



# Greek Orthodox Church of the Assumption

## Office Hours

Mon.-Fri.: 10:00 a.m.-4:00 p.m.

## Phone

631-473-0894

## Fax

631-928-5131

## EMAIL

[goc.assumption@gmail.com](mailto:goc.assumption@gmail.com)

## WEBSITE

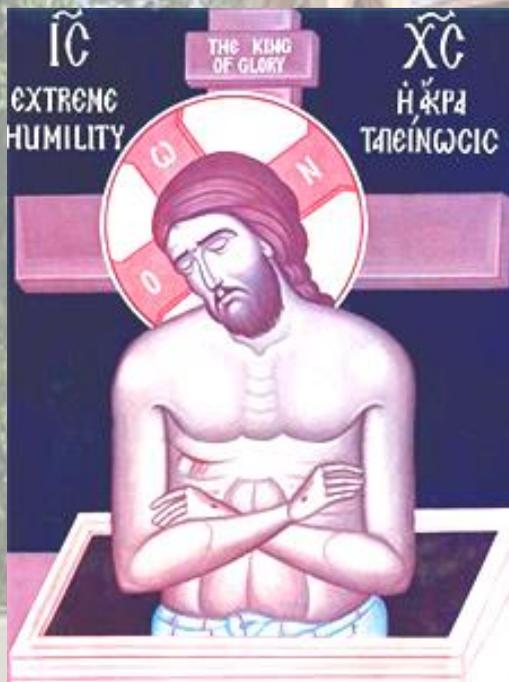
[www.kimisis.org](http://www.kimisis.org)

## WELCOME TO OUR COMMUNITY

We are blessed by God that you have chosen to worship with us today. Whether you are a member of our spiritual family, or just visiting, it is our hope that your time here will bring you many blessings from God.

### ΚΑΛΩΣ ΗΡΘΑΤΕ ΣΤΗΝ ΚΟΙΝΟΤΗΤΑ ΜΑΣ

Είμαστε ευλογημένοι από τον Θεό που επιλέξατε να προσκυνήσετε μαζί μας σήμερα. Είτε είστε μέλος της πνευματικής μας οικογένειας είτε απλά επισκέπτεστε, ελπίζουμε ότι ο χρόνος σας εδώ θα σας φέρει πολλές ευλογίες από τον Θεό.



### The Lenten Prayer of St. Ephraim The Syrian

O Lord and Master of my life.

Take from me the spirit of sloth, faint-heartedness,  
lust of power, and idle talk.

But give rather the spirit of chastity, humility, patience,  
and love to thy servant.

Yea, Lord and King!

Grant me to see my own errors and not to judge my brother,  
for Thou art blessed unto ages of ages, Amen.

### Η Προσευχή Του Αγίου Εφραίμ

Κύριε καὶ Δέσποτα τῆς ζωῆς μου πνεῦμα ἀργίας  
περιεργείας, φιλαρχίας, καὶ ἀργολογίας μὴ μοι δῶς

Πνεῦμα δὲ σωφροσύνης, ταπεινοφροσύνης, ὑπομονῆς  
καὶ ἀγάπης χάρισαί μοι τῷ Σῶ δούλω.

Ναί, Κύριε Βασιλεῦ, δάρησαί μοι τοῦ ὄραν τὰ ἑμα πταίσματα  
καὶ μὴ κατακρίνειν τὸν ἀδελφόν μου, ὅτι εὐλογητός  
εἶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν

**March 1, 2026**  
**Sunday of Orthodoxy**  
**Κυριακή της Ὁρθοδοξίας**

*\*The deadline to submit an item for the Church bulletin is each Thursday at 3pm. Only Parish-related items please.\**

**Greek Orthodox Church of the Assumption**  
430 Sheep Pasture Rd., Port Jefferson, NY 11777

REV. ECONOMOS ELIAS (LOU) NICHOLAS - PROESTAMENOS  
CELL#: 631-703-5795 + EMAIL: FRLouisNicholas@Gmail.com

**PARISH COUNCIL OFFICERS**

George Voulgarakis ~ *President*  
Pano Kabanakis ~ *1st Vice President*  
Bobby Batuyios ~ *2nd Vice President*  
Saranto Calamas ~ *1st Treasurer*  
Dr. Monica Apostol ~ *2nd Treasurer*  
Audra Katsamanis ~ *Recording Secretary*  
Stamatina Boulter ~ *Corresponding Secretary*



**PARISH COUNCIL MEMBERS**

Michael Capous, Dr. John Damaskos,  
Stavros Karakatsanis, Costa Katsapis, Ted Mattas,  
Geracimo Moraitis, Kristina Papadopoulos,  
George Portelos, Yianna Tassiopoulos,  
Laura Tsunis, Loui Tsunis

**CHURCH STAFF**

Amy Vinieris - Church Secretary  
Theodore Bacalakis - Psaltis  
Peggy Stilianos - Choir Director

**Upcoming Sacraments**

4/18, 12pm - Baptism - Petkanas  
4/18, 4pm - Wedding - Mylonas

**No weddings allowed from 2/23 - 4/12**

**Saints of the Day**

St. Eudokia.

**Άγιοι της Ημέρας**

Τῆς Ἁγίας Ὁσιομάρτυρος

Εὐδοκίας τῆς ἀπὸ Σαμαρειτῶν.

