins  
Continue your prayer and fasting to prepare for Easter.

## Weekday Lenten Services

Small Compline  
Monday, March 16th - 6pm  
+ + +

Pre-Sanctified Liturgy  
Wednesday, March 18th - 6pm  
+ + +

4th Salutations  
Friday, March 20th - 6pm  
+ + +

Small Compline  
Monday, March 23rd - 6pm  
+ + +

Annunciation  
Wednesday, March 25th - 9am  
+ + +

Pre-Sanctified Liturgy  
Wednesday, April 25th - 6pm  
+ + +

Akathist Hymn  
Friday, April 27th - 6pm

### HOLY WEDNESDAY READERS

Fr. Lou is looking for young people ages 12 - 18 to read during the Holy Unction Service. They can read in Greek or in English. Seven readers are needed for the afternoon service which will begin at 3pm.

Please call the Church office. 631-473-0894

### MYROFORES

The Myrofores will be participating in the church services on Palm Sunday and Good Friday evening. This year, as in the past, we would like to have girls from 2nd grade to 6th grade be Myrofores.

Please contact Jean Xikis at: 631-732-7976

### AGAPE SERVICE READERS

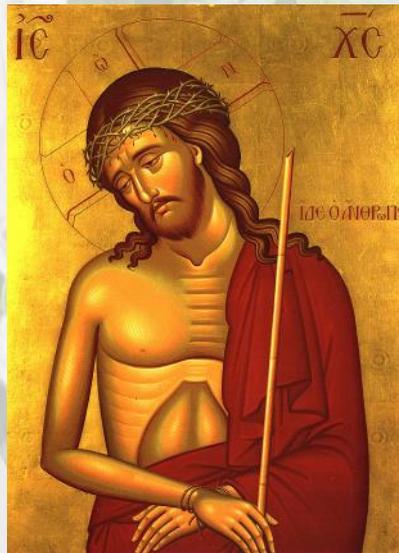
One of the most beautiful traditions of our Church takes place on Easter Sunday morning at the Agape Vespers. It is the only service in the Church where the laypeople can read the Gospel of the Day, which is read in several different languages.

If you would like to be a reader for that day, please contact Fr. Lou.

# LENT & HOLY WEEK FLOWER DONATIONS

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During the season of Great Lent, it is a tradition to decorate the iconography of the Church with flowers. If you would like to make a donation to decorate an Icon, please call the Church office at 631-473-0894.



## ICON LIST

Salutations Icon (5)-\$150 Each	Saturday of Lazarus - \$100	Large Wreath - \$250
St. Gregory Palamas - \$100	Palm Sunday (2) - \$100 Each	Small Wreath (2) - \$125 Each
Holy Cross Icon - \$100	Nymphios - \$125	Epitaphios Icon - \$100
Daffodils - \$200	St. Kassiani - \$100	Myrofores - \$100
St. John Climacus - \$100	Last Supper - \$100	Resurrection Icon - \$150
St. Mary of Egypt - \$100	Crucifixion Icon - \$100	Palms (4 bales) - \$200
The Annunciation - \$125	Apokathelosis Icon - \$100	



# Easter bread

## TSOUREKIA SALE

*Traditional Greek Sweet Easter Bread*



Place your orders until Sunday, March 15



Place your order during  
coffee hour or  
online by using QR Code

Payment options:

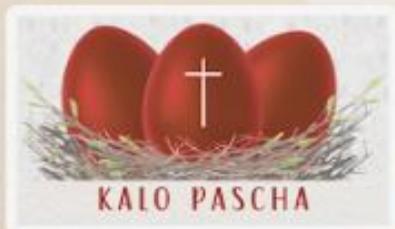
Cash, Check or Venmo:

@GOCALADIESPHILOTOCHOS-  
SOCIETY

## \$25 Each

Pick up:

Palm Sunday -April 5



# Lenten Collection for Women's Shelter

From Sunday of Orthodoxy 3/1 to Palm Sunday 4/5

## NEEDED ITEMS

Baby wipes  
Underwear, bras, socks  
Razors  
Deodorant  
Crib sheets  
Diapers (size 4-6 at this time)  
Towels  
Bedding (twin size)  
New toddler clothing (ages 2 and up)  
Bottles/sippy cups  
Baby nail clippers  
Baby brushes  
Baby silverwear  
Feminine products  
Laundry detergent  
Paper supplies  
Dish soap and cleaning supplies  
New and gently used junior clothing