**Assumption Church**



**Golden Age Group**

**March 12th**

**12:00pm**

**Memorials**

Kathryn Calogredes Rengepis - 8 years  
Pres. Hresanthe Calogredes - 9 years

**Μνημόσυνα**

Αικατερίνη Πενζέπη - 8 χρόνια  
Πρεσ. Χρυσάνθη Καλογριδῆ - 9 χρόνια

**Pangari Duty - 3/1**

George Voulgarakis  
Laura Tsunis  
Dr. Monica Apostol  
Dr. John Damaskos  
Yianna Tassiopoulos  
George Portelos

**Επίτροποι - 3/1**

Γιώργος Βουλγαράκης  
Λώρα Τσούνη  
Δρ. Μόνικα Αποστόλ  
Δρ. Γιάννης Δαμάσκος  
Γιάννα Τασιοπούλου  
Γιώργος Πορτέλος

**Pangari Duty - 3/9**

Geracimo Moraitis  
Ted Mattas  
Stavros Karakatsanis  
Stamatina Boulter  
Kristina Papadopoulos  
Panos Kabanakis

**Επίτροποι - 3/9**

Γεράσιμος Μωραΐτης  
Θεόδωρος Μάττας  
Σταύρος Καρανατσάνης  
Σταματίνη Μπουλιέ  
Χριστίνα Παπαδοπούλου  
Πάνος Καμπανάκης

## Εισοδικά

### Απολυτίκιον τῆς Ἑορτῆς

Τὴν ἄχραντον Εἰκόνα σου προσκυνοῦμεν ἀγαθέ, αἰτούμενοι συγχώρησιν τῶν πταισμάτων ἡμῶν, Χριστέ ὁ Θεός· βουλήσει γὰρ ἠὲ δόξῃ σαρκί, ἀνελθεῖν ἐν τῷ Σταυρῷ, ἵνα ῥύσῃ οὓς ἔπλασας, ἐκ τῆς δουλείας τοῦ ἐχθροῦ· ὅθεν εὐχαρίστως βοῶμεν σοι· Χαρᾶς ἐπλήρωσας τὰ πάντα ὁ Σωτὴρ ἡμῶν, παραγενόμενος εἰς τὸ σῶσαι τὸν κόσμον.

### Απολυτίκιον Ἀναστάσιμον

Τὸν συνάναρχον Λόγον Πατρὶ καὶ Πνεύματι, τὸν ἐκ Παρθένου τεχθέντα εἰς σωτηρίαν ἡμῶν, ἀνυμνήσωμεν πιστοὶ καὶ προσκυνήσωμεν· ὅτι ἠὲ δόξῃ σαρκί, ἀνελθεῖν ἐν τῷ Σταυρῷ, καὶ θάνατον ὑπομεῖναι, καὶ ἐγειρᾶι τοὺς τεθνεῶτας, ἐν τῇ ἐνδόξῳ ἀναστάσει αὐτοῦ.

### Απολυτίκιον τῆς Ἑορτῆς

Τὴν ἄχραντον Εἰκόνα σου προσκυνοῦμεν ἀγαθέ, αἰτούμενοι συγχώρησιν τῶν πταισμάτων ἡμῶν, Χριστέ ὁ Θεός· βουλήσει γὰρ ἠὲ δόξῃ σαρκί, ἀνελθεῖν ἐν τῷ Σταυρῷ, ἵνα ῥύσῃ οὓς ἔπλασας, ἐκ τῆς δουλείας τοῦ ἐχθροῦ· ὅθεν εὐχαρίστως βοῶμεν σοι· Χαρᾶς ἐπλήρωσας τὰ πάντα ὁ Σωτὴρ ἡμῶν, παραγενόμενος εἰς τὸ σῶσαι τὸν κόσμον.

### Για Τὰ Μνημόσυνα

Μνήσθητι Κύριε ὡς αγαθός των δούλων σου και ὅσα ἐν βίῳ ἡμαρτων συγχώρησον, οὐδεις γὰρ ἀναμάρτητος εἰ μὴ Σὺ ὁ δυνάμενος και τοις μεταστᾶσαι δοῦναι τὴν ἀνάπαυσιν.

### Τοῦ Νεοῦ

Ἐν τῇ Γεννήσει, τὴν παρθενίαν ἐφύλαξας. Ἐν τῇ Κοιμήσει, τὸν κόσμον οὐ κατέλιπες Θεοτόκε. Μετέστης πρὸς τὴν ζωὴν, Μήτηρ ὑπάρχουσα τῆς ζωῆς, καὶ ταῖς πρεσβείαις ταῖς σαῖς λυτρουμένη, ἐκ θανάτου τὰς ψυχὰς ἡμῶν

### Κοντάκιον

Τῇ ὑπερμάχῳ στρατηγῷ τὰ νικητήρια, Ὡς λυτρωθεῖσα τῶν δεινῶν εὐχαριστήρια, Ἀναγράψω σοι ἡ Πόλις σου Θεοτόκε. Ἄλλ' ὡς ἔχουσα τὸ κράτος ἀπροσμάχητον, Ἐκ παντοίων με κινδύνων ἐλευθέρωσον, Ἵνα κράζω σοι· Χαῖρε νύμφη ἀνύμφευτε.

## Entrance Hymns

### Apolytikion of the Feast

We venerate Your immaculate icon, O good Lord, and entreat You to forgive our offenses, O Christ our God. By Your own choice you were pleased to ascend the Cross in the flesh, to deliver us, whom You created, from our slavery to the foe. Therefore we cry to You with gratitude: You have filled all things with joy, O our Savior, by coming to save the world.

### Resurrectional Apolytikion

As the Father and Spirit are unoriginate, \* so the Word, who was born from the Virgin for us. \* Let us praise Him, O believers, and let us worship Him. \* For our salvation He was pleased \* to be crucified in the flesh, \* and to undergo death, \* and to resurrect the dead, by His glorious resurrection.

### Apolytikion of the Feast

We venerate Your immaculate icon, O good Lord, and entreat You to forgive our offenses, O Christ our God. By Your own choice you were pleased to ascend the Cross in the flesh, to deliver us, whom You created, from our slavery to the foe. Therefore we cry to You with gratitude: You have filled all things with joy, O our Savior, by coming to save the world.

### For The Memorials

Keep Thy servant in remembrance, O Lord, since Thou art good; and do Thou forgive every sin in this life; for no man is without sin, except for Thee Who art able to grant rest even unto those who have departed hence.

### Apolytikion of the Parish

In birth, you preserved your virginity; in death, you did not abandon the world, O Theotokos. As mother of life, you departed to the source of life, delivering our souls from death by your intercessions.

### Kontakion

O Champion General, I your City now inscribe to you Triumphant anthems as the tokens of my gratitude, Being rescued from the terrors, O Theotokos. Inasmuch as you have power unassailable, From all kinds of perils free me, so that unto you I may cry aloud: Rejoice, O unwedded Bride.

## Ο ΑΠΟΣΤΟΛΟΣ

Εβρ. 11:24 – 26, 32 – 40

Ἀδελφοί, πίστει Μωϋσῆς μέγας γενόμενος ἠρνήσατο λέγεσθαι υἱὸς θυγατρὸς Φαραῶ, μᾶλλον ἐλόμενος συγκακουχεῖσθαι τῷ λαῷ τοῦ Θεοῦ ἢ πρόσκαιρον ἔχειν ἀμαρτίας ἀπόλαυσιν, μείζονα πλοῦτον ἠγησάμενος τῶν Αἰγύπτου θησαυρῶν τὸν ὄνειδισμὸν τοῦ Χριστοῦ· ἀπέβλεπε γὰρ εἰς τὴν μισθαποδοσίαν. Καὶ τί ἔτι λέγω; ἐπιλείπει γὰρ με διηγούμενον ὁ χρόνος περὶ Γεδεών, Βαράκ τε καὶ Σαμφὼν καὶ Ἰερθᾶε, Δαυὶδ τε καὶ Σαμουὴλ καὶ τῶν προφητῶν, οἱ διὰ πίστεως κατηγωνίσαντο βασιλείας, εἰργάσαντο δικαιοσύνην, ἐπέτυχον ἐπαγγελιῶν, ἔφραξαν στόματα λεόντων, ἔσβεσαν δύναμιν πυρός, ἔφυγον στόματα μαχαίρας, ἐνεδυναμώθησαν ἀπὸ ἀσθενείας, ἐγενήθησαν ἰσχυροὶ ἐν πολέμῳ, παρεμβολὰς ἐκλίναν ἀλλοτρίων· ἔλαβον γυναῖκες ἐξ ἀναστάσεως τοὺς νεκροὺς αὐτῶν· ἄλλοι δὲ ἐτυμπανίσθησαν, οὐ προσδεξάμενοι τὴν ἀπολύτρωσιν, ἵνα κρείττονος ἀναστάσεως τύχωσιν· ἕτεροι δὲ ἐμπαιγμῶν καὶ μαστίγων πεῖραν ἔλαβον, ἔτι δὲ δεσμῶν καὶ φυλακῆς· ἐλιθάσθησαν, ἐπρίσθησαν, ἐπειράσθησαν, ἐν φόνῳ μαχαίρας ἀπέθανον, περιῆλθον ἐν μηλωταῖς, ἐν αἰγείοις δέρμασιν, ὑστερούμενοι, θλιβόμενοι, κακουχούμενοι, ὧν οὐκ ἦν ἄξιος ὁ κόσμος, ἐν ἐρημίαις πλανώμενοι καὶ ὄρεσι καὶ σπηλαίοις καὶ ταῖς ὀπαῖς τῆς γῆς. Καὶ οὗτοι πάντες μαρτυρηθέντες διὰ τῆς πίστεως οὐκ ἐκομίσαντο τὴν ἐπαγγελίαν, τοῦ Θεοῦ περὶ ἡμῶν κρείττον τι προβλεψαμένου, ἵνα μὴ χωρὶς ἡμῶν τελειωθῶσι.

## THE EPISTLE

Heb. 11:24 – 26, 32 – 40

Brethren, by faith Moses, when he was grown up, refused to be called the son of Pharaoh's daughter, choosing rather to share ill-treatment with the people of God than to enjoy the fleeting pleasures of sin. He considered abuse suffered for the Christ greater wealth than the treasures of Egypt, for he looked to the reward. And what more shall I say? For time would fail me to tell of Gideon, Barak, Samson, Jephthah, of David and Samuel and the prophets — who through faith conquered kingdoms, enforced justice, received promises, stopped the mouths of lions, quenched raging fire, escaped the edge of the sword, won strength out of weakness, became mighty in war, put foreign enemies to flight. Women received their dead by resurrection. Some were tortured, refusing to accept release, that they might rise again to a better life. Others suffered mocking and scourging, and even chains and imprisonment. They were stoned, they were sawn in two, they were tempted, they were killed with the sword; they went about in skins of sheep and goats, destitute, afflicted, ill-treated — of whom the world was not worthy — wandering over deserts and mountains, and in dens and caves of the earth. And all these, though well attested by their faith, did not receive what was promised, since God had foreseen something better for us, that apart from us they should not be made perfect.