## ALWAYS ACCEPTED

Food Items  
New junior clothing especially  
socks, undies, bras

## CANNOT ACCEPT

Used plush toys  
Most used toys  
Used women's clothing

organized by

THE LADIES PHILOPTOCHOS SOCIETY

*During Lent, we embrace the  
spirit of giving – sharing  
not just our possessions, but  
our hope, strength, and  
compassion with those  
rebuilding their lives*

## HOW TO DONATE

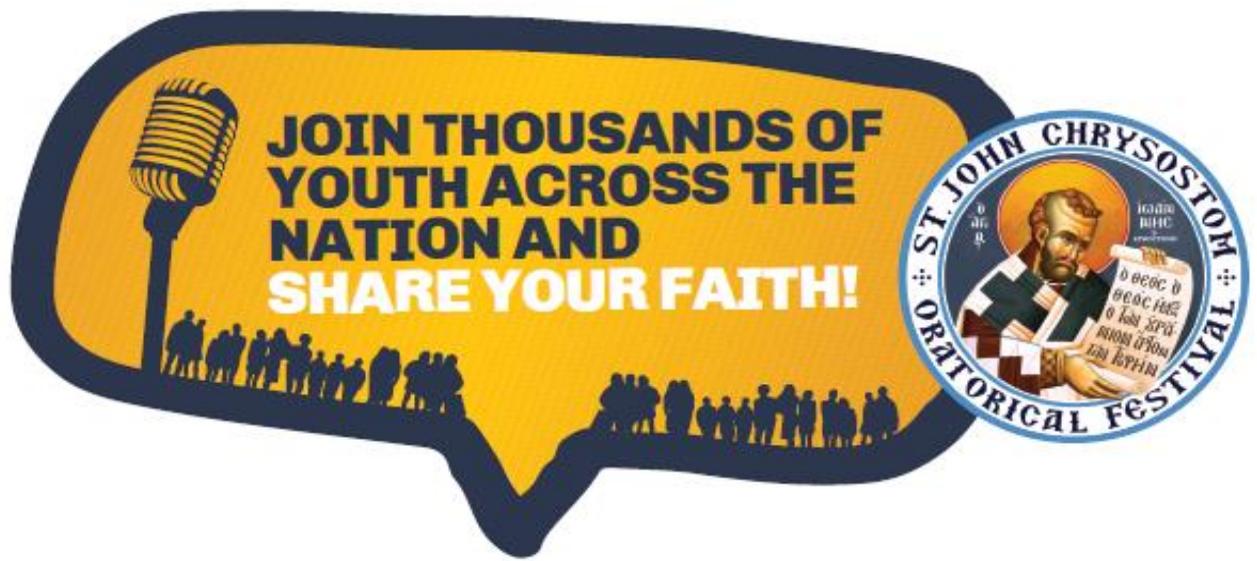
Purchase any of these items and  
drop off in our COLLECTION BOX  
located in the breezeway of our church

MONETARY DONATIONS towards  
the purchase of needed items are  
gratefully accepted by check or Venmo:  
@GOCALADIESPHILOPTOCHOS-  
SOCIETY

## TO SUPPORT

Mercy Center Ministries, Patchogue NY

[www.mercycenterministries.org](http://www.mercycenterministries.org)



# 2026 ST. JOHN CHRYSOSTOM ORATORICAL FESTIVAL

Senior Division (Grades 10-12) • Junior Division (Grades 7-9)

## AWARDS

National finalists are eligible to receive the following:

**St. John Chrysostom Oratorical Festival Scholarship: \$750 to \$3000**

**FAITH: An Endowment for Orthodoxy and Hellenism:** to be announced

Finalists at any level are eligible to receive the following:

**Chrysostom Scholarship to Hellenic College: \$2,500 up to \$30,000 per year**

Parish Festival Date & Time: Friday, March 20th - 7:00pm

Parish Chairperson: Nancy Varthalamis

Contact Information: Fr. Lou: FrLouisNicholas@gmail.com - 631-703-5795

Find the topics, tips, manual & award information at:  
**[www.religioused.goarch.org](http://www.religioused.goarch.org)**