## ΤΟ ΕΥΑΓΓΕΛΙΟΝ

Ἰωάν. 1:43 – 52

Τῷ καιρῷ ἐκείνῳ, ἠθέλησεν ὁ Ἰησοῦς ἐξελθεῖν εἰς τὴν Γαλιλαίαν· καὶ εὕρισκει Φίλιππον καὶ λέγει αὐτῷ· ἀκολούθει μοι. ἦν δὲ ὁ Φίλιππος ἀπὸ Βηθσαϊδά, ἐκ τῆς πόλεως Ἀνδρέου καὶ Πέτρου. εὕρισκει Φίλιππος τὸν Ναθαναήλ καὶ λέγει αὐτῷ· ὃν ἔγραψε Μωϋσῆς ἐν τῷ νόμῳ καὶ οἱ προφῆται, εὐρήκαμεν, Ἰησοῦν τὸν υἱὸν τοῦ Ἰωσήφ τὸν ἀπὸ Ναζαρέτ. καὶ εἶπεν αὐτῷ Ναθαναήλ· ἐκ Ναζαρέτ δύναταί τι ἀγαθὸν εἶναι; λέγει αὐτῷ Φίλιππος· ἔρχου καὶ ἴδε. εἶδεν ὁ Ἰησοῦς τὸν Ναθαναήλ ἐρχόμενον πρὸς αὐτὸν καὶ λέγει περὶ αὐτοῦ· ἴδε ἀληθῶς Ἰσραηλίτης, ἐν ᾧ δόλος οὐκ ἔστι. λέγει αὐτῷ Ναθαναήλ· πόθεν με γινώσκεις; ἀπεκρίθη Ἰησοῦς καὶ εἶπεν αὐτῷ· πρὸ τοῦ σε Φίλιππον φωνῆσαι, ὄντα ὑπὸ τὴν συκῆν εἰδόν σε. ἀπεκρίθη Ναθαναήλ καὶ λέγει αὐτῷ· ῥαββί, σὺ εἶ ὁ υἱὸς τοῦ Θεοῦ, σὺ εἶ ὁ βασιλεὺς τοῦ Ἰσραήλ. ἀπεκρίθη Ἰησοῦς καὶ εἶπεν αὐτῷ· ὅτι εἶπόν σοι, εἰδόν σε ὑποκάτω τῆς συκῆς, πιστεύεις; μεῖζον τούτων ὄψει. καὶ λέγει αὐτῷ· ἀμὴν ἀμὴν λέγω ὑμῖν, ἀπ' ἄρτι ὄψεσθε τὸν οὐρανὸν ἀνεωγῆτα, καὶ τοὺς ἀγγέλους τοῦ Θεοῦ ἀναβαίνοντας καὶ καταβαίνοντας ἐπὶ τὸν υἱὸν τοῦ ἀνθρώπου.

## THE GOSPEL

Jn. 1:43 – 51

At that time, Jesus decided to go to Galilee. And he found Philip and said to him, “Follow me.” Now Philip was from Bethsaida, the city of Andrew and Peter. Philip found Nathanael, and he said to him, “We have found him of whom Moses in the law and also the prophets wrote, Jesus of Nazareth, the son of Joseph.” Nathanael said to him, “Can anything good come out of Nazareth?” Philip said to him, “Come and see.” Jesus saw Nathanael coming to him, and said of him, “Behold, an Israelite indeed, in whom is no guile!” Nathanael said to him, “How do you know me?” Jesus answered him, “Before Philip called you, when you were under the fig tree, I saw you.” Nathanael answered him, “Rabbi, you are the son of God! You are the King of Israel!” Jesus answered him, “Because I said to you, I saw you under the fig tree, do you believe? You shall see greater things than these.” And he said to him, “Truly, truly, I say to you, you will see heaven opened, and the angels of God ascending and descending upon the Son of man.”

## Stewardship List as of March 1, 2026

Miss Florence Adamis  
 Miss Irene Adamis  
 Mr. & Mrs. Gregory & Sophie Alexiades  
 Mr. & Mrs. Steven & Julia Anaxagorou  
 Mr. & Dr. Cristian & Monica Apostol  
 Mr. & Mrs. Nikolaos & Maria Aroniadis  
 Erica and Sophia Benzing  
 Mr. & Mrs. Saranto & Phillipa Calamas  
 Fr. Demetrios Calogredes  
 Mr. Steven Calogredes  
 Mrs. Janis Christ  
 Ms. Irene Christodlous  
 Miss Irene Contogianes  
 Mr. & Mrs. Anthony & Niki Couliianidis  
 Mr. & Mrs. Pelops & Marilyn Damianos  
 Mr. & Mrs. Sal & Elaine DelGigante  
 Mr. & Mrs. Socrates & Marina Demertzis  
 Mrs. Violet Dimeck  
 Mr. & Mrs. Dean & Asimina Fournaris  
 Mr. & Mrs. James & Jennifer Foy  
 Mr. & Mrs. Howard & Peggy Frampton  
 Mr. & Mrs. John & Anna Giannisis  
 Mr. John Hanges  
 Mr. & Mrs. Stavros & Evangelia Karakatsanis  
 Miss Vicki & Miss Kathryn Katsaros  
 Mr. & Mrs. Nick and Eleni Katsifarakis  
 Mr. & Mrs. Konstantino & Eleni Katsis  
 Mr. & Mrs. John & Maria Kokinakis  
 Mr. & Mrs. George & Donna Marie Konomos  
 Mr. & Mrs. Michael & Irini Kontonicolas  
 Mr. Emanuel Kostakos  
 Mr. & Mrs. Kyle & Christina Lubrano-Feldman  
 Mr. Demetre Lyras  
 Mr. & Mrs. Greg & Anastasia Lyras-Kelly  
 Mr. Nick Marcantonatos  
 Mr. & Mrs. Theodore & Athena Mattas  
 Ms. Maria Moschouris  
 Mr. Michael Moschouris  
 Mr. & Mrs. Richard & Sylvia Mouzakes  
 Fr. & Pres. Louis & Tammy Nicholas  
 Mr. & Mrs. Chris & Joanne Pallas  
 Mr. & Mrs. John & Jane Paraskevas  
 Mr. & Mrs. Spiridon & Christina Prakas  
 Mr. & Mrs. Panayotis & Maria Pырpyris  
 Mr. & Mrs. John & Paraskevi Rontiris  
 The Savoca-Verrios Family  
 Mr. & Mrs. Michael & Linda Selvaggio  
 Mr. & Mrs. Napoleon & Sophia Smatatos  
 Mr. & Mrs. Frank & Maria Szaty  
 Mr. Louis Tsunis  
 Mr. & Mrs. Chris & Nancy Varthalamis  
 Mr. & Mrs. George & Antonia Voulgarakis  
 Miss Kimberly Winton  
 Mrs. Stella Zachary  
 Mr. & Mrs. Charalampos & Polikseni Zervos



*"How good and pleasant it is when God's people live together in unity!" Psalm 133:1*

# COME JOIN US!



## STEWARDSHIP MINISTRY



### Stewardship Dec. 31, 2025

220 Stewards  
 \$40.36/Month - Average  
 Collected- \$106,574

### Stewardship February 15, 2026

55 Stewards  
 \$43.94 Month - Average  
 Pledged- \$29,000

### 2026 Stewardship Goal

300 Stewards  
 \$50/Month - Average  
 Total Pledged - \$180,000

# OUR JOURNEY TO PASCHA GREAT LENT

## Sundays in Great Lent



Sunday of Orthodoxy  
Sunday, March 1st  
Orthros - 9am  
Divine Liturgy - 10am

Procession of Icons  
Bring your icons to  
Church.



St. Gregory Palamas  
Sunday, March 8th  
Orthros - 9am  
Divine Liturgy - 10am

Learn the Jesus Prayer  
O Lord, Jesus Christ,  
have mercy on me, a  
sinner.



Holy Cross  
Sunday, March 15th  
Orthros - 9am  
Divine Liturgy - 10am

Cross Blessing  
Bring your cross to  
church to have it  
blessed.



Sunday of the Ladder  
Sunday, March 22nd  
Orthros - 9am  
Divine Liturgy - 10am

Practice Fasting  
If you haven't begun  
fasting, it's not too late  
to start.



St. Mary of Egypt  
Sunday, April 29th  
Orthros - 9am  
Divine Liturgy - 10am

Practice Humility  
To be humble means to  
be silent & obedient.



Palm Sunday  
Sunday, April 5th  
Orthros - 9am  
Divine Liturgy - 10am

Holy Week Begins  
Continue your prayer  
and fasting to prepare  
for Easter.

## Weekday Lenten Services

Small Compline

Monday, March 2nd - 6pm

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Pre-Sanctified Liturgy

Wednesday, March 4th - 6pm

+++

2nd Salutations

Friday, March 6th - 6pm

+++

Small Compline

Monday, March 9th - 6pm

+++

Pre-Sanctified Liturgy

Wednesday, March 11th - 6pm

+++

Salutations

Friday, March 13th - 6pm

+++

Small Compline

Monday, March 16th - 6pm

+++

Pre-Sanctified Liturgy

Wednesday, March 18th - 6pm

+++

4th Salutations

Friday, March 20th - 6pm

+++

Small Compline

Monday, March 23rd - 6pm

+++

Annunciation

Wednesday, March 25th - 9am

+++

Pre-Sanctified Liturgy

Wednesday, April 25th - 6pm

+++

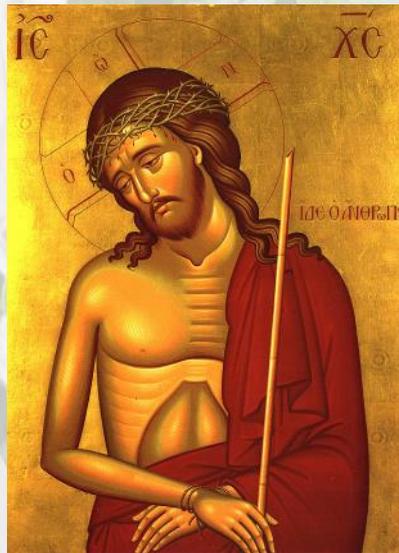
Akathist Hymn

Friday, April 4th - 6pm

# LENT & HOLY WEEK FLOWER DONATIONS

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During the season of Great Lent, it is a tradition to decorate the iconography of the Church with flowers. If you would like to make a donation to decorate an Icon, please call the Church office at 631-473-0894.



## ICON LIST

Salutations Icon (5)-\$150 Each	Saturday of Lazarus - \$100	Large Wreath - \$250
St. Gregory Palamas - \$100	Palm Sunday (2) - \$100 Each	Small Wreath (2) - \$125 Each
Holy Cross Icon - \$100	Nymphios - \$125	Epitaphios Icon - \$100
Daffodils - \$200	St. Kassiani - \$100	Myrofores - \$100
St. John Climacus - \$100	Last Supper - \$100	Resurrection Icon - \$150
St. Mary of Egypt - \$100	Crucifixion Icon - \$100	Palms (4 bales) - \$200
The Annunciation - \$125	Apokathelosis Icon - \$100	

**LADIES PHILOPTOCHOS SOCIETY  
LOUKOUMADES AND FRAPPE SALE**

**SUNDAY, MARCH 1, 2026**

**DURING COFFEE HOUR**



**LOUKOUMADES:  
\$5.00 small order  
\$10.00 large order**

**FRAPPE \$5.00**



# Lecture on Human Trafficking

Sunday, March 1, 2026

With Marisa K. Raptis

Greek Orthodox Church of the Assumption  
Community Center  
After Coffee Hour

National Human Trafficking Prevention Month was established in 2010 to raise awareness and an understating of human trafficking domestically and globally.

Everyone has a role in preventing human trafficking. Its important that we stay Informed, learn about the signs of human trafficking and how can we report suspected cases.