Department of Religious Education (DRE), Greek Orthodox Archdiocese of America



# Blood Drive

***“Be a hero this is Lent!”***

**Greek Orthodox Church  
of the Assumption**

*Organized by GOYA*

**Sunday, March 29<sup>th</sup>**

**9:00am – 3:00pm**

**430 Sheep Pasture Road**

**Port Jefferson**

**Appointments preferred**

**call 1-800-933-2566 or visit [www.nybc.org](http://www.nybc.org)**

For any further questions please contact Jennifer 516-310-2382

Medical Questions call 1-800-688-0900

## Prepare to donate



Eat well  
and hydrate



Bring a  
photo ID



Feel good and  
symptom free



Meet minimum  
weight requirements



**Must be 17-75**  
- 16 with parental  
permission form  
- 76+ with written  
physician consent

Visit [nybc.org/eligibility](http://nybc.org/eligibility)  
for complete donation guidelines.



COMPLIMENTARY

# FASOLADA

## Luncheon

SUNDAY, MARCH 29, 2026



Following Divine Liturgy , please join GOYA in the  
Community Center for fellowship and a Lenten  
Fasolada Luncheon

**ALL ARE WELCOME!**



THE SUNDAY SCHOOL INVITES YOU TO JOIN US

For our Saturday of  
Lazarus  
**Egg Hunt**

**BREAKFAST - PIÑATA'S  
50/50 RAFFLE  
EASTER LANTERNS FOR SALE AND  
OTHER SPRING ITEMS**

**SATURDAY APRIL 4, 2026**  
**AFTER THE DIVINE LITURGY**  
**IN THE COMMUNITY  
CENTER**

**FOOD DONATIONS ARE WELCOMED**

Any questions please email us at  
[GOCASundayschool@Gmail.com](mailto:GOCASundayschool@Gmail.com)

Ladies Philoptochos Annual



# PALM SUNDAY LUNCHEON



*Join us for a Palm Sunday luncheon after the service as we come together in faith and fellowship.*

Sunday, April 5th-12pm

\$30pp - Cod Fish

Children Pasta - \$10

Children under 5 - Free

*"LET YOUR LIGHT SHINE BEFORE OTHERS." MATTHEW 5:16*



***SUPPORT THE PJ GREEK SCHOOL  
BY PURCHASING YOUR LAMBADES  
FROM OUR GREEK SCHOOL PTO.***

***(PRICE \$25 EACH OR 2 FOR \$40)***

***LOOK FOR OUR DISPLAY ON SUNDAYS  
AFTER CHURCH AND ON TUESDAYS  
DURING GREEK SCHOOL!***

CHURCH OF THE ASSUMPTION

# GOOD FRIDAY YOUTH RETREAT

*"THE EMPTY TOMB: WHY DID CHRIST HAVE TO DIE"*

## 4.10.26

**PRESCHOOL -5<sup>TH</sup> GRADE: 2-3PM**

**6<sup>TH</sup> -12<sup>TH</sup> GRADES: 11-3PM**

*CRAFT/PRAYER/MUSIC/BIBLE*

*JEOPARDY/CHURCH PROJECTS/LIGHT LUNCH*

RETREAT WILL CONCLUDE WITH THE APOKATHELOSIS (UNNAILING) OF THE CROSS  
ALL FAMILIES ARE ENCOURAGED TO STAY FOR THIS MOST SOLEMN AND SACRED SERVICE

PLEASE RSVP WITH CHURCH OFFICE 631-473-0894





# GREEK PARADE

**SUNDAY  
APRIL 26, 2026  
1:30 PM**

*Celebrating  
205/250th Anniversary*



*1821 Greek Struggle for Independence  
1776 Declaration of American Independence*



©Dimitrios Panagos Photo

**FIFTH AVENUE • NEW YORK CITY • 64<sup>TH</sup> TO 79<sup>TH</sup> STREET**

**FEDERATION OF HELLENIC SOCIETIES OF GREATER NEW YORK**

22-51 29th Street, Astoria, NY 11105 • 718.204.6500

✉ [nyhellenicsocieties@gmail.com](mailto:nyhellenicsocieties@gmail.com)



[www.nycgreekparade.org](http://www.nycgreekparade.org)



@FederationNY



@NYGreekParade



REGISTER ONLINE

**AHEPA Chapter 319  
of Port Jefferson  
Proudly Presents**



# **BINGO NIGHT FUNDRAISER**

Buy-In Donation \$50.00 for entry and initial Bingo Cards.  
Admission Includes Desserts, Coffee, Drinks & Hors D'oeuvres



Event Chairman: Sam Zubalake  
📞 631-793-9587  
📧 @ahepa319  
📧 ahepapj@gmail.com



Reserved seating is recommended along with pre pay.....  
Call for reservations.....Limited to the first 75 players, so register early!