*Marisa Raptis has a BS in Sociology with a Minor in Criminal Studies from ESU a MS in Mental Health Counseling with Certification in School Counseling and EDL Certification in Educational Leadership from Stonybrook University.*

HOSTED BY GREEK ORTHODOX CHURCH OF THE ASSUMPTION

LADIES PHILOPTOCHOS SOCIETY CHAPTER #66

# Lenten Collection for Women's Shelter

From Sunday of Orthodoxy 3/1 to Palm Sunday 4/5

## NEEDED ITEMS

Baby wipes  
Underwear, bras, socks  
Razors  
Deodorant  
Crib sheets  
Diapers (size 4-6 at this time)  
Towels  
Bedding (twin size)  
New toddler clothing (ages 2 and up)  
Bottles/sippy cups  
Baby nail clippers  
Baby brushes  
Baby silverware  
Feminine products  
Laundry detergent  
Paper supplies  
Dish soap and cleaning supplies  
New and gently used junior clothing

## ALWAYS ACCEPTED

Food Items  
New junior clothing especially  
socks, undies, bras

## CANNOT ACCEPT

Used plush toys  
Most used toys  
Used women's clothing

organized by

THE LADIES PHILOPTOCHOS SOCIETY

*During Lent, we embrace the  
spirit of giving – sharing  
not just our possessions, but  
our hope, strength, and  
compassion with those  
rebuilding their lives*

## HOW TO DONATE

Purchase any of these items and  
drop off in our COLLECTION BOX  
located in the breezeway of our church

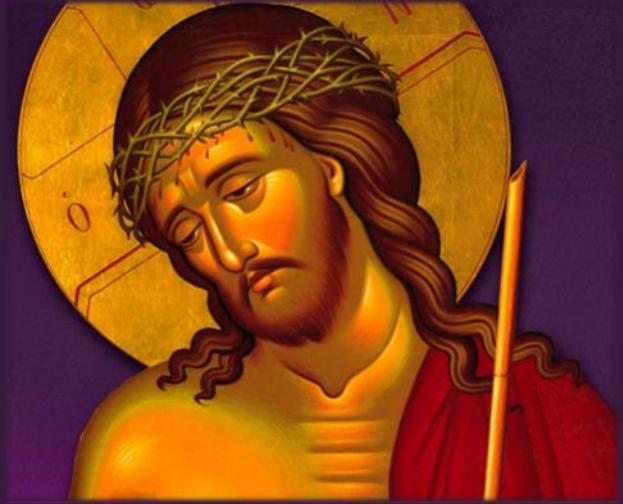
MONETARY DONATIONS towards  
the purchase of needed items are  
gratefully accepted by check or Venmo:  
@GOCALADIESPHILOPTOCHOS-  
SOCIETY

## TO SUPPORT

Mercy Center Ministries, Patchogue NY

[www.mercycenterministries.org](http://www.mercycenterministries.org)

*An Angel of supreme rank was sent down from heaven to say to the Theotokos, Rejoice. (Akathyst Hymn)*



*The Assumption Book Store Presents*

# *"The Akathyst Hymn"*

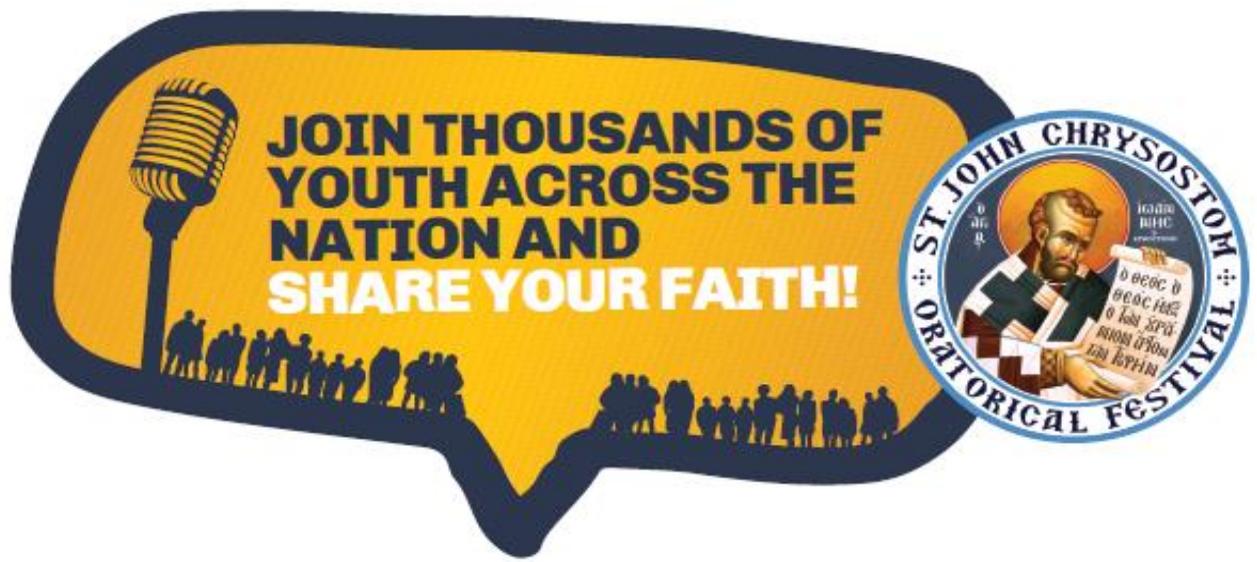
*Sunday, March 8th - During Coffee Hour*



*Light Luncheon & Crafts*

Special Guest Presenter

Rev. Economos Louis Nicholas



# 2026 ST. JOHN CHRYSOSTOM ORATORICAL FESTIVAL

Senior Division (Grades 10-12) • Junior Division (Grades 7-9)

## AWARDS

National finalists are eligible to receive the following:

**St. John Chrysostom Oratorical Festival Scholarship: \$750 to \$3000**

**FAITH: An Endowment for Orthodoxy and Hellenism:** to be announced

Finalists at any level are eligible to receive the following:

**Chrysostom Scholarship to Hellenic College: \$2,500 up to \$30,000 per year**

Parish Festival Date & Time: Friday, March 20th - 7:00pm

Parish Chairperson: Nancy Varthalamis

Contact Information: Fr. Lou: FrLouisNicholas@gmail.com - 631-703-5795

Find the topics, tips, manual & award information at:  
**[www.religioused.goarch.org](http://www.religioused.goarch.org)**

Department of Religious Education (DRE), Greek Orthodox Archdiocese of America



COMPLIMENTARY

# FASOLADA

## Luncheon

SUNDAY, MARCH 29, 2026



Following Divine Liturgy , please join GOYA in the  
Community Center for fellowship and a Lenten  
Fasolada Luncheon

**ALL ARE WELCOME!**

**SAVE THE DATE!**

# Blood Drive

***“Be a hero this is Lent!”***

**Greek Orthodox Church  
of the Assumption**

*Organized by GOYA*

**Sunday, March 29<sup>th</sup>**

**9:00am – 3:00pm**

**430 Sheep Pasture Road**

**Port Jefferson**

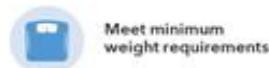
**Appointments preferred**

**call 1-800-933-2566 or visit [www.nybc.org](http://www.nybc.org)**

For any further questions please contact Jennifer 516-310-2382

Medical Questions call 1-800-688-0900

## Prepare to donate



Visit [nybc.org/eligibility](http://nybc.org/eligibility)  
for complete donation guidelines.



THE SUNDAY SCHOOL INVITES YOU TO JOIN US

For our Saturday of  
Lazarus  
**Egg Hunt**

**BREAKFAST - PIÑATA'S  
50/50 RAFFLE  
EASTER LANTERNS FOR SALE AND  
OTHER SPRING ITEMS**

**SATURDAY APRIL 4, 2026**  
**AFTER THE DIVINE LITURGY**  
**IN THE COMMUNITY  
CENTER**

**FOOD DONATIONS ARE WELCOMED**

Any questions please email us at  
[GOCASundayschool@Gmail.com](mailto:GOCASundayschool@Gmail.com)



SAVE THE DATE

# PALM SUNDAY LUNCHEON



*Join us for a Palm Sunday luncheon after the service as we come together in faith and fellowship.*

Sunday, April 5th-12pm

More details to  
follow.



*"LET YOUR LIGHT SHINE BEFORE OTHERS." MATTHEW 5:16*



***SUPPORT THE PJ GREEK SCHOOL  
BY PURCHASING YOUR LAMBADES  
FROM OUR GREEK SCHOOL PTO.***

***(PRICE \$25 EACH OR 2 FOR \$40)***

***LOOK FOR OUR DISPLAY ON SUNDAYS  
AFTER CHURCH AND ON TUESDAYS  
DURING GREEK SCHOOL!***

CHURCH OF THE ASSUMPTION

# GOOD FRIDAY YOUTH RETREAT

*"THE EMPTY TOMB: WHY DID CHRIST HAVE TO DIE"*

## 4.10.26

**PRESCHOOL -5<sup>TH</sup> GRADE: 2-3PM**

**6<sup>TH</sup> -12<sup>TH</sup> GRADES: 11-3PM**

*CRAFT/PRAYER/MUSIC/BIBLE*

*JEOPARDY/CHURCH PROJECTS/LIGHT LUNCH*

RETREAT WILL CONCLUDE WITH THE APOKATHELOSIS (UNNAILING) OF THE CROSS  
ALL FAMILIES ARE ENCOURAGED TO STAY FOR THIS MOST SOLEMN AND SACRED SERVICE

PLEASE RSVP WITH CHURCH OFFICE 631-473-0894



**AHEPA Chapter 319  
of Port Jefferson  
Proudly Presents**



# **BINGO NIGHT FUNDRAISER**

Buy-In Donation \$50.00 for entry and initial Bingo Cards.  
Admission Includes Desserts, Coffee, Drinks & Hors D'oeuvres



Event Chairman: Sam Zubalake  
📞 631-793-9587  
📧 @ahepa319  
📧 ahepapj@gmail.com



Reserved seating is recommended along with pre pay.....  
Call for reservations.....Limited to the first 75 players, so register early!

**◇ SATURDAY, APRIL 18TH ◇  
DOORS OPEN 3PM**



**The Greek Church  
430 Sheep Pasture Road,  
Port Jefferson, NY 11777**



**SCAN TO PREPAY**





# AHEPA CHAPTER 319 of Port Jefferson, NY.



**PROUDLY PRESENTS**

# TEXAS HOLD'EM

## TOURNAMENT • FUNDRAISER

Buy -In Donation: \$150.00 (5,000 Chips)

# SATURDAY, APRIL 18<sup>th</sup>

LOCATION:

## GREEK ORTHODOX CHURCH

430 SHEEP PASTURE ROAD, PORT JEFFERSON, NY. 11777

VISIT OUR WEBSITE: [AHEPA319.ORG](http://AHEPA319.ORG) | CONTACT: 631-793-9587

### Unlimited \$100 Re-Buy

5,000 Chips for 1<sup>st</sup> Hour and is allowed only when a player falls below 1,000 chips at the table. A one-time add-on will be available at the One-Hour mark.