**◇ SATURDAY, APRIL 18TH ◇  
DOORS OPEN 3PM**



**The Greek Church  
430 Sheep Pasture Road,  
Port Jefferson, NY 11777**





# AHEPA CHAPTER 319 of Port Jefferson, NY.



**PROUDLY PRESENTS**

# TEXAS HOLD'EM

## TOURNAMENT • FUNDRAISER

Buy -In Donation: \$150.00 (5,000 Chips)

# SATURDAY, APRIL 18<sup>th</sup>

LOCATION:

## GREEK ORTHODOX CHURCH

430 SHEEP PASTURE ROAD, PORT JEFFERSON, NY. 11777

VISIT OUR WEBSITE: [AHEPA319.ORG](http://AHEPA319.ORG) | CONTACT: 631-793-9587

### Unlimited \$100 Re-Buy

5,000 Chips for 1<sup>st</sup> Hour and is allowed only when a player falls below 1,000 chips at the table. A one-time add-on will be available at the One-Hour mark.

Food and  
Drinks Served.  
Registration: 6PM  
Tournament  
Starts: 7PM

### PRE-PAY METHODS:

Mail your check to:  
AHEPA Chapter 319  
430 Sheep Pasture Rd.  
Port Jefferson, NY. 11777  
Venmo: @Ahepapj 319  
Zelle: [ahpapj@gmail.com](mailto:ahpapj@gmail.com)  
Scan QR Code above

Limited to  
50 players, so  
pre-pay to  
guarantee a  
seat!

**BONUS!**  
Pre-pay by  
April 10, 2026  
get an extra  
2,000 chips!



# AHEPA Port Jefferson Chapter 319's **BOBBY GEMELAS SCHOLARSHIP**

## **ESSAY THEME:**

*“Immigrant stories from Greece or Cyprus: Adapting to Life in America”*

*Interview Greek immigrants or first-generation Greek Americans and document their journey to the United States!*

**\$1,000 SCHOLARSHIPS FOR 3 WINNERS!**

- ★ *SBU Hellenic Studies Student*
- ★ *GOCA College Student*
- ★ *GOCA High School Student*

**WHEN:** Sunday, May 10, 2026 • 11:00 AM

**WHERE:** Greek Orthodox Church of the Assumption,  
430 Sheep Pasture Rd, Port Jefferson, NY



## **HOW TO APPLY:**

### **FOR SBU STUDENTS:**

*Contact Your Faculty*

### **FOR GOCA STUDENTS:**

- ◆ *Contact: John Hanges*
- ◆ **631-774-8165**
- ◆ [AhepaPJ@gmail.com](mailto:AhepaPJ@gmail.com)

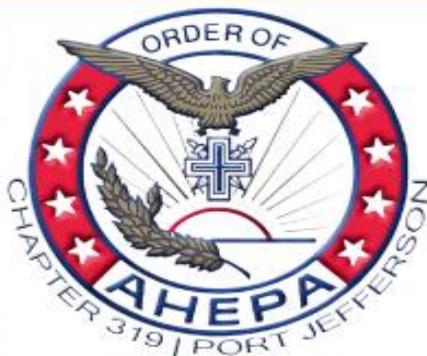
## **OUR SPONSORS**

*SPONSORS: If you would like to be a sponsor or make a donation, please contact John Hanges at 631-774-8165 or [ahepaPJ@gmail.com](mailto:ahepaPJ@gmail.com)*

# JOIN THE ORDER OF AHEPA

Promote Hellenism  
Preserve our culture  
Give back through  
volunteerism

**Scan the Qr code below  
to get started**



Contact:  
[AHEPAPJ@gmail.com](mailto:AHEPAPJ@gmail.com)  
727-424-0652  
[www.ahepa319.org](http://www.ahepa319.org)