Food and  
Drinks Served.  
Registration: 6PM  
Tournament  
Starts: 7PM

### PRE-PAY METHODS:

Mail your check to:  
AHEPA Chapter 319  
430 Sheep Pasture Rd.  
Port Jefferson, NY. 11777  
Venmo: @Ahepapj 319  
Zelle: [ahpapj@gmail.com](mailto:ahpapj@gmail.com)  
Scan QR Code above

Limited to  
50 players, so  
pre-pay to  
guarantee a  
seat!

**BONUS!**  
Pre-pay by  
April 10, 2026  
get an extra  
2,000 chips!



# GREEK PARADE

**SUNDAY  
APRIL 26, 2026  
1:30 PM**

*Celebrating  
205/250th Anniversary*



©Dimitrios Panagos Photo



*1821 Greek Struggle for Independence  
1776 Declaration of American Independence*

**FIFTH AVENUE • NEW YORK CITY • 64<sup>TH</sup> TO 79<sup>TH</sup> STREET**

**FEDERATION OF HELLENIC SOCIETIES OF GREATER NEW YORK**

22-51 29th Street, Astoria, NY 11105 • 718.204.6500

✉ [nyhellenicsocieties@gmail.com](mailto:nyhellenicsocieties@gmail.com)



[www.nycgreekparade.org](http://www.nycgreekparade.org)



@FederationNY



@NYGreekParade



REGISTER ONLINE



**48th ANNUAL GREEK ORTHODOX ARCHDIOCESAN DISTRICT OLYMPICS**

# JOIN THE ASSUMPTION 2026 JOY & GOYA TEAMS!



**GIRLS AND BOYS AGES 7-18**

**MAY 22-24 Memorial Day Weekend**

**SUFFOLK COMMUNITY COLLEGE BRENTWOOD**

**SCAN QR CODE TO REGISTER and PAY**

New participants must download pdf copy of baptismal certificate



shutterstock.com - 11014020



**What are the events?**

**JOY Events:**

- Soccer
- Kickball
- Basketball:
  - free throws
  - around the world
  - 3v3
- Track:
  - 50m dash
  - 4x50m shuttle
  - 4x100m shuttle
- Field:
  - softball throw
  - standing long jump
- Swimming:
  - 25m freestyle
  - 4x25m relay
- Board games:
  - chess
  - checkers
  - backgammon
  - nok-hockey
  - table tennis

**GOYA Events:**

- Soccer
- Softball
- Volleyball
- Basketball:
  - free throws
  - 3v3
- Track:
  - 50m dash
  - 200m dash
  - 400m dash
  - 800m run
  - 1500m run
  - 4x200m relay
  - 5k
- Field:
  - shotput
  - softball throw
  - long jump
  - high jump
- Swimming:
  - 50m freestyle
  - 100m freestyle
  - 100m relay
- Board games:
  - chess
  - checkers
  - table tennis
  - backgammon

**EARLY BIRD REGISTRATION ENDS MARCH 15TH**

**PRACTICES WILL BEGIN IN MAY-All skill levels welcome**

**FOR GENERAL INFO and TO REGISTER GO TO:**

**[WWW.GOADO.COM](http://WWW.GOADO.COM)**

and for questions please email:

JOY age: [kkoullias@yahoo.com](mailto:kkoullias@yahoo.com)

GOYA ages: [portjeffgoya@gmail.com](mailto:portjeffgoya@gmail.com)



# March 2026

**SUN**

**MON**

**TUES**

**WED**

**THU**

**FRI**

**SAT**

1 Sunday of Orthodoxy Orthros 9am Divine Liturgy 10am Little Angels 10am Sunday School 10am Book Store 12pm Loukoumades Sale 12pm GOYA Volleyball 1pm	2 Small Compline 6pm  Men's Basketball 8pm	3  Greek School 5pm	4  Pre-Sanctified Liturgy 6pm GOYA 7pm	5  Badminton 7pm	6  Salutations 6pm  Oratorical Festival 7pm	7
8 St. Gregory Palamas Orthros 9am Divine Liturgy 10am Little Angels 10am Sunday School 10am Book Store Lenten Lecture 12pm GOYA Volleyball 1pm	9 Small Compline 6pm  Men's Basketball 8pm	10 Greek School 5pm Parish Council Meeting 7pm	11  Pre-Sanctified Liturgy 6pm GOYA 7pm	12 Golden Age Group 12pm  Badminton 7pm	13  Salutations 6pm	14
15 Holy Cross Orthros 9am Divine Liturgy 10am Little Angels 10am Sunday School 10am Book Store 12pm GOYA Volleyball 1pm	16 Small Compline 6pm  Men's Basketball 8pm	17 Greek School 5pm	18  Pre-Sanctified Liturgy 6pm GOYA 7pm	19  Badminton 7pm	20  Salutations 6pm	21
22 St. John Climacus Orthros 9am Divine Liturgy 10am Little Angels 10am Sunday School 10am Book Store 12pm GOYA Volleyball 1pm	23 Small Compline 6pm  Men's Basketball 8pm	24 Greek School 5pm	25 Annunciation Orthros 9am Divine Liturgy 10am  Pre-Sanctified Liturgy 6pm GOYA 7pm	26 Golden Age Group 12pm  Badminton 7pm	27  Akathyst Hymn 6pm	28

**Memorials, Artoclasies, etc.**

Please call the Church office to schedule a memorial service, Artoclasia service, or a Fanouropita blessing.

**Memorial Coffee Hours**

To reserve a coffee hour, please contact our Philoptochos President, Evangelia Karakatsanis at 631-974-3333.

**Church Appointments**

If you need to plan an event (Baptism, Wedding, etc.), please call the Church office at 631-473-0894.

**Baby Blessings**

If you wish to schedule an 8-day baby naming blessing in your home or a 40-day blessing, please contact the Church office.