**48th ANNUAL GREEK ORTHODOX ARCHDIOCESAN DISTRICT OLYMPICS**

# JOIN THE ASSUMPTION 2026 JOY & GOYA TEAMS!



**GIRLS AND BOYS AGES 7-18**



**MAY 22-24 Memorial Day Weekend**

**SUFFOLK COMMUNITY COLLEGE BRENTWOOD**

**SCAN QR CODE TO REGISTER and PAY**

New participants must download pdf copy of baptismal certificate



shutterstock.com - 11014020



**What are the events?**

**JOY Events:**

- Soccer
- Kickball
- Basketball:
  - free throws
  - around the world
  - 3v3
- Track:
  - 50m dash
  - 4x50m shuttle
  - 4x100m shuttle
- Field:
  - softball throw
  - standing long jump
- Swimming:
  - 25m freestyle
  - 4x25m relay
- Board games:
  - chess
  - checkers
  - backgammon
  - nok-hockey
  - table tennis

**GOYA Events:**

- Soccer
- Softball
- Volleyball
- Basketball:
  - free throws
  - 3v3
- Track:
  - 50m dash
  - 200m dash
  - 400m dash
  - 800m run
  - 1500m run
  - 4x200m relay
  - 5k
- Field:
  - shotput
  - softball throw
  - long jump
  - high jump
- Swimming:
  - 50m freestyle
  - 100m freestyle
  - 100m relay
- Board games:
  - chess
  - checkers
  - table tennis
  - backgammon

**EARLY BIRD REGISTRATION ENDS MARCH 15TH**

**PRACTICES WILL BEGIN IN MAY-All skill levels welcome**

**FOR GENERAL INFO and TO REGISTER GO TO:**

**[WWW.GOADO.COM](http://WWW.GOADO.COM)**

and for questions please email:

JOY age: [kkoullias@yahoo.com](mailto:kkoullias@yahoo.com)

GOYA ages: [portjeffgoya@gmail.com](mailto:portjeffgoya@gmail.com)



# March/April 2026

**SUN**

**MON**

**TUES**

**WED**

**THU**

**FRI**

**SAT**

15 Holy Cross Orthros 9am Divine Liturgy 10am Little Angels 10am Sunday School 10am Book Store 12pm GOYA Volleyball 1pm	16 Small Compline 6pm  Men's Basketball 8pm	17  Greek School 5pm	18  Pre-Sanctified Liturgy 6pm GOYA 7pm	19  Badminton 7pm	20  Salutations 6pm	21
22 St. John Climacus Orthros 9am Divine Liturgy 10am Little Angels 10am Sunday School 10am Book Store 12pm GOYA Volleyball 1pm	23 Small Compline 6pm  Men's Basketball 8pm	24  Greek School 5pm	25 Annunciation Orthros 9am Divine Liturgy 10am  Pre-Sanctified Liturgy 6pm GOYA 7pm	26  Golden Age Group 12pm  Badminton 7pm	27  Akathyst Hymn 6pm	28
29 St. Mary of Egypt Orthros 9am Divine Liturgy 10am Little Angels 10am Sunday School 10am Book Store 12pm GOYA Volleyball 1pm	30  Men's Basketball 8pm	31  Greek School 5pm	1  GOYA 7pm	2  Badminton 7pm	3	4 Saturday of Lazarus Orthros 9am Divine Liturgy 10am  Easter Egg Hunt 12pm  Folding of Palms 1pm
5 Palm Sunday Orthros 9am Divine Liturgy 10am Palm Sunday Luncheon 12pm  Bridegroom Service 6pm	6  Bridegroom Service 6pm	7  Bridegroom Service 6pm	8  Holy Unction 3pm  Bridegroom Service 6pm	9  St. Basil Liturgy 6am  12 Gospels 6pm	10 Royal Hours 10am Youth Retreat 11am Apokathelosis 3pm Epitaphios 7pm	11 Protianastasis Orthros 9am Divine Liturgy 10am  Easter Vigil 11pm  Paschal Liturgy 12am

**Memorials, Artoclasies, etc.**

Please call the Church office to schedule a memorial service, Artoclasia service, or a Fanouropita blessing.

**Memorial Coffee Hours**

To reserve a coffee hour, please contact our Philoptochos President, Evangelia Karakatsanis at 631-974-3333.

**Church Appointments**

If you need to plan an event (Baptism, Wedding, etc.), please call the Church office at 631-473-0894.

**Baby Blessings**

If you wish to schedule an 8-day baby naming blessing in your home or a 40-day blessing, please contact the Church office